



From Bench to Bedside: Exploring the Research Continuum at NIA

UAB Integrated Aging Research Symposium

Richard J. Hodes, M.D.
Director
National Institute on Aging



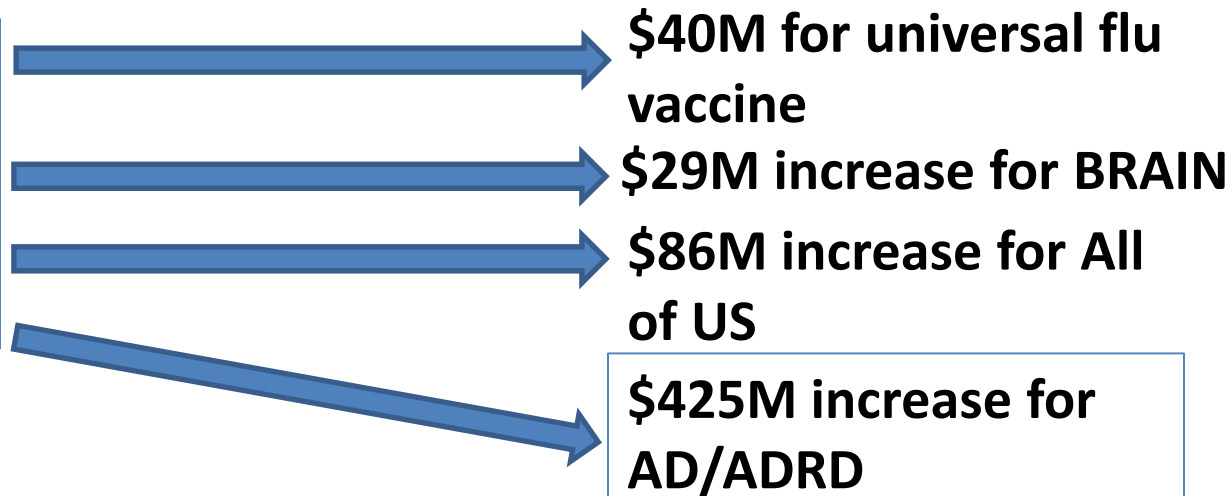
National Institute
on Aging

October 9, 2019

Appropriations and Funding

FY 2019 Budget

**\$39 Billion
for the NIH**



- **\$3.1B for the NIA**
- \$84M increase for NIA research; percent increase comparable to other ICs
- **All NIA divisions will benefit**
 - Behavioral and Social Research
 - Aging Biology
 - Neuroscience
 - Geriatrics and Clinical Gerontology

FY20 Budget Status

FY19 enacted level for NIA was \$3.083B

➤ **Senate committee draft includes:**

- An additional \$3B for NIH above FY19 funding levels
- \$3.606B (16.9% increase) for NIA; this figure includes \$350M for AD/ADRD research

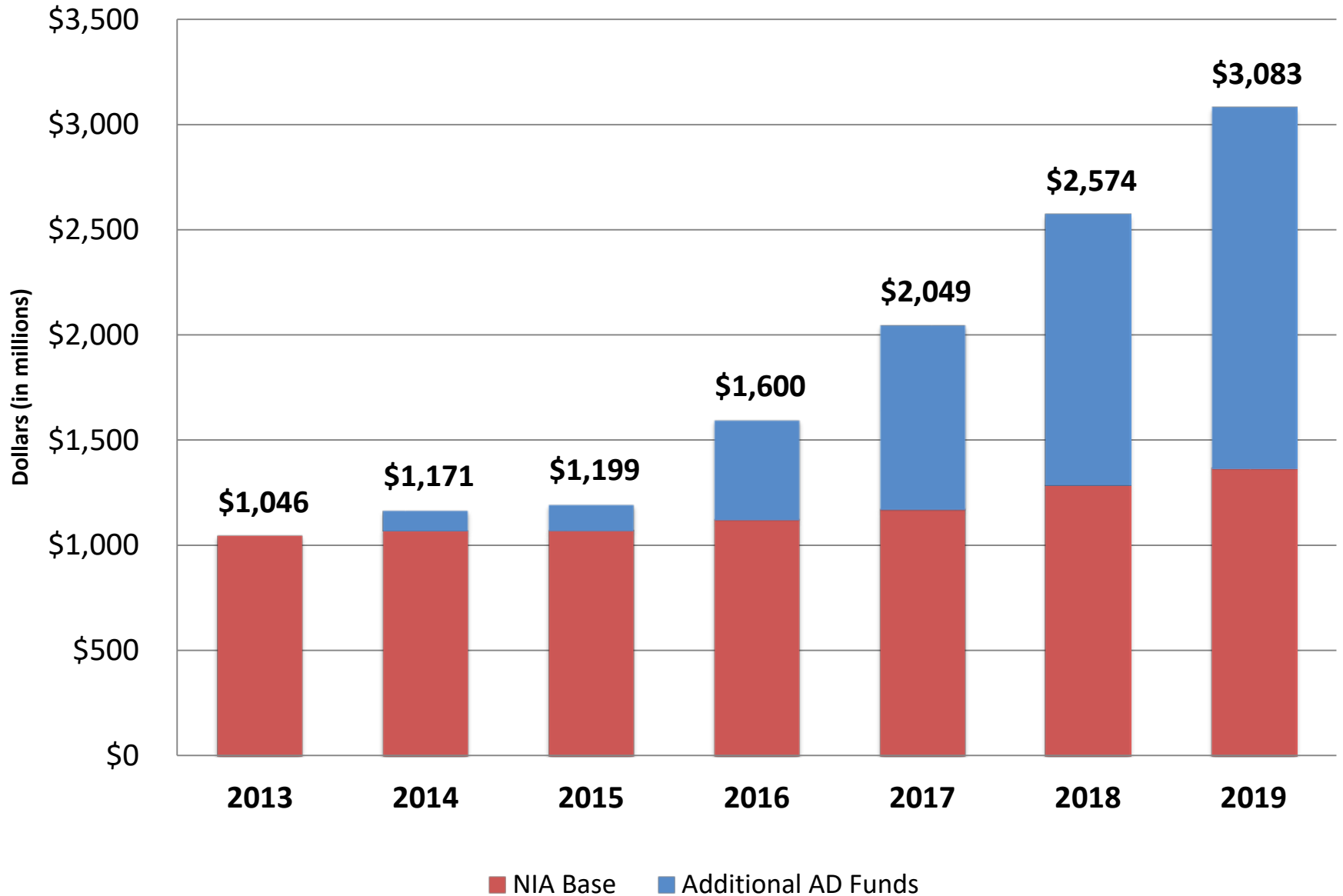
➤ **House passed bill (HR 2740) includes:**

- An additional \$2B for NIH above FY19 funding levels
- \$3.356B (8.8% increase) for NIA

➤ **HR 4378 signed on 9/27/19 – funds the Federal government (at FY19 levels) through November 21, 2019**

NIA Appropriations

Fiscal Years 2013-2019



Allocations for Competing Research Grant Awards, FY 2019

| CSR-reviewed Research Applications | | | | |
|--|---------------------------|----------------------------|---------------------------|----------------------------|
| | General Pay line, <\$500k | General Pay line, =>\$500k | AD/ADRD pay line, <\$500k | AD/ADRD pay line, =>\$500k |
| All applications except as noted below | 15 | 12 | 28 | 25 |
| N.I. R01s | 18 | 15 | 31 | 28 |
| E.S.I. R01s | 20 | 17 | 33 | 30 |

New investigator: An applicant who has not received a prior R01 award or its equivalent.

Early-Stage Investigator: A new investigator who is within 10 years of finishing research training.

First-time renewing; A former new or early-stage investigator's first renewal application when the investigator has no other NIH grant support.

ADRD: Research on Alzheimer's disease and on Alzheimer's-related Dementias

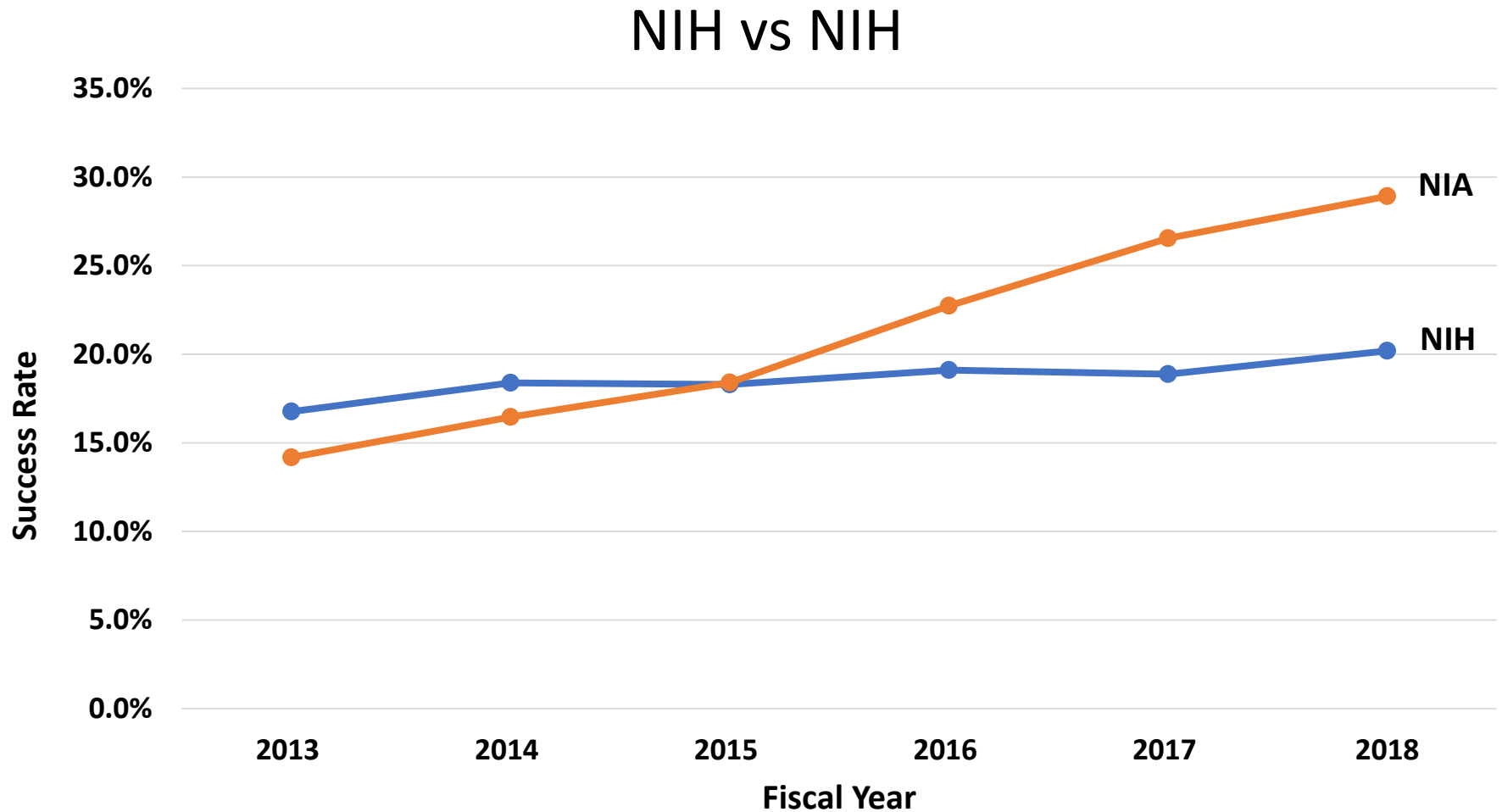
FY 2019 Pay Lines

| NIA-reviewed Applications | | |
|-----------------------------|------------------|------------------|
| | General pay line | AD/ADRD pay line |
| Program projects (PO1) | 20 | 38 |
| Other NIA-reviewed research | 20 | 38 |

FY 2019 Pay Lines

| Training-related Applications | | |
|-------------------------------|------------------|------------------|
| | General pay line | AD/ADRD pay line |
| Training grants (T32, T35) | 21 | 35 |
| Career awards | 21 | 28 |
| Fellowships | 28 | 32 |

