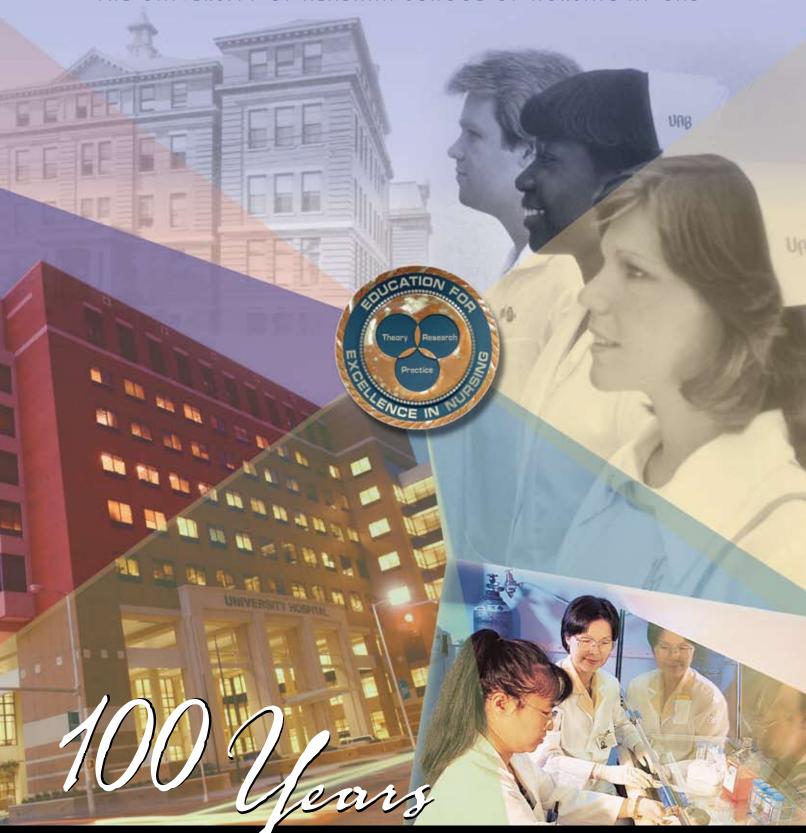
2005

LEE NURSING

THE UNIVERSITY OF ALABAMA SCHOOL OF NURSING AT UAB



OF NURSING EDUCATION



from the Dean

y first visit to the University of Alabama at Birmingham (UAB) was last August. What impressed me most were the people I met—the faculty, students, alumni, clinical partners, and community supporters. All of them have contributed to the ascent of UAB nationally and globally as an internationally renowned research university—a first choice for education and health care. It is a privilege to serve UAB, its School of Nursing, and the people of Alabama—and to contribute my first column as the fourth dean of the University of Alabama School of Nursing at UAB.

I am also pleased to introduce you to the first issue of *UAB Nursing*. You will notice our publication's new design, with the name changed from *The Vignette* to *UAB Nursing*. All schools and units in the university are changing to the same design format to develop consistency across UAB.

In this first issue of *UAB Nursing*, we celebrate a century of nursing education on UAB's campus. From the first graduates of the old Hillman Hospital Training School for Nurses, to the first graduates of the University of Alabama School of Nursing on the Tuscaloosa campus, to the last DSN graduates in 2005, the University of Alabama School of Nursing has seen many changes and has grown to be one of the best schools of nursing in the country. We spotlight our proud heritage in these pages and also focus on our challenges and opportunities as nursing education is redesigned to enhance workforce capacity and improve the quality of health care.

In another milestone, Rachel Z. Booth, our third dean, retired effective August 31, 2005. Throughout Dean Booth's 18-year tenure, she led the school in achieving national distinction in graduate education, and research ranked among the top 20 during the past decade. The school also achieved international distinction through designation as a World Health Organization Collaborating Center, the founding of the Center for Nursing Research (CNR), the transition from the Doctor of Science in Nursing (DSN) Program to the Doctor of Philosophy in Nursing (PhD) Program, creation of online nursing coursework, and the development of an outstanding School of Nursing Board of Visitors. Dean Booth and her two predecessors, the late Dr. Florence Hixson and Dr. Marie L. O'Koren, are to be credited with the school's strong foundation that has benefited thousands of patients, students, and faculty for many generations.

Five faculty members retired on August 31, 2005. They are Drs. Ann Clark, Dorothy Gauthier, Linda Miers, Judy Pemberton, and Penny Wright. Together, they have given more than 100 years of expertise and loyalty for the benefit of our students and patients. As these five retire, we welcome new faculty and teaching staff to our programs. This transition underscores the need to prepare faculty, scientists, and clinical leaders for the future.

