

RECRUITMENT AND THE ROLE OF THE RESEARCH COORDINATOR

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AGENDA

- Definitions
- Participant Rights
- UAB Recruitment Regulations (IRB, GCP, HIPPA)
- Barriers to Recruitment
- Recruitment Methods
- Recruitment Guidance

PARTICIPANTS NEEDED





DEFINITION OF RECRUITMENT

- The process of identifying, contacting, educating, and enrolling individuals to participate in a research study.
- It involves presenting information about the study to potential participants, gaining their informed consent, and ensuring the recruitment process is ethical and complies with relevant regulations.



RESEARCH PARTICIPANT RIGHTS

- Participant rights in research ensure the well-being and dignity of participants.
- These rights include the right to informed consent, the right to withdraw at any time, the right to privacy and confidentiality, and protection from harm.
- Federal regulations, like the "Common Rule" (45 CFR 46) regulates ethical standards for all human subjects in research conducted or supported by the U.S. Department of Health and Human Services (HHS) and institutional review boards (IRBs) are in place to protect these rights.

RECRUITMENT REGULATIONS (IRB)

UAB Institutional Review Board (IRB)

- A committee established under federal regulations (Common Rule, Good Clinical Practice, and HIPPA) for the protection of human subjects in research. Its purpose is to help protect the rights and welfare of human participants in research conducted under the University of Alabama at Birmingham.
- University policy requires that all research involving human subjects be reviewed and approved by the UAB IRB before the research begins.
- Any changes to an IRB-approved project must be reviewed and re-approved by the IRB before they can be implemented.

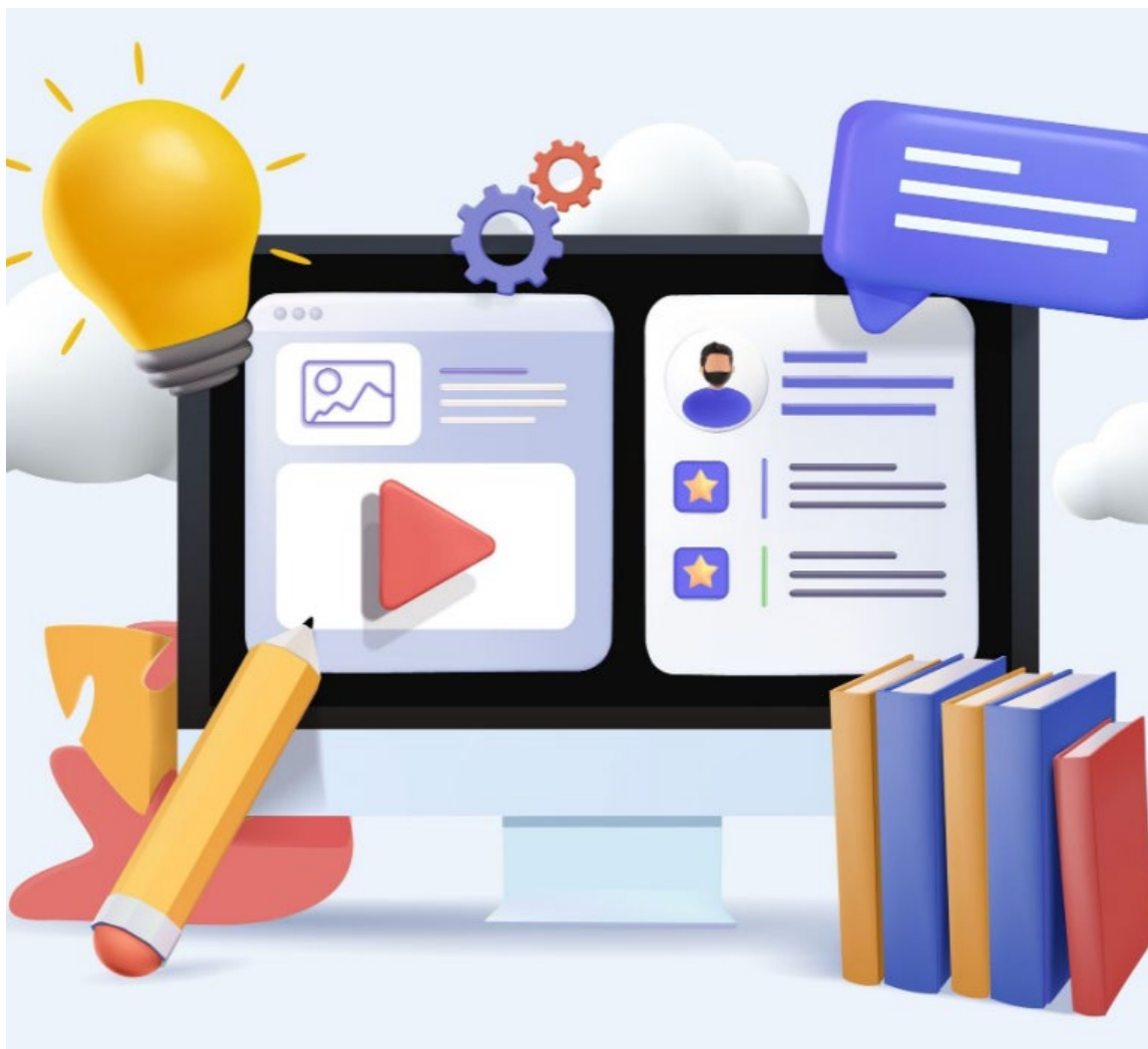
RECRUITMENT REGULATIONS (HIPPA)