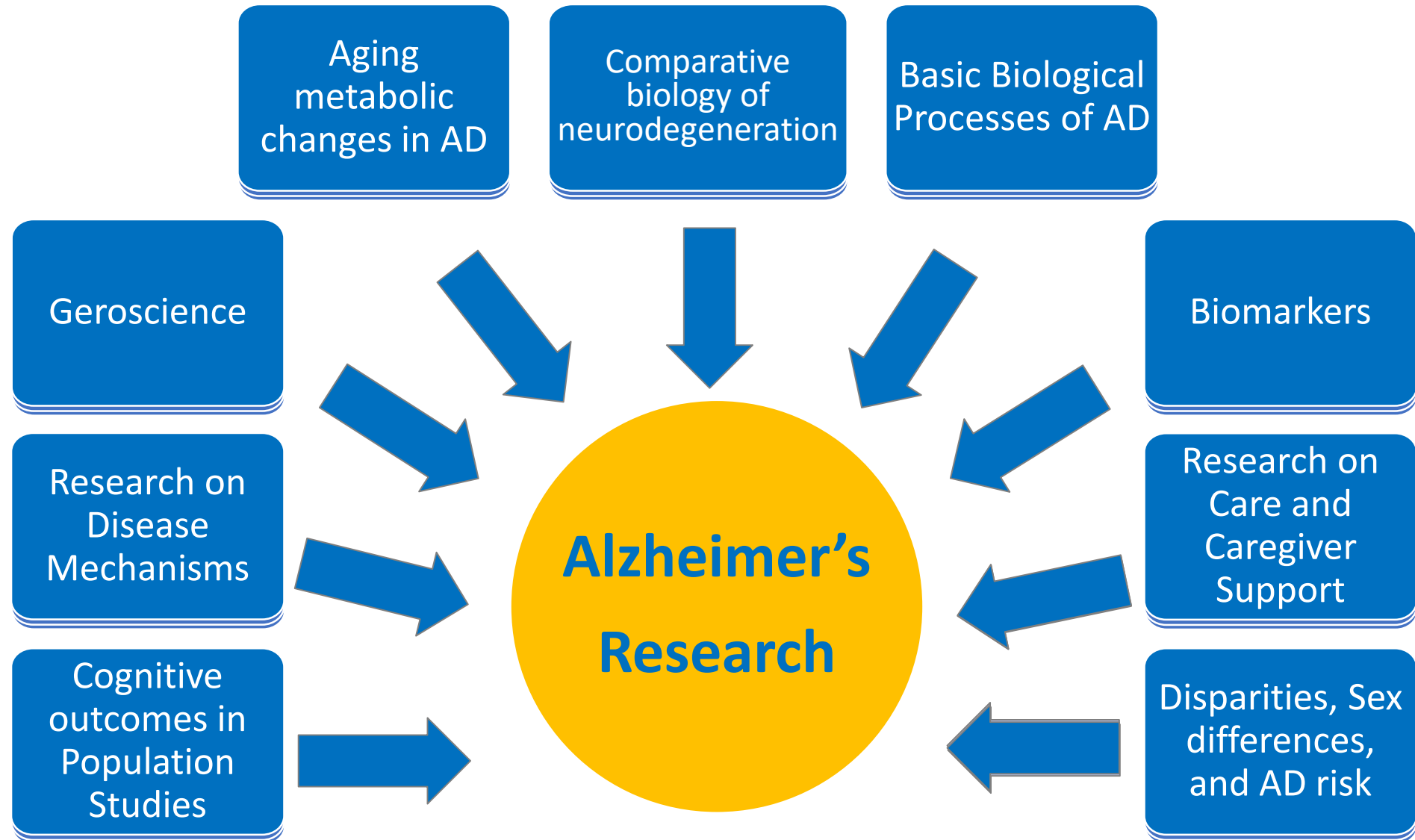
RPG Success Rates Over Time



Alzheimer's Disease & Related Dementias – Progress & Advances



Diversity of AD/ADRD Research



Alzheimer's and Related Dementias Research

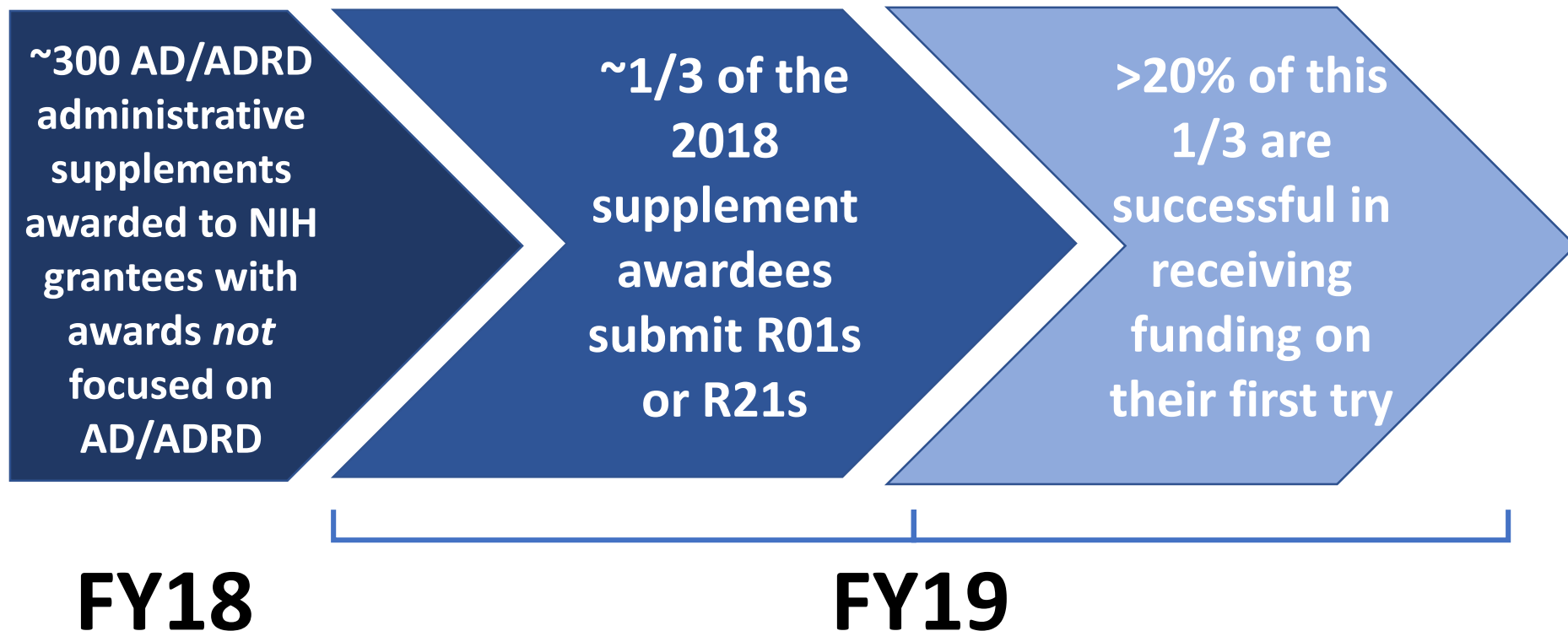
Growing the AD/ADRD workforce

From Fiscal Years 2015-2018:

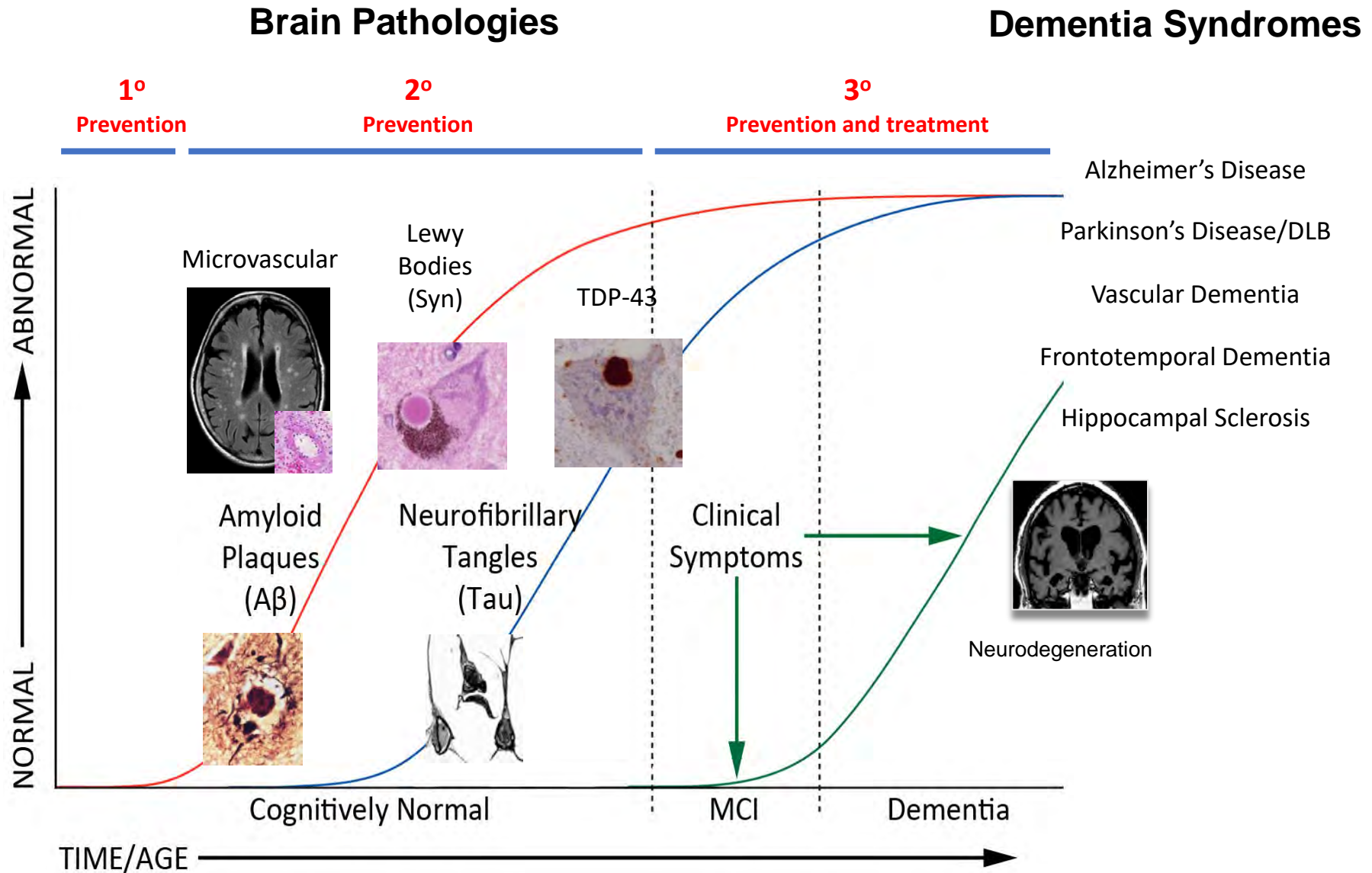
- ❑ **~1/4** of NIA's Alzheimer's and related dementias awardees were either new or early stage investigators
- ❑ **~1/3** of NIA's Alzheimer's and related dementias awardees were new to the field



NIA AD/ADRD Administrative Supplements – Impact on Future Applications



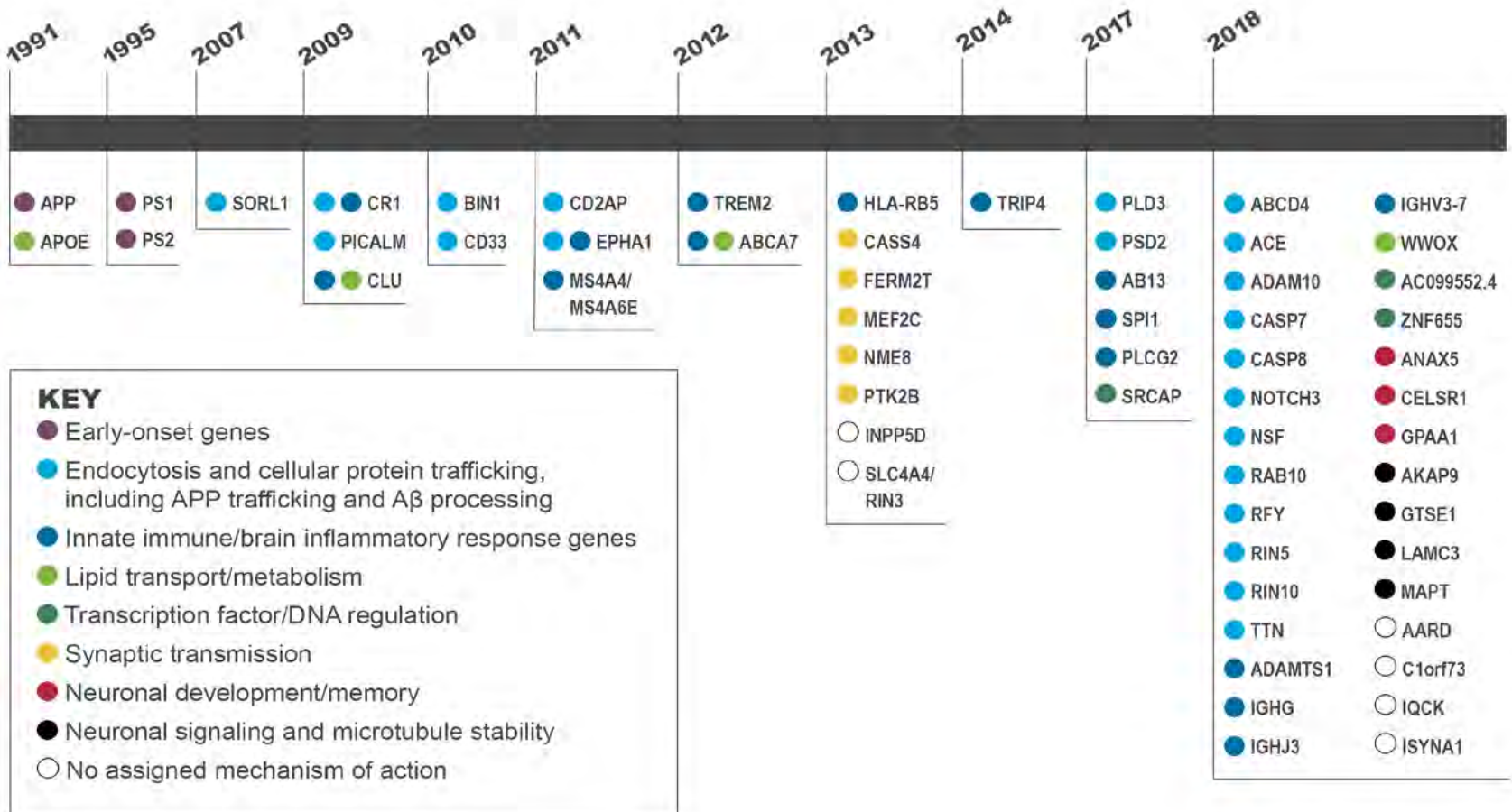
The Progression of Alzheimer's Disease and Related Dementias



