



Award Nomination Form

Recognizing Those Who Make UAB a More Supportive Community

Know someone who is making a difference at UAB? The UAB Mental Health Champion Award recognizes individuals who make UAB a healthier, more compassionate, and more supportive community through their commitment to mental health and well-being. **Complete this form and submit it to MHChampion@uab.edu by the deadline to nominate a member of the UAB community.**

IMPORTANT DATES

- Nominations Open: September 30, 2026
- Nominations Close: October 30, 2026
- Award Announcement: January 2027

NOMINATOR'S INFORMATION

FULL NAME

UAB EMAIL ADDRESS

RELATIONSHIP TO NOMINEE

MENTAL HEALTH CHAMPION NOMINEE'S INFORMATION

NOMINEE'S FULL NAME

NOMINEE'S UAB EMAIL ADDRESS

UAB SCHOOL, DEPARTMENT, OR UNIT

AWARD CATEGORY:
(select one)

☐

UNDERGRADUATE STUDENT

☐

GRADUATE OR PROFESSIONAL STUDENT

☐

POSTDOC SCHOLAR

☐

FACULTY

☐

STAFF

Describe how the nominee has demonstrated leadership, advocacy or support for mental health and well-being at UAB. Please provide specific examples. Word Count: Maximum 250

What impact has the nominee had on students, colleagues, patients, trainees, faculty, staff, or the broader UAB community? Please describe how their efforts have made a difference. Word Count: Maximum 250

Which of the following qualities best describe the nominee? (Select all that apply.)

- | | |
|--|---|
| ☐ PROMOTES MENTAL HEALTH AWARENESS | ☐ CREATES A SUPPORTIVE ENVIRONMENT |
| ☐ REDUCES MENTAL HEALTH STIGMA | ☐ INSPIRES OTHERS TO BECOME ADVOCATES |
| ☐ SUPPORTS THE WELL-BEING OF OTHERS | ☐ FOSTERS COMMUNITY AND CONNECTION |
| ☐ ENCOURAGES HELP-SEEKING BEHAVIOR | ☐ LEADS INNOVATIVE MENTAL HEALTH INITIATIVES |
| ☐ DEMONSTRATES COMPASSION | ☐ OTHER: <input type="text"/> |

**Why should this individual be recognized as a UAB Cares Mental Health Champion?
Word Count: Maximum 150**

OPTIONAL: Please share any additional accomplishments, programs, initiatives, events, awards or other examples that further demonstrate the candidate's impact. Word Count: Maximum 150

CERTIFICATION

- ☐ I affirm the information provided in this nomination is accurate and reflects the nominee's contributions to advancing mental health and well-being within the UAB community.

Every act of advocacy matters. Thank you for helping us celebrate those individuals who are creating positive change across UAB.