Many of you visited the school over the past year. We want to thank you for arranging your reunions and other events that have brought you to the campus. A special thanks to alumni who participated in the UAB National Alumni Society chapter meetings in Texas, Taiwan, District of Columbia, and in our own state. Our nursing alumni membership is growing at a steady rate.

Let me share some highlights from the past year in our school. Our programs continue to rank in the top tier of baccalaureate and graduate nursing schools nationwide. All three programs—BSN, MSN, and DSN/PhD—are experiencing robust enrollment. As of August 31, 2005, we graduated our final students from the Doctor of Science in Nursing program, bringing the total number of graduates to 376 since 1976.

Our instructional technology is expanding to keep pace with the latest advances in e-learning. In the past five years, the number of students enrolling in online courses, and the number of credits earned, have quadrupled. Because of the urgent need for faculty nationwide, we have redesigned our Ph.D. program to facilitate full- and part-time study with a new distance-accessible curriculum.

As more students seek higher degrees and the expense of higher education rises, the need for financial assistance also increases. The generosity of our donors is making a significant contribution to those students who qualify for endowed scholarships either through merit or need. During the past year we have established eight new scholarships, an endowed fund for undergraduate nursing, and an endowed professorship. The school's total endowment now exceeds \$10 million in endowed chairs, scholarships, professorships, lectureships, funds, and planned and pledged gifts. The 40-member Board of Visitors plays a key role in establishing our endowments and for spreading the news about nursing to the community. We are deeply grateful for their expertise and leadership.

I look forward to leading this school with your support as we prepare the next generation of professional and advanced-practice nurses, faculty, deans, and scientists.

Doreen Harper, PhD, RN, FAAN Dean and Professor

Board of Visitors, 2004-2005

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 $\label{eq:Art Directors} Art\ Directors$ Jason Bickell, Jessica Huffstutler

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On the cover:This year marks the 100th anniversary of nursing education on the campus that now is known as UAB. The first class of the Hillman Hospital Training School for Nurses graduated on February 28, 1905, in Birmingham.



JEFFERSON HILLMAN SCHOOL NURSING

Florence A. Hixson (right) was the SON's founding dean, serving from 1950 to 1970 and starting a tradition of stable leadership at the school.

"I believe the support
we had from diploma
schools is one reason our
School of Nursing has such
a good program today."

Marie O'Koren, EdD



Rachel Z. Booth was the SON's third dean, serving from 1987 to 2005.



By Anita Smith

In 2005 the School of Nursing celebrated the 100th anniversary of nursing education.

Perhaps no one will appreciate that celebration quite like Marie O'Koren, EdD.

The first class of the Hillman Hospital Training School for Nurses graduated on February 28, 1905. Over the next 100 years, nursing education would evolve from several two-year, diploma-granting schools to today's SON, offering baccalaureate, master's, and doctoral programs.

O'Koren spent almost three decades on the SON faculty, and her career spanned both the era of diploma training and the modern baccalaureate-and-graduate-level School of Nursing. She completed a diploma nursing program during World War II before going on to earn a doctoral degree and become the second dean of the SON.

THE EARLY YEARS

Today's degree-granting nursing programs—in Alabama and across the nation—owe a debt to the diploma programs that preceded them, Dr. O'Koren says. "Diploma schools nationwide offered us a sound background in clinical nursing," she says.

Dr. O'Koren vividly recalls the middle years of the 20th century, when nursing education in Alabama began a major transition. In the 1950s and 1960s, the "household" was crowded and tensions often ran high as two "sister" schools of nursing coexisted in what was then known as the University of Alabama Medical Center.

Those sister schools shared the same "parent"—the University of Alabama.

One nursing school was a diploma-granting program founded in

1903 as a part of Hillman Hospital, which was dedicated that same year. The other nursing school was a degree-granting program, the University of Alabama School of Nursing (UASON). Established in 1950 on the University of Alabama campus in Tuscaloosa, the school was moved to Birmingham in 1967 to be located within, and soon to be included under the umbrella of, what today is known as UAB.

For the two nursing schools, the 1950s and 1960s were marked by shared, crowded space for classrooms, dormitory rooms, faculty offices, and numerous opportunities for hospital-based clinical experience for the students.

"I remember the faculties of both nursing programs being crowded together into such limited space, but I also remember how members of both faculties strived to cooperate and work together," says Dr. O'Koren, who retired in 1987 after serving 17 years as dean of the UASON.

Dr. O'Koren also recalls the pains of change as it became evident that the diploma program was in jeopardy of being phased out. "With that handwriting more or less on the wall, there were nurses at the hospital [Jefferson-Hillman, later University] who had allegiance to that diploma program and who initially arranged for our UASON baccalaureate students to have clinical experiences on evening and night shifts, not on more relevant day shifts," Dr. O'Koren says. "But that was part of those changing times. We worked it out. It was difficult for those who cared deeply about the University Hospital School of Nursing, which was a very good diploma program."