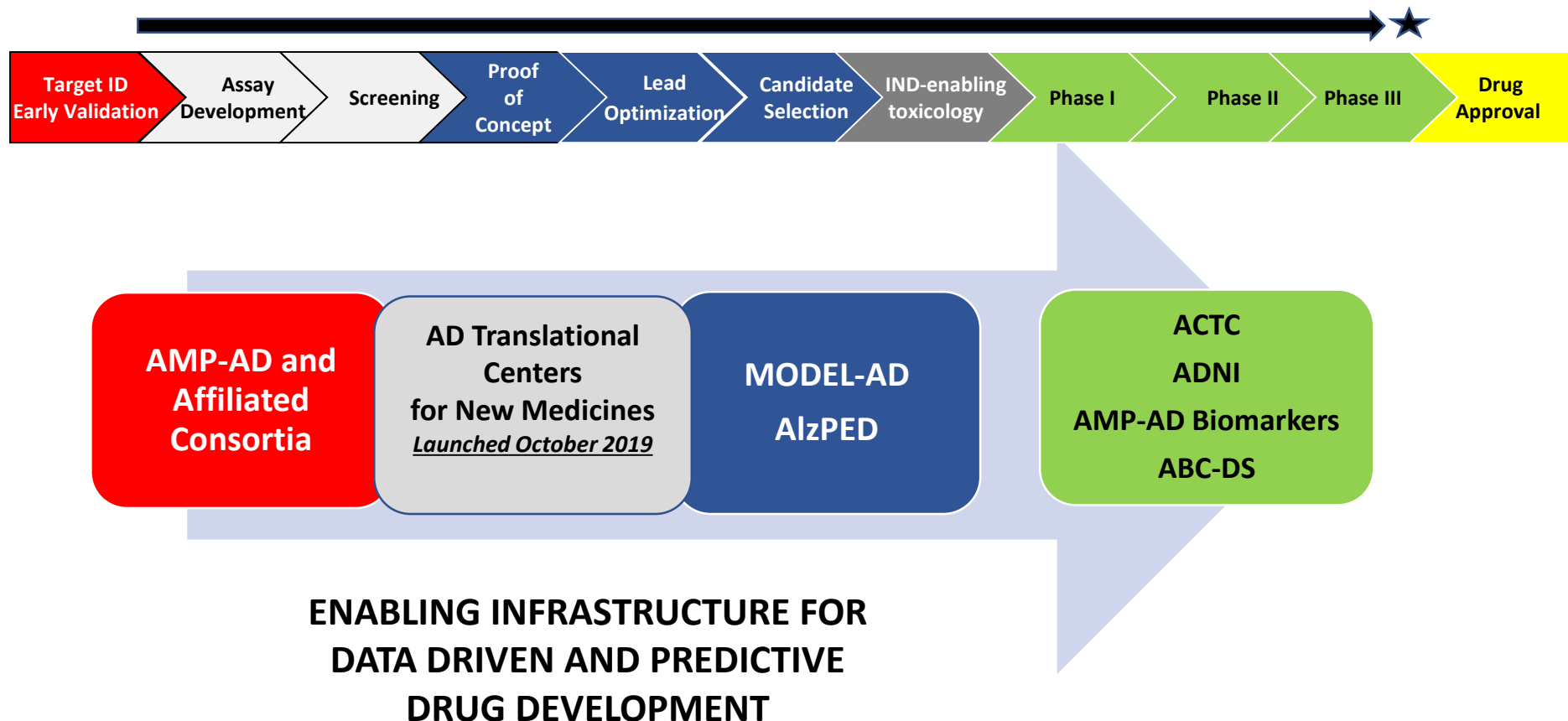
Genetic Regions of Interest in Alzheimer's Disease

By year of discovery

NOTE: Color indicates mechanism of action in the body. See key below.



NIA AD Translational Research Program: Diversifying the Therapeutic Pipeline



NIA Alzheimer's Translational Research Program – since 2006

Diversifying the Therapeutic Pipeline

Next-gen anti-A β therapeutics:

Sigma receptor – anti A β oligomer therapy
Gamma secretase modulators
Anti-A β oligomer immunotherapy
A β immunotherapy – DNA vaccine
A β aggregation inhibitors
A β catalytic antibodies

Cytoskeleton/Tau:

Microtubule stabilizers
CDK5-tau phosphorylation
Calpain Inhibitors
Tau aggregation inhibitors
DYRK1A

Oxidative Stress:

Nrf2
 γ -ketoaldehyde
Glutathione S-transferase

Vasculature:

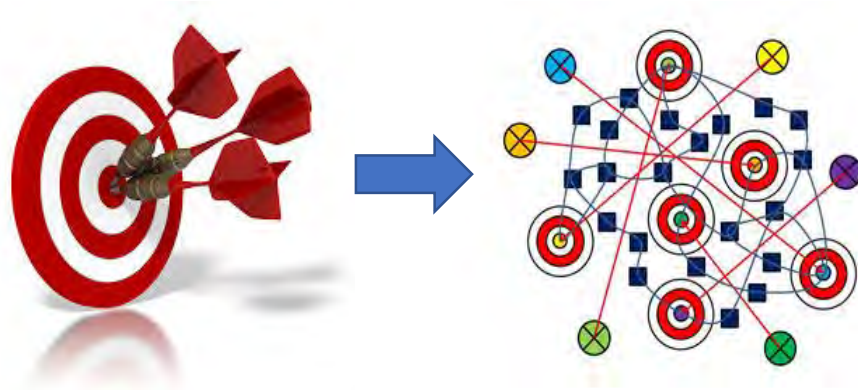
Angiotensin II receptor
Mas receptor

α Syn

Heavy chain α Syn antibodies
 α Syn aggregation inhibitors

Multi-target therapeutics:

p38 α MAPK
GABA Receptor and NO production
Neurogenesis
Proteostasis



Neuroinflammation:

EP2 receptor
P38 MAPK
CRAC Channel
NLRP3 Inflammasome
TNF α

Neurotransmitter Receptors and Growth Factors:

mGluR5 Receptor
GABA Receptor A alpha5
TrkB
P75 Neurotrophin Receptor

Synaptic Plasticity/Neuroprotection:

Calcineurin
Ryanodine Receptor
Excitotoxic Amino Acid Transporter
Somatostatin Receptor subtype-4

Metabolism and Bioenergetics:

Insulin Receptor
Mitochondria

ApoE4

ApoE-antibodies
Antisense oligonucleotides

Heat Shock Proteins:

HSP 90

Cell therapies:

Neural Stem Cell transplantation

Cell Death:

CDK4/6
OMA1

ACCELERATING MEDICINES PARTNERSHIP (AMP)

ALZHEIMER'S DISEASE

- Target Discovery and Preclinical Validation Project

NIA Program Director: Suzana Petanceska

Generate

High-dimensional multi-omic data:
~2,500 human brains; ~1000 blood
samples

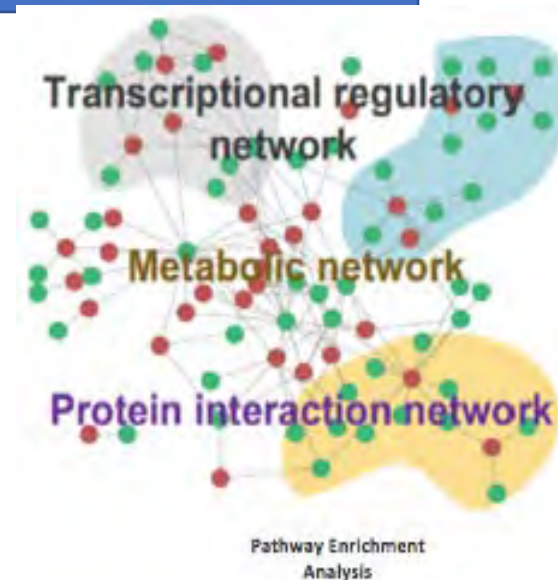
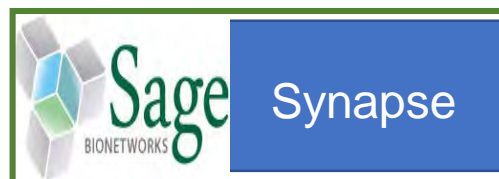
Integrate

Molecular profiling
Predictive Modeling
Experimental validation

Data
Network models
Code



AMP-AD
Knowledge
Portal



AMP-AD Partners

- P. De Jager, D. Bennett
- E. Schadt, B. Zhang, S. Gandy, J. Zhu, M. Ehrlich
- T. Golde, N. Price, N. Ertekin-Taner, S. Younkin,
- A. Levey, T. Montine, J. Troncoso, D. Geschwind
- R. Kaddurah-Daouk
- B. Yakner, L. Huei Tsai



abbvie



Progress over 4 years:

- Centralized data resource established- AMP-AD portal
- All data sharing deliverables met
- A variety of experimental validation models developed
- Novel biomarker discovery initiated
- Over 100 candidate targets nominated; currently undergoing data-driven prioritization for further preclinical validation

Candidate Targets

| | | | |
|---------|-----------|---------|----------|
| SNRNP70 | TGFBF1 | CCDC85C | RGS4 |
| U1-A | TGFBF2 | CIC | SCN2A |
| U1-C | BMPR1A | CSRP1 | OLFM3 |
| SNRPN | BMPR1B | DAB2IP | SLC22A10 |
| SNRPB | CRHR1 | FAM63A | ENAH |
| PLCD1 | TREM2 | FURIN | WWTR1 |
| PTRHD1 | TYROBP | HMG20B | LRP10 |
| SFRP1 | S100A8 | IGFBP5 | SYN |
| PPP1R7 | S100A9 | ISYNA1 | PCSK1 |
| DNM3 | P2RY2 | KIF1C | KMO |
| RTN4 | P2RX7 | PADI2 | PTTG1IP |
| EPB41L3 | P2RY12 | SLC38A2 | MLIP |
| TUBB3 | P2RY13 | SNAP25 | DLGAP1 |
| PLEC | OSMR | STX1A | MOAP1 |
| ANXA5 | TLR4 | STXB3 | PRKCB |
| MSN | CR1 | SV2B | YAP1 |
| CD44 | CSF1R | SYT1 | GNA13 |
| LMNA | CX3CR1 | SYT12 | TRIM56 |
| | SPI1 | ZBTB47 | |
| | TNFRSF10A | VEGF | |
| | TNFRSF10B | PLXNB1 | |



Agora

agora.ampadportal.org

Search for a gene

Please type a gene symbol in the search box below.

Search by gene name



Popular community searches

PIAS2

APC

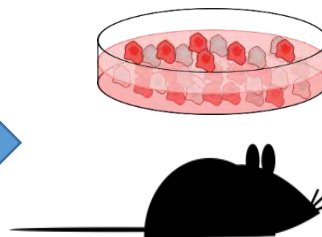
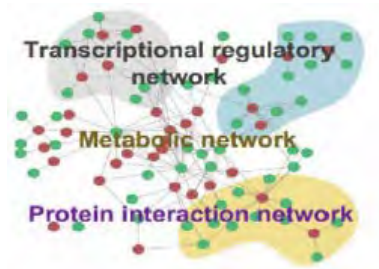
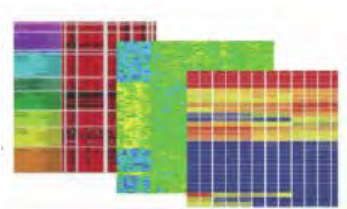
SNX2

View nominated target list

list of genes nominated by AMP-AD groups as targets of interest. Each AMP-AD team has deployed state of the art systems biology methods to integrate across genomic, transcriptomic, and proteomic data from over 2000 participant brains. Each target represents a gene with multiple lines of evidence and is a candidate driver of Alzheimer disease etiology.