1. Research Recruitment by Treating Physicians/Staff

- Treating physicians and staff within a division who work collaboratively to treat patients in clinic and who are also assigned to work on research protocols may review the clinic patients' records to identify potential research subjects for research protocols.

2. Research Recruitment by Non-Treating Physicians/Staff

- For a researcher and staff to review records or obtain lists of other physicians' patients, medical records, test results or other clinical information when the researcher/staff is not involved in the treatment of the patients, the researcher/staff must include a description of the plan for recruitment in the IRB protocol submission that describes the method of identifying and contacting the individuals.



UAB TRAINING

- UAB requires key personnel engaged in human subject research complete training in human subject protections.
- Initial IRB training
- Continued IRB training (every 3 years)
- Initial Good Clinical Practice (GCP)
- Continued GCP training (every 3 years)
- <https://www.uab.edu/research/home/irb>
- Email: irb@uab.edu

REGULATION TAKEAWAYS..



**PARTICIPANTS
HAVE RIGHTS**



**UAB IRB IS A
COMMITTEE THAT
ENSURES OUR
RESEARCH AND
RESEARCH
METHODS COMPLY
WITH FEDERAL
REGULATIONS
(COMMON RULE,
GCP, HIPPA)**



**RESEARCH STAFF
MUST RECEIVE IRB
AND GCP
TRAINING (EVERY 3
YEARS)**



**NO MATTER THE
METHOD OF
RECRUITMENT –
ALL RECRUITMENT
STRATEGIES AND
DOCUMENTS
MUST BE
APPROVED BY THE
IRB PRIOR TO
APPROACHING
POTENTIAL
CANDIDATES**



**RESUBMISSION
FOR IRB APPROVAL
WHENEVER
METHODS OR
DOCUMENTS FOR
RECRUITMENT
NEED TO BE
MODIFIED OR
UPDATED**

REASONS PARTICIPANTS JOIN CLINICAL TRIALS

Access to best care and
doctors for their condition

Belief they would benefit
future participants

Belief they would get more
care and attention

Belief/Hope that they
themselves will benefit



RECRUITMENT- BARRIERS



Fear of receiving a placebo and misunderstanding of research terminology



Participants reluctance to go against their primary doctor's recommendations



Fear of being treated like a “guinea pig”