The diploma program has a rich history. It opened in 1903 as the Hillman Hospital Training School for Nurses. After Jefferson Hospital opened next door to Hillman Hospital in the early 1940s, a Jefferson Hospital School of Nursing was added. In 1945, the two schools merged to become the Jefferson-Hillman Hospital School of Nursing. When the Jefferson-Hillman Hospital's name was changed in 1955 to University Hospital and Hillman Clinic, the school became the University Hospital School of Nursing.

Sixty-six years after its predecessor opened its doors, the University Hospital School of Nursing closed in 1969. It was all part of a nation-wide trend to phase out many diploma nursing programs and replace them with baccalaureate-level nursing education.

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Catching Up with the Class of '55









(Clockwise from upper left) Billie Owen Heaton, Earline Wright Gibbons, Mary Goggans Montgomery, and Brittie Manderson Hartline

It seems fitting that the Jefferson-Hillman Hospital School of Nursing Class of 1955 celebrated its 50th reunion in 2005, the same year that UAB celebrated the 100th anniversary of nursing education on the campus. Members of the class, the last to graduate from the Jefferson-Hillman school under that name, gathered for their reunion at the School of Nursing Building on May 18-19.

Members of the Class of 1955 remember their training as both intense and satisfying.

Earline Wright Gibbons recalls the heavy responsibility she felt as a 20-year-old senior nursing student reaching through portholes of an "iron lung" machine to help care for a paralyzed polio patient.

"I was so aware that the patient's only ability to breathe, to inhale and exhale, depended on that electricity-driven machine," Mrs. Gibbons says. "We were in the midst of those 1950s polioepidemic years, when they were closing swimming pools and taking other steps to try to curb the polio spread. But we were still getting all of these polio victims in the hospital.

"I was a Jefferson-Hillman nursing student during a time when it was common for hospitals that operated nursing schools to use their students to help staff the hospitals. That was particularly true of the senior nursing students. As seniors at Jefferson-Hillman, my classmates and I served as charge nurses on evening and night shifts. Although there would be a registered-nurse supervisor covering the whole hospital on those shifts, the nursing students actually oversaw nursing care on the units. I recall vividly being in charge of a unit filled with patients in iron lungs. I learned so much and received great clinical experience, but it was a tremendous responsibility."

Billie Owen Heaton, one of Mrs. Gibbons' classmates, also recalls the heavy weight resting on her young (and small) shoulders during those student nursing days. "There I was—barely 20 years old, I weighed 85 pounds, and it was stretching it to say I was 5 feet tall—and as a senior Jefferson-Hillman nursing student I was the evening-shift charge nurse on the obstetrical floor," Mrs. Heaton recalls. "Now, don't you know I must have looked like a child to some of those women who were there giving birth to their babies and coming under my care.

"I'll never forget one incredibly busy night when I was in charge of that unit. I had only one nurse's aide to help me, and the two of us took care of eight women who gave birth that evening, plus all the other postpartum patients on the unit. I don't know how we managed, but we did fine. The good Lord was just with us."

Brittie Manderson Hartline, another classmate, says stories abound in her class of clinical experiences carrying major responsibility. "As upperclass-

men we student nurses ran that hospital during the evening and night hours," Mrs. Hartline says.

It took high-quality instruction to get them through. "There's no way I can do justice to describing the great pride we had in the quality of our nursing education," she says.

That education featured a hefty curriculum presented in information-packed classroom sessions, strong instruction in patient-care skills, and strict requirements regarding appearance. "Every day was a day of learning and also a day of polished shoes, starched uniforms, and freshly washed shoestrings and hose," Mrs. Hartline says.

Classmate Mary Goggans Montgomery remembers the classroom as a no-nonsense, no-excuses environment. "It was hard," she says. "You just did not miss any class. You came, you listened, and you took lots of notes.

"Physicians were among our teachers. I remember one day a well-known physician became disturbed when some of the nursing students didn't have their homework. He announced to us, 'This class is discontinued until I reschedule it!' Boy, was I afraid. I was one of the ones who had a passing grade in that class, and I was thankful when he rescheduled our classes."

The young women studied, worked, and lived together, and they became close friends. Many friendships are still active today. In fact, seven members of the 1955 class recently have reconnected and taken trips together.

Along the way, the classmates had some similar experiences in life. "Actually, four of us in that 1955 class met four guys from Thorsby and married them," Mrs. Hartline says. "Now, think about that. Four of us in the same class all marrying guys from that same little town of Thorsby, Alabama. I mean, we cleaned out the eligible bachelors in Thorsby."

In some cases, the classmates took divergent career paths. Mrs. Gibbons ultimately became director of public-health nursing for the Bay County