[View all nominated targets](#)

Harnessing the power of Big Data to understand the complex biology of disease and discover new therapeutic targets



Genomic, proteomic, metabolomic data from human brain and plasma samples

Computational modeling to identify novel therapeutic targets

Experimental validation in cell-based and animal models

Drug Discovery

Ongoing NIA AD/ADRD and Related Intervention and Prevention Trials (~200)

36 Early-stage Clinical Drug Development (Phase I and Phase II Clinical Trials)

Amyloid (10)
Receptors (4)
Neuroprotection (4)
Metabolism and Bioenergetics (2)
Vasculature (2)
Growth Factors and Hormones (2)
Multi-target (2)
Inflammation (2)
Oxidative Stress (2)
Other (6)

8 Late-stage Clinical Drug Development (Phase II/III and Phase III Clinical Trials)

Amyloid (6)
Neuroprotection (2)

90 Non-Pharmacological Interventions

Exercise (19)
Diet (6)
Cognitive Training (22)
Assistive Tech. (9)
Sleep (5)
Combination Therapy (11)
Other (18)

8 Clinical Therapy Development for the Neuropsychiatric Symptoms of AD/ADRD

Pharmacological (5)
Non-Pharmacological (3)

61 Care and Caregiver Interventions

Improving Care for PWD (25)
Improving care provided by family or informal caregiver (36)

www.nia.nih.gov/research/ongoing-AD-trials

SPRINT-MIND Research Question

SPRINT **M**emory and Cognition **i**n **D**ecreased Hypertension

Does intensive blood pressure control compared with standard control reduce the occurrence of dementia?



Randomized Controlled Trial Target Systolic Blood Pressure



Intensive Treatment
Goal SBP < 120 mmHg
(n= 4,278)



Standard Treatment
Goal SBP < 140 mmHg
(n= 4,285)



The SPRINT MIND Investigators for the SPRINT Research Group (2019). *JAMA*, 321(6):553–561.



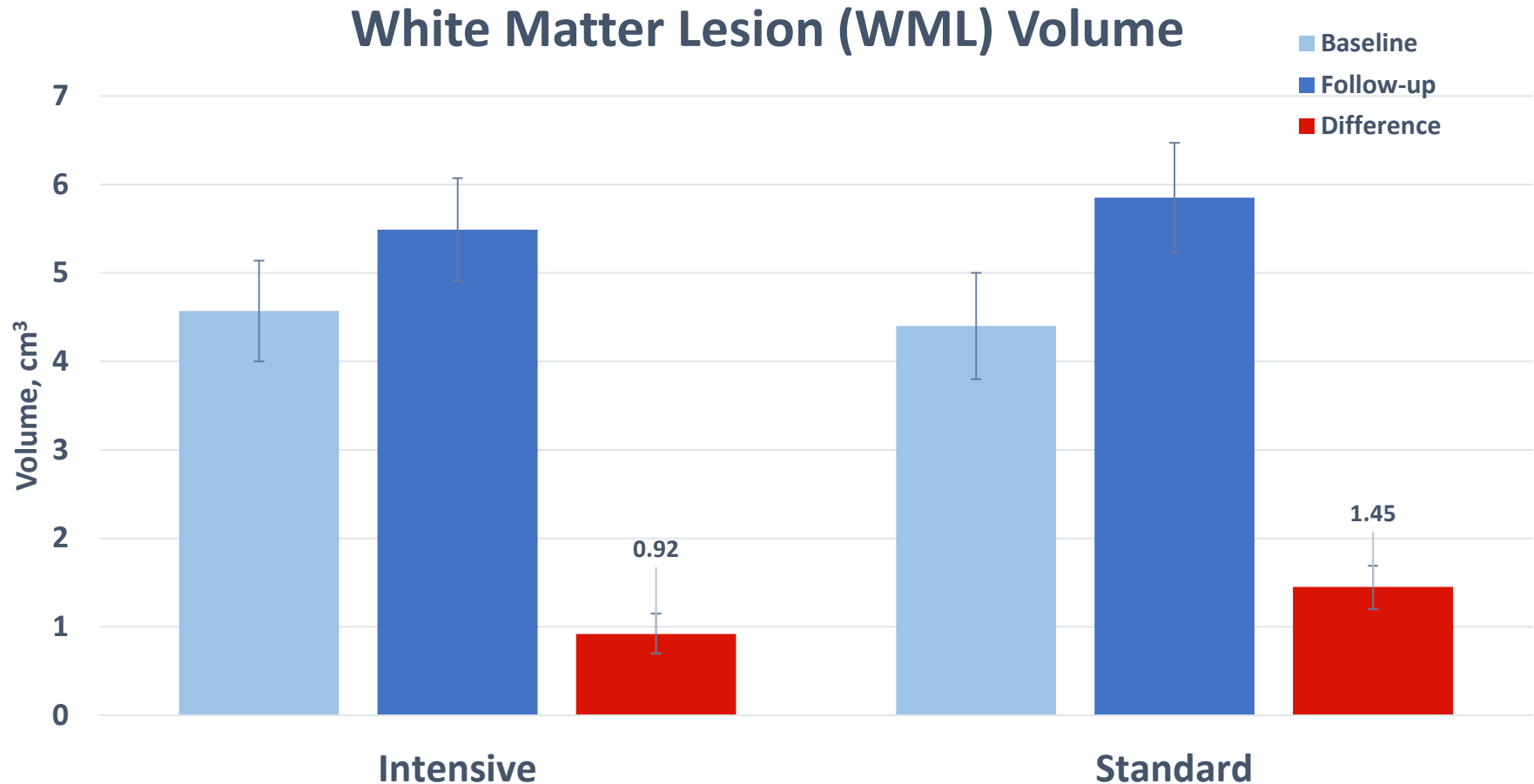
SPRINT-MIND:

Secondary Cognitive Outcome

- The Intensive Treatment Group experienced a statistically significant **reduction in the rate of developing MCI (19% reduction)** as compared to the Standard Treatment Group
- The Intensive Treatment Group experienced a statistically significant **reduction in the rate of composite MCI and probable dementia (15% reduction)** as compared to the Standard Treatment Group

The SPRINT MIND Investigators for the SPRINT Research Group (2019). *JAMA*, 321(6):553–561.

SPRINT-MIND: Structural MRI Outcomes



Adapted from The SPRINT MIND Investigators for the SPRINT Research Group (2019). *JAMA*, 322(6), 524-534.



Alzheimer's and Dementia Outreach, Recruitment, and Engagement Resources

www.nia.nih.gov/research/ADORE

A searchable collection of materials for clinical trials recruitment and retention:

- **Find** flyers, toolkits, recruitment plans, and more from Alzheimer's Disease Research Centers, NIH, and others.
- **Browse** by goals, participant characteristics, and dozens of focused topics.
- **Get** tips for strategy from the Alzheimer's Disease and Related Dementias Clinical Studies Recruitment Planning Guide.
- **View, download, and share** participant testimonial **videos**.

New research collaboratory designed to spur innovation and improve dementia care

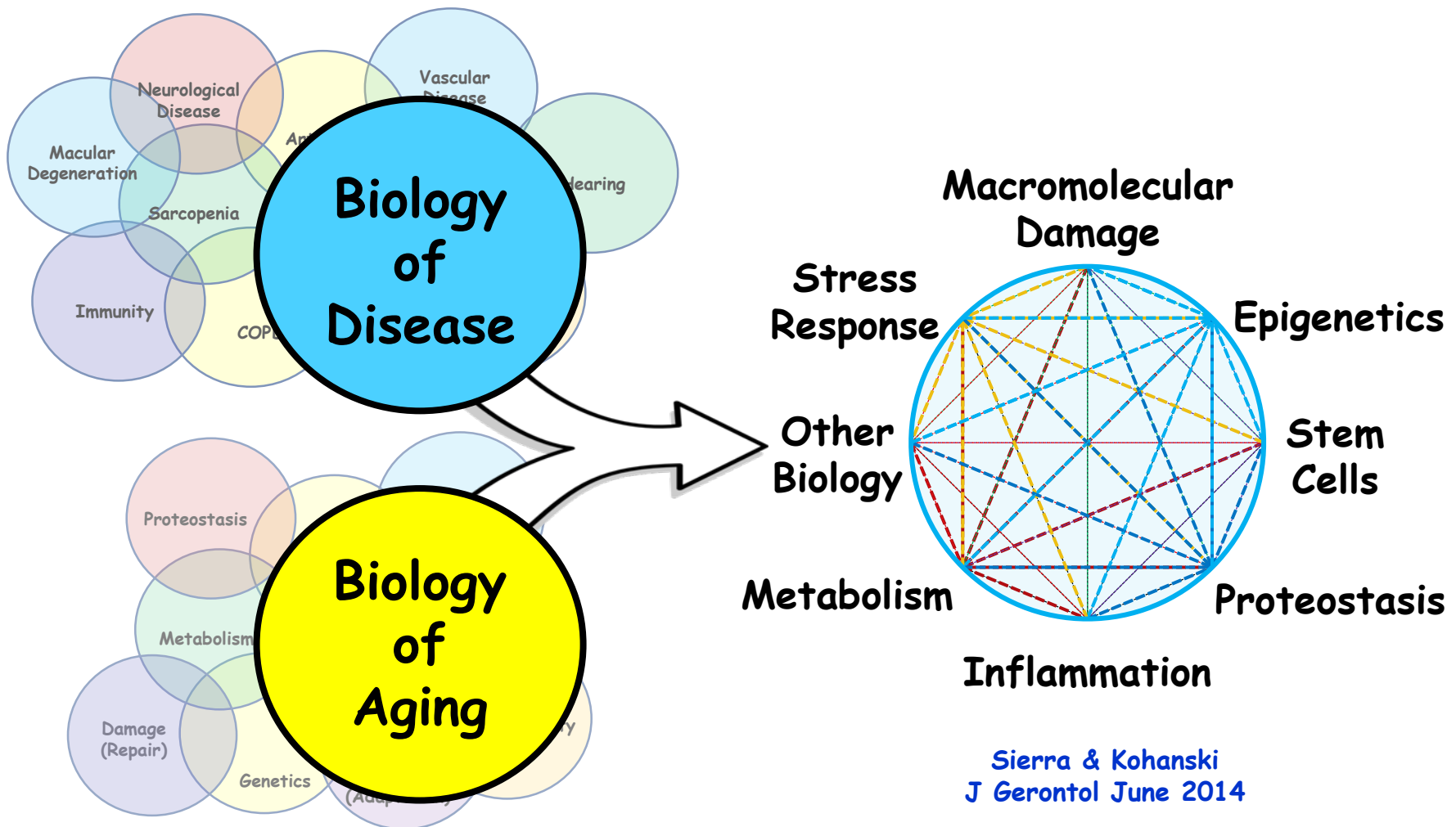


NIA IMPACT will:

- Develop and disseminate technical, policy, and best practices
- Enhance research development and investigator capacity:
 - Fund/guide pilot ePCTs, support transformation into full-scale ePCTs.
 - Resource for NIA-funded investigators conducting ePCTs in PLWD.
 - Support training through career award, workshops, and on-line modules.
- Engage stakeholders