Distance patient might have to travel or additional time to participate



What will it cost to participate

RECRUITMENT METHODS



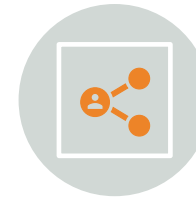
RECRUITMENT – HELPFUL TIPS



**Know your protocol
and informed consent**



**Confirm which
method(s) or
documents have been
IRB approved**



**Practice “recruiting a
participant” with a
fellow coordinator**



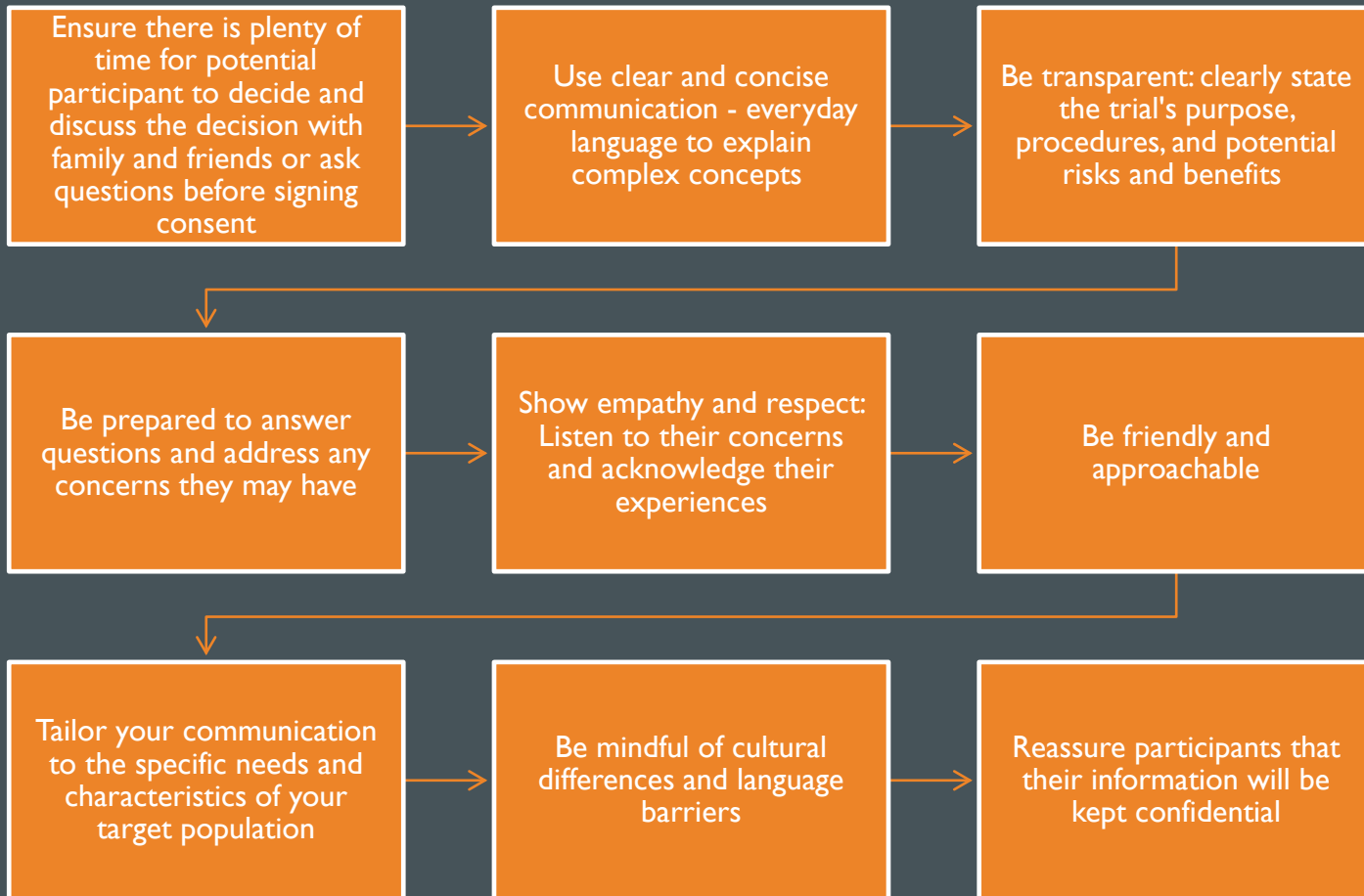
Create a checklist



Create a Recruitment Tracker
**(Pre-screened, screened, screen fail,
eligibility confirmed date, contact date,
consent date, on trial date)**



RECRUITING



**IF YOU
COULD JUST
RECRUIT SOME
PATIENTS**

**THAT'D BE
GREAT.**



THANK YOU