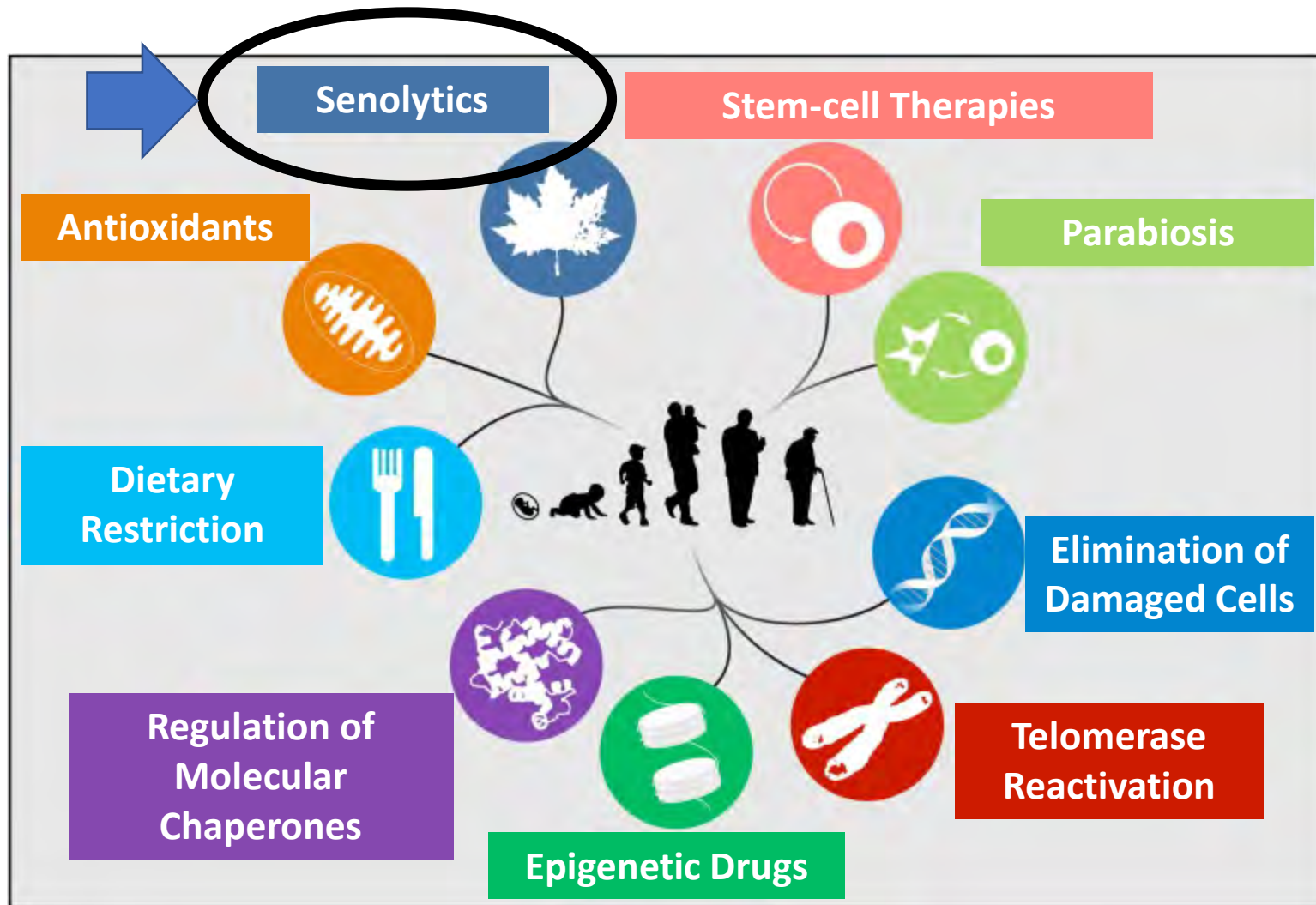
Geroscience - Convergence



Sierra & Kohanski
J Gerontol June 2014

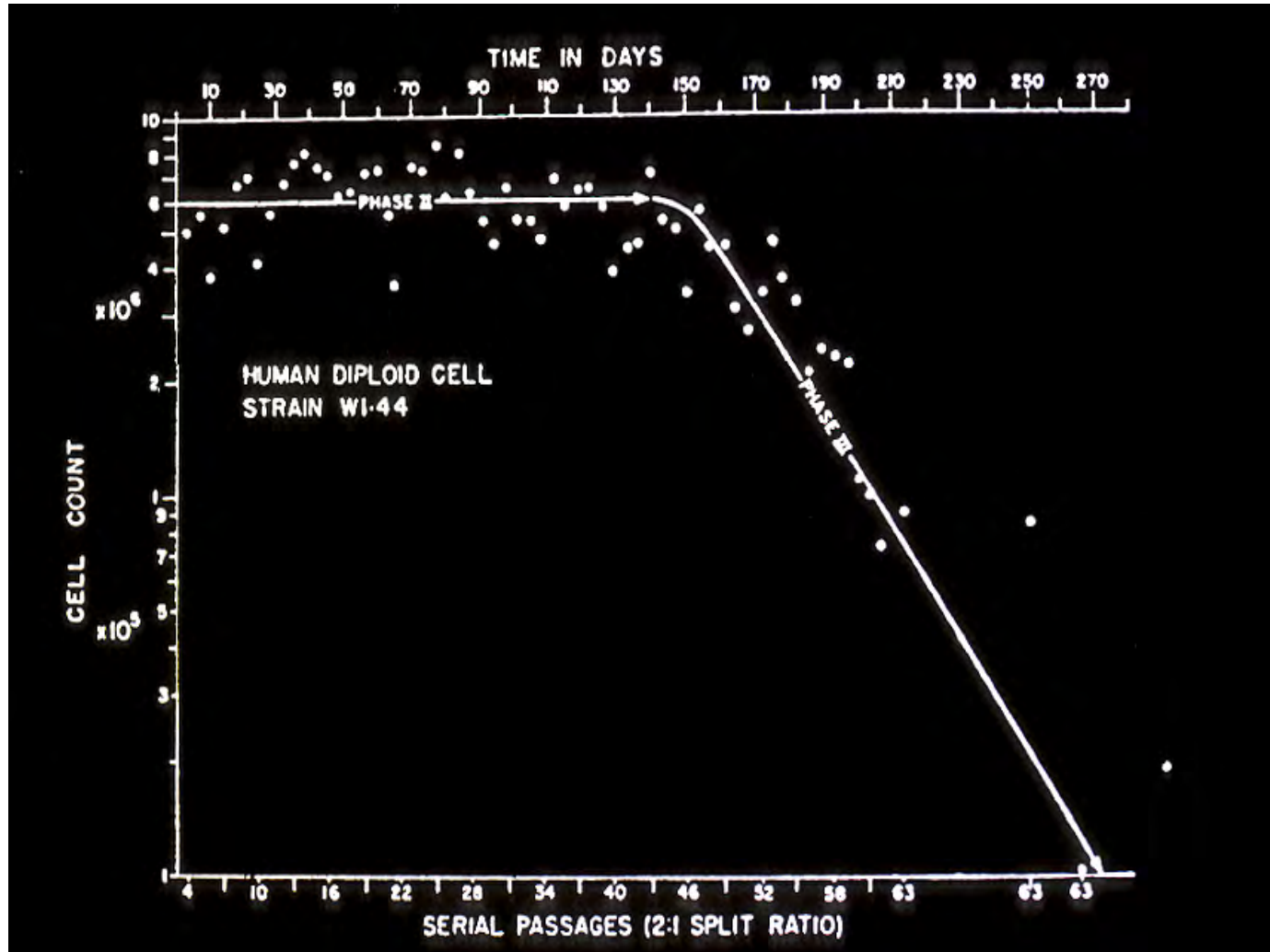
Kennedy *et al.*
Cell Nov 2014

Geroscience: Interventions and Approaches

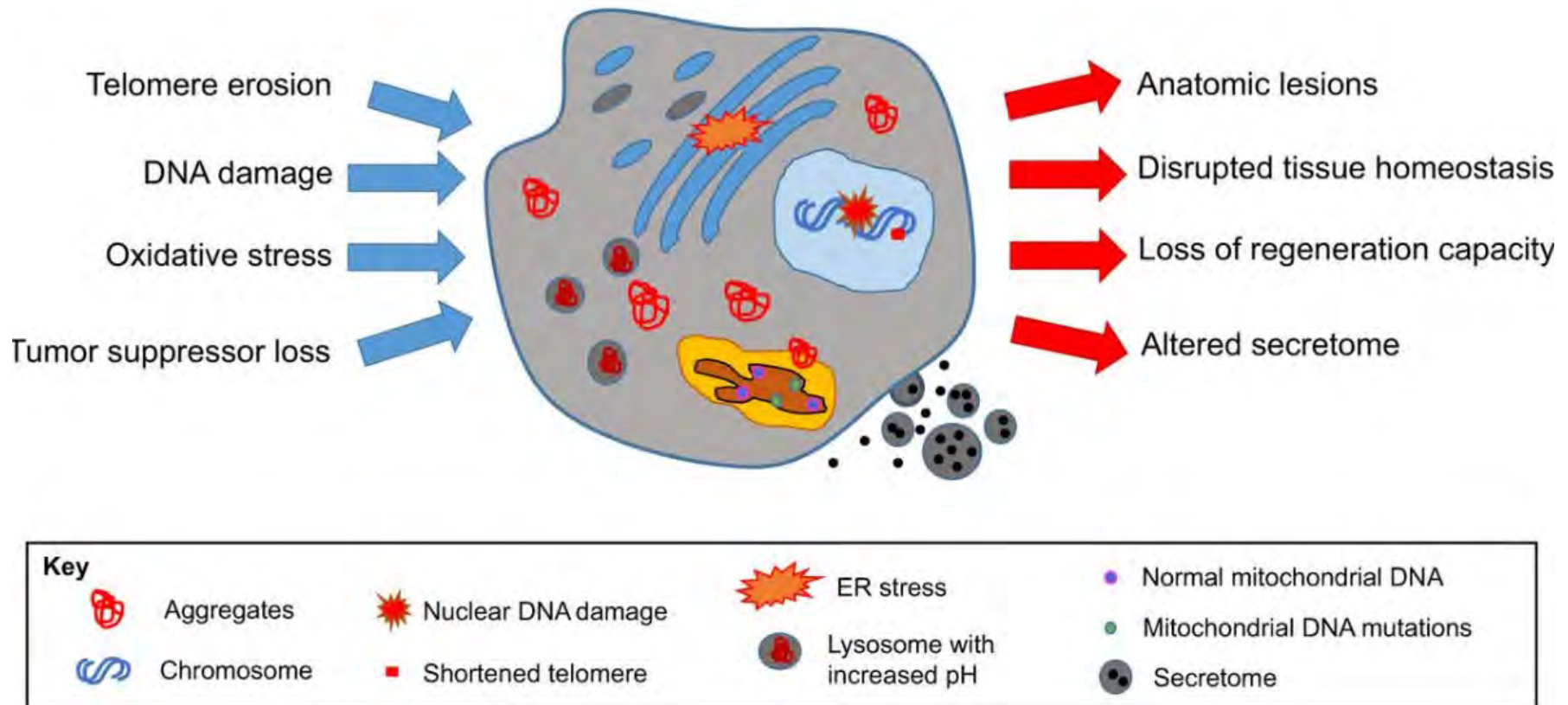


Adapted from: López-Otín, C et al. (2013). *Cell* 153: 1194-1217.

In 1961, L. Hayflick proposed that the limited replicative lifespan of cells in culture represented the phenomenon of aging at the cellular level



What is cell senescence?

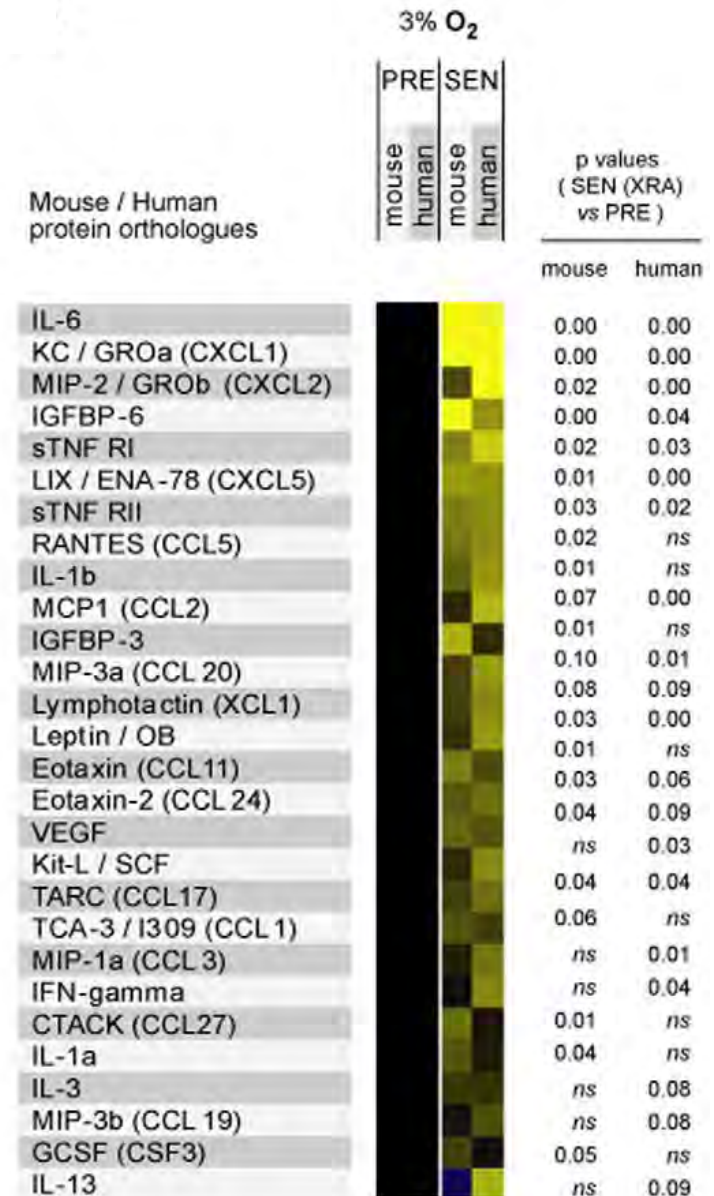


Senescent cells secrete a large number of biologically active factors which affect the function of neighboring, non-senescent cells

Ruan, L. et al. (2018). *J Cell Sci* 131.

What is cell senescence?

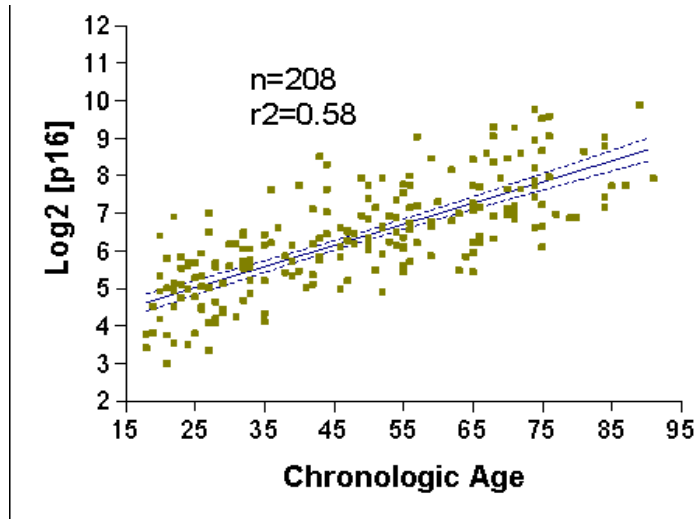
Senescent cells secrete a large number (and large amounts) of biologically active factors with the potential of affecting cellular physiology / responses in neighboring, non-senescent cells



A cell senescence marker for aging (p16^{ink4a})

Sharpless lab, University of North Carolina

In Humans p16^{ink4a} expression in CD3+ T cells)



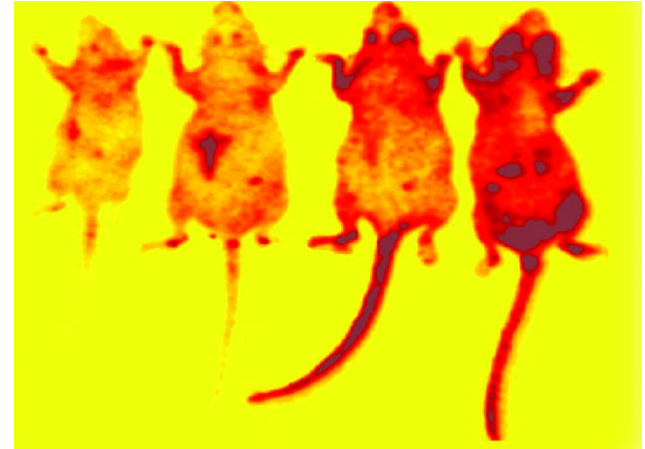
- increases 1.4-fold per decade => 16-fold over 8 decade adult lifespan.
- Increase seen well before 'aging' is apparent.

Adapted from

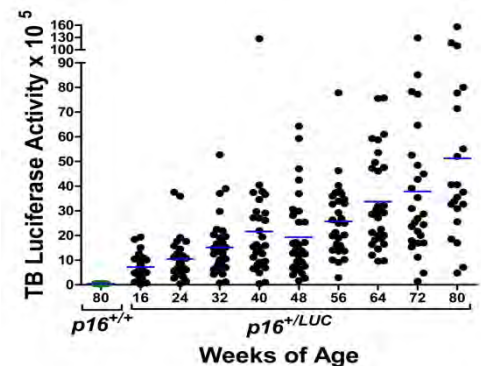
Liu et al Aging Cell 8:439-448 (2009) – human studies

Burd et al. Cell 152: 340-351 (2013) – C57BL6 mouse model

In Mice, a reporter of p16^{ink4a} expression in all cells of the body

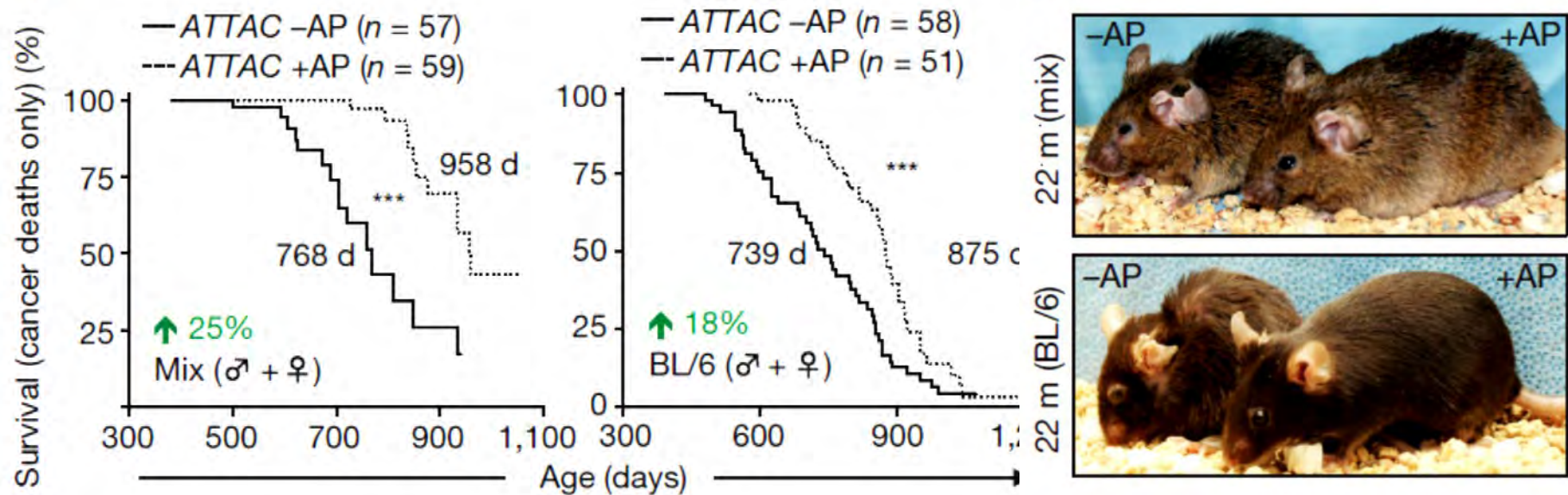


16 40 64 80
Weeks of age (one mouse)



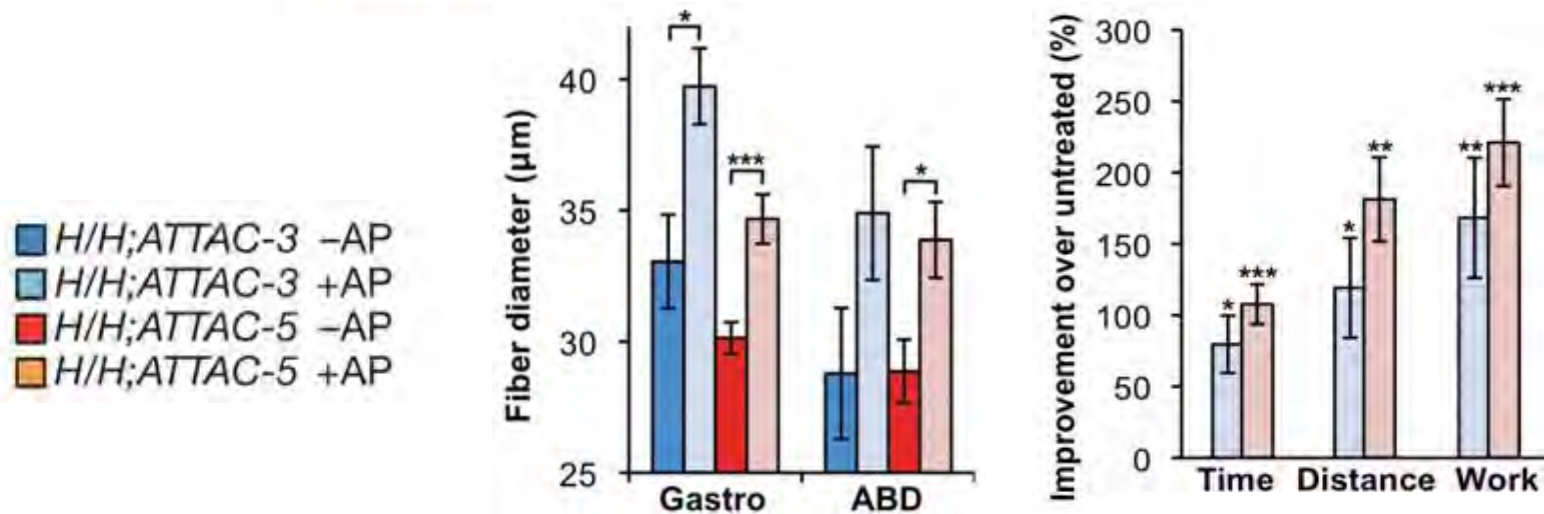
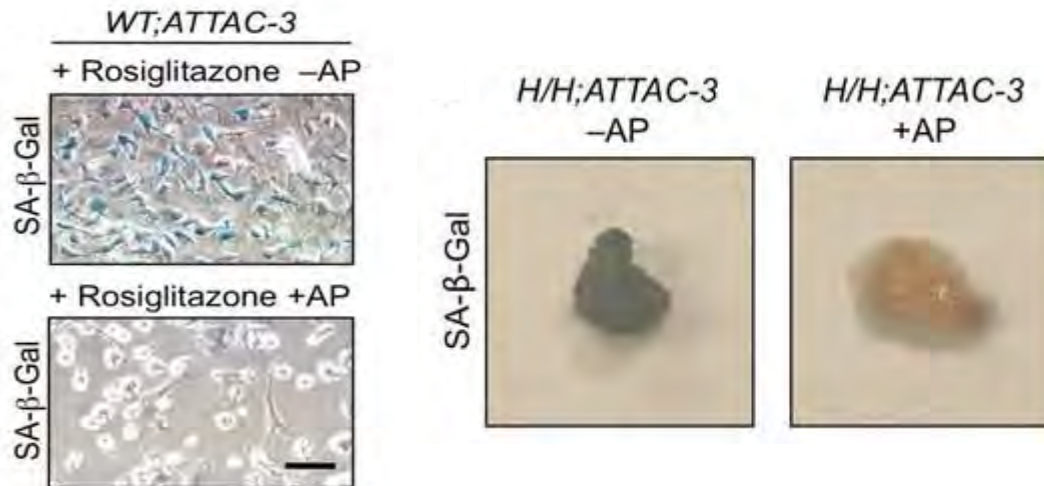
(many mice)

Naturally occurring p16^{Ink4a}-positive cells shorten healthy lifespan

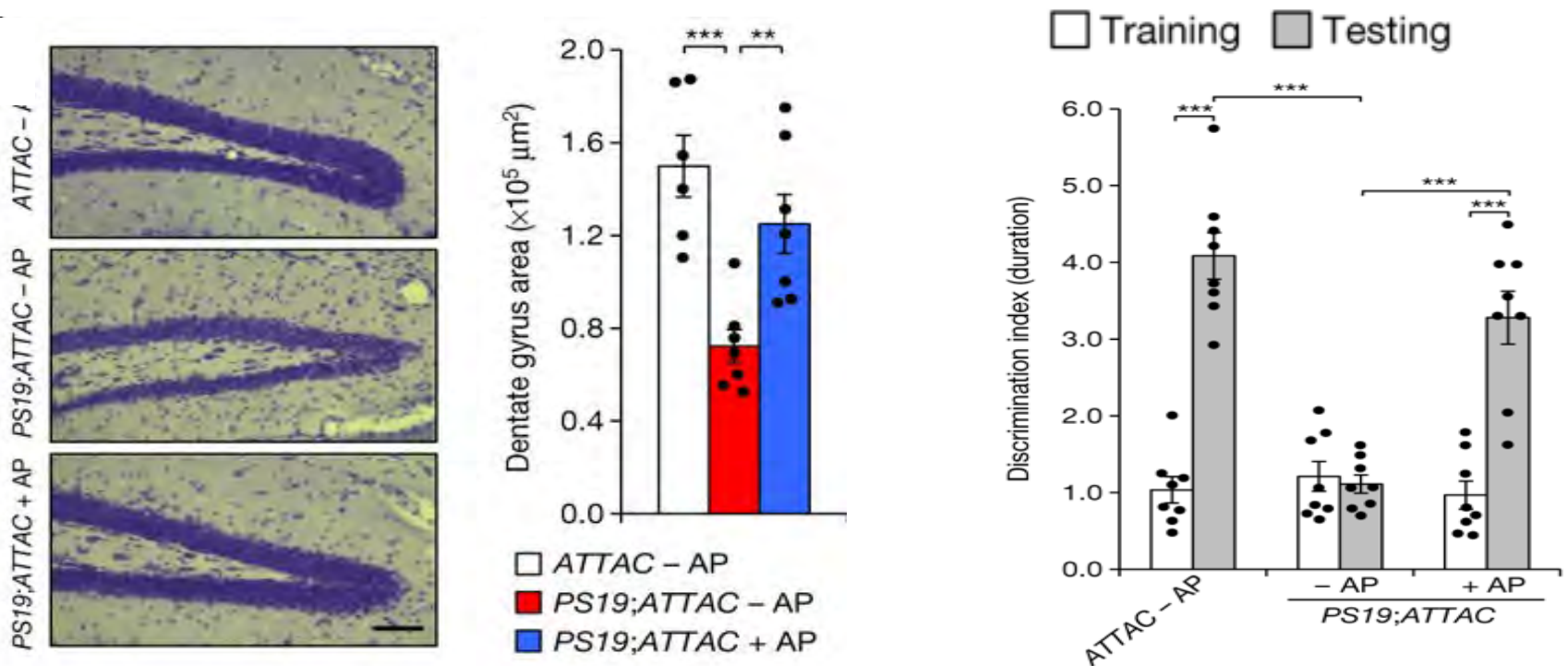


Baker DJ, et al. *Nature* (2016) 530(7589):184-9.

Clearance of p16^{Ink4a}-positive senescent cells delays aging-associated disorders



Clearance of senescent glial cells prevents tau-dependent pathology and cognitive decline



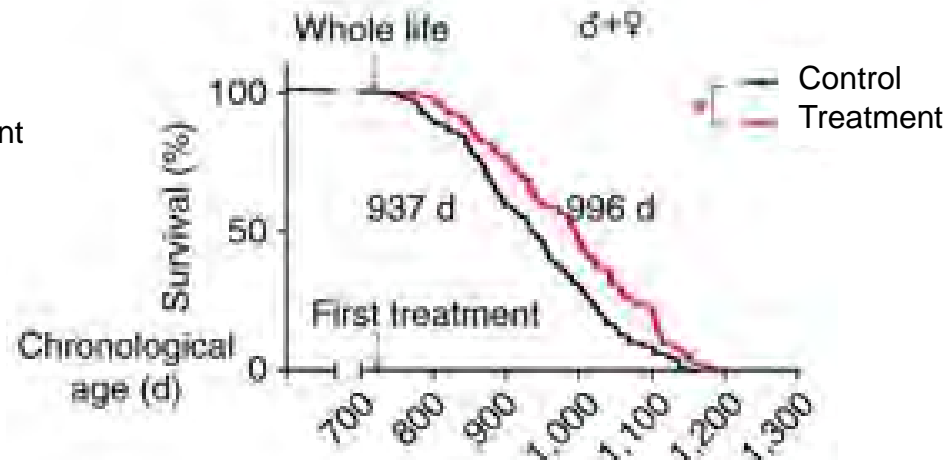
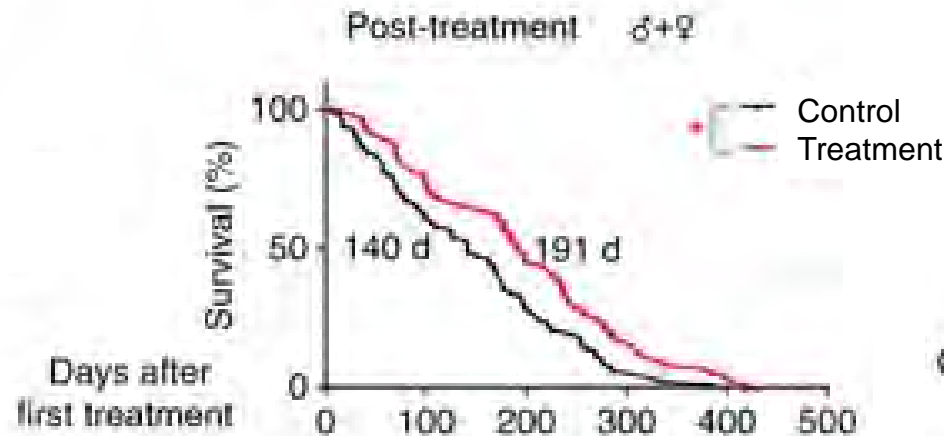
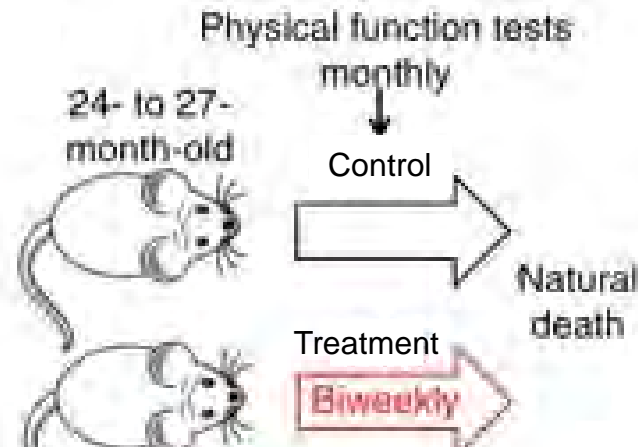
- Senescent cells drive neurodegenerative disease
- Clearance of senescent cells through genetic manipulation or drug treatment decreases tau pathology and cognitive decline

Bussian, T. et al. (2018). *Nature*, 562(7728): 578-582.

Treatment with Senolytics Extends Lifespan in Older WT Mice

Treatment = Dasatinib (chemo drug) and Quercetin (dietary supplement), to disable senescent cell anti-apoptotic pathways

Control = Vehicle



Xu, M. et al. (2018). *Nature medicine*, 24(8):1246-1256.

Senolytics are Being Tested in the Clinic Against a Handful of Diseases

- Small Phase 1 studies on repurposed compounds (dasatinib + quercetin; navitoclax)
- *Conditions:*
 - Idiopathic pulmonary fibrosis (IPF) n=26 [NCT02874989](https://clinicaltrials.gov/ct2/show/study/NCT02874989) (completed)
 - Alzheimer's disease n=5 [NCT04063124](https://clinicaltrials.gov/ct2/show/study/NCT04063124)
 - Diabetic chronic kidney disease n=16 [NCT02848131](https://clinicaltrials.gov/ct2/show/study/NCT02848131)
 - Osteoarthritis n=78 [NCT03513016](https://clinicaltrials.gov/ct2/show/study/NCT03513016) (completed)
- Feasibility and tolerability results published for IPF Phase 1 study (Justice et al. (2019). *EbioMedicine*; 40:554-563)



Translational Geroscience Network

Goal: Accelerate the development of interventions designed to treat chronic conditions (e.g., diabetes, heart disease, Alzheimer's disease) as a group by targeting biological aging.



Support “use case” trials using repurposed drugs to harmonize recruitment and analytic procedures.



Expand an assay facility to analyze biospecimens across the network.



Support a data entry platform to facilitate cross-study comparisons.



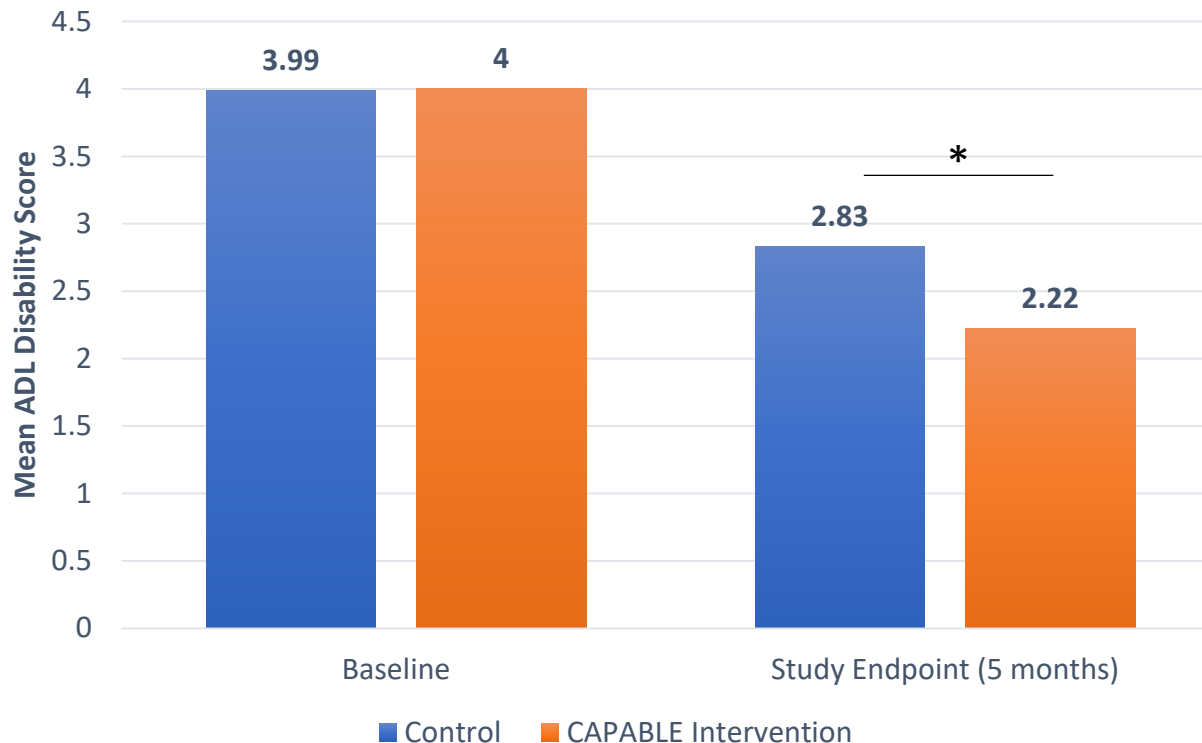
Develop a biobanking and repository network for samples from clinical trials to permit future analyses.

NIA Science – Making an Impact



CAPABLE Intervention Reduced Disability in Activities of Daily Living by 30% for Low-income Baltimore Older Adults

Mean Activities of Daily Living (ADL) Scores at Baseline & Study Endpoint



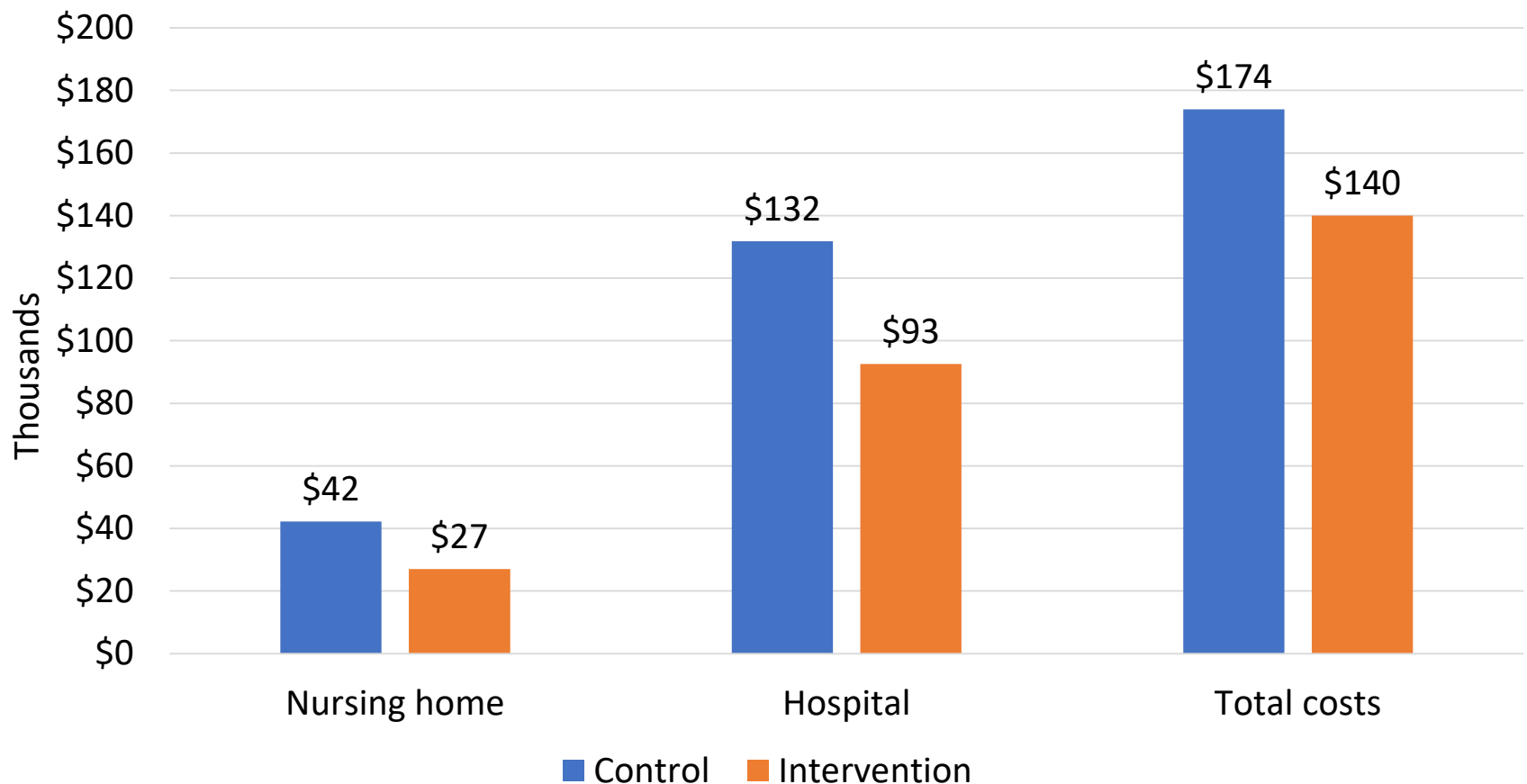
Intervention =

- Up to 6 Home visits by OT, RN
- Implementation of personal plan based on assessments and participant goals
- Home repairs (up to \$1300)
- Significant reduction in ADL disability scores compared with participants in control group. Adjusted Effect Size: 0.70 (0.54-0.93), $p = .01$.

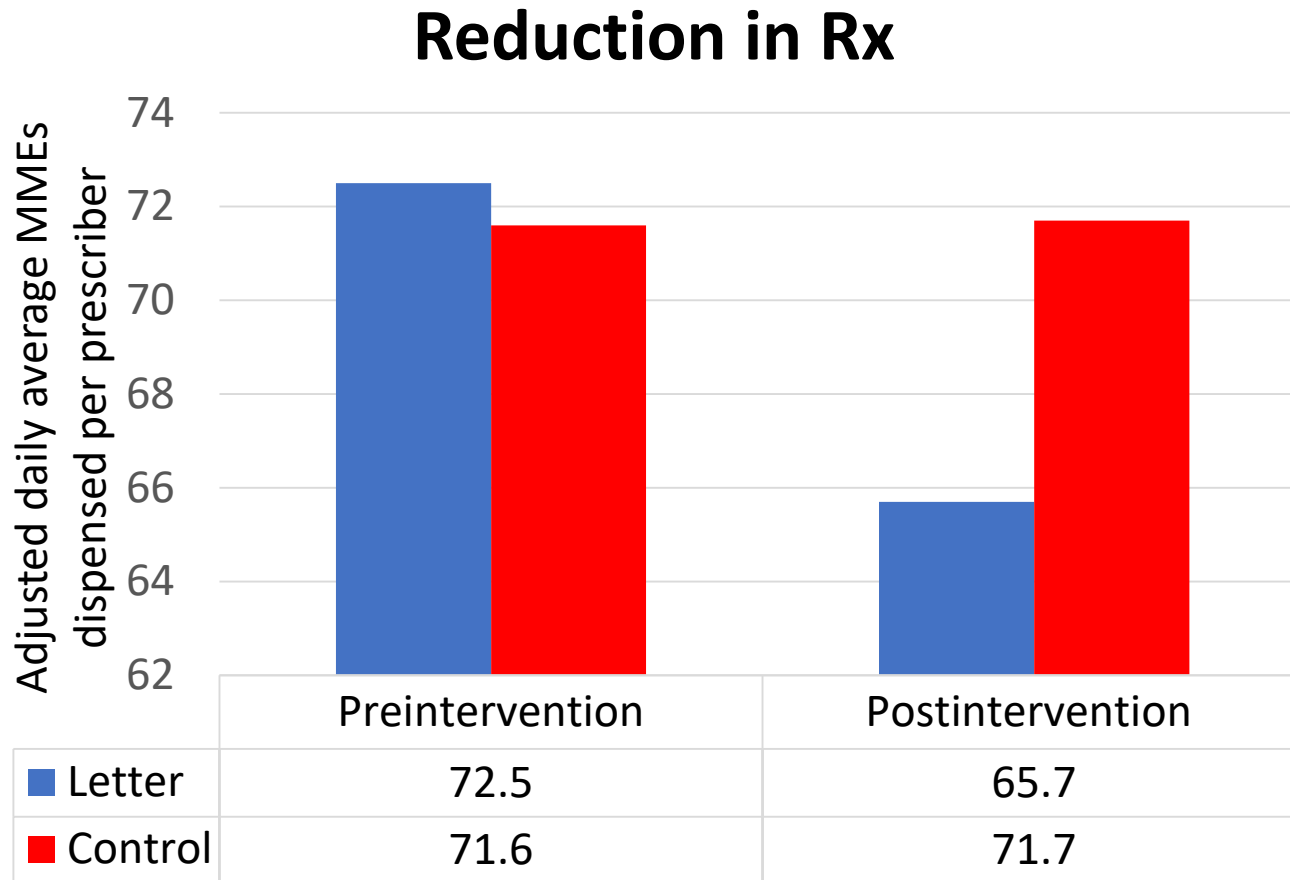
Szanton, S.L., et al. (2019). *JAMA Intern Med.*,179(2):204–211

Successful UTI Prevention Program in Nursing Homes Leads to Cost Reduction

One-Year Health and Cost Outcomes for a Representative 120-Bed Nursing Home



Notification of Patient Overdose Deaths Reduces Clinician Opioid Prescriptions



MME= milligram
morphine
equivalents

***MMEs in Rx's of
letter
recipients
decreased by
9.7% after 3
months***

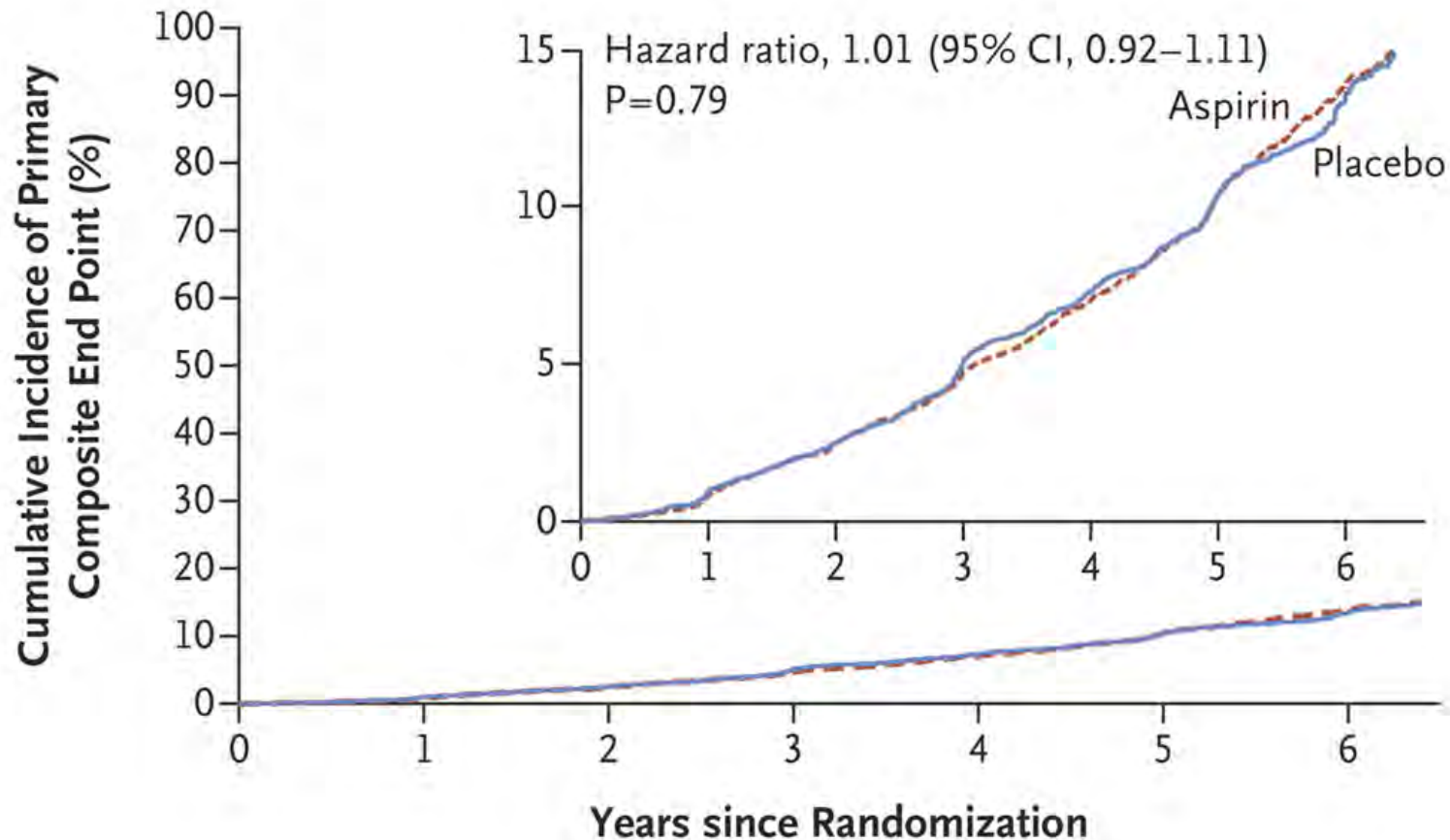
Daily Low-Dose Aspirin Found to Have No Effect on Healthy Life Span in Older Adults

ASpirin in Reducing Events in the Elderly (ASPREE) - Background

- International randomized double-blind placebo trial that started in 2010
- 19,114 participants (16,703 in Australia and 2,411 in the United States)
- Participants were aged 70 years or older (U.S. Hispanics and African-Americans were enrolled at age 65 years or older)
- Participants were followed for an average of 4.7 years

Will a daily dose of 100 mg enteric-coated aspirin extend the duration of disability-free (including onset of dementia, total mortality, or persistent disability) life in healthy older adults?

ASPREE – Primary Composite Endpoint



McNeill, J.J. et al. (2018). *NEJM* 379:1499-1508.

Daily Low-Dose Aspirin Found to Have No Effect on Healthy Life Span in Older Adults

ASpirin in Reducing Events in the Elderly (ASPREE) - Results

- **Cardiovascular:** No substantial reduction in risk of MI and stroke
- **Mortality:** Slightly higher – but not significant
- **Bleeding:** Significantly increased risk of serious bleeding
- **Physical disability:** No effect
- **Dementia:** No effect

McNeil, J.J. et al. (2018). *NEJM* 379:1499-1508.

McNeil, J.J. et al. (2018). *NEJM* 379: 1509-1518.

McNeil, J.J. et al. (2018). *NEJM* 379: 1519-1528.

Change in ACC/AHA Clinical Practice Guidelines re: Aspirin for CVD Prevention



AMERICAN
COLLEGE of
CARDIOLOGY



American
Heart
Association®
Learn and Live

Circulation

ACC/AHA CLINICAL PRACTICE GUIDELINE

2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease: Executive Summary

A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines

WRITING COMMITTEE MEMBERS

Donna K. Arnett, PhD, MSPH, FAHA, Co-Chair
Roger S. Blumenthal, MD, FACC, FAHA, Co-Chair
Michelle A. Albert, MD, MPH, FAHA*
Andrew B. Buroker, Esq†
Zachary D. Goldberger, MD, MS, FACC, FAHA‡
Ellen J. Hahn, PhD, RN*
Cheryl Dennison Himmelfarb, PhD, RN, ANP, FAHA*
Amit Khera, MD, MSc, FACC, FAHA*
Donald Lloyd-Jones, MD, SCM, FACC, FAHA*
J. William McEvoy, MBBCh, MEd, MHS*
Erin D. Michos, MD, MHS, FACC, FAHA*
Michael D. Miedema, MD, MPH*
Daniel Muñoz, MD, MPA, FACC*
Sidney C. Smith Jr, MD, MACC, FAHA*
Salim S. Virani, MD, PhD, FACC, FAHA*
Kim A. Williams Sr, MD, MACC, FAHA*
Joseph Yeboah, MD, MS, FACC, FAHA*
Boback Ziaieian, MD, PhD, FACC, FAHA§

Endorsed by the American Association of Cardiovascular and Pulmonary Rehabilitation, the American Geriatrics Society, the American Society of Preventive Cardiology, and the Preventive Cardiovascular Nurses Association

ACC/AHA Task Force Members, see page e577

Key Words:

AHA Scientific Statements
■ guidelines ■ antihypertensive agents ■ aspirin ■ atherosclerosis ■ atherosclerotic cardiovascular disease ■ atrial fibrillation ■ behavior modification ■ behavior therapy ■ blood cholesterol ■ blood pressure ■ body mass index ■ cardiovascular team-based care ■ cardiovascular ■ cardiovascular disease ■ cholesterol ■ chronic kidney disease ■ coronary artery calcium score ■ coronary disease ■ coronary heart disease ■ cost ■ diet ■ dietary patterns ■ dietary fats ■ dietary sodium ■ dyslipidemia ■ e-cigarettes ■ exercise ■ healthcare disparities ■ health services accessibility ■ heart failure ■ hypertension ■ LDL cholesterol ■ diabetes mellitus ■ lifestyle ■ lipids ■ measurement ■ myocardial infarction ■ nicotine ■ pharmacological

Ways to Stay Informed and Connected



Search all active NIA funding opportunities:
<https://www.nia.nih.gov/research/funding>

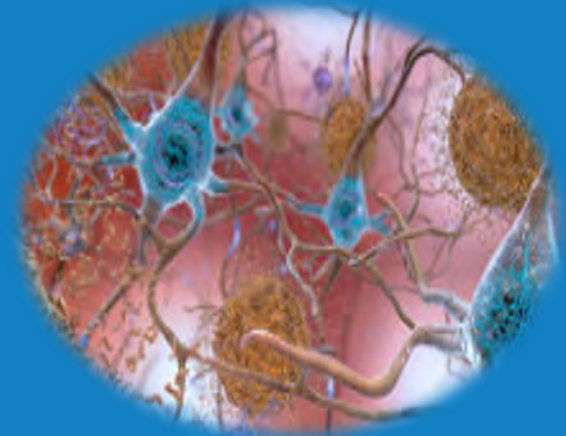
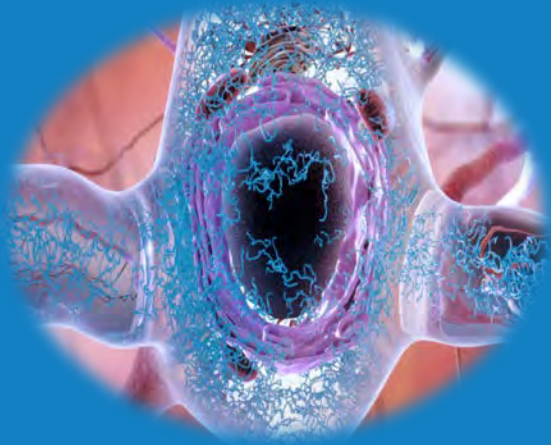


Review the latest approved concepts:
<https://www.nia.nih.gov/approved-concepts>



Subscribe to our blog and stay up to date on the latest NIA news:
<https://www.nia.nih.gov/research/blog>





NIA

The Leader in Aging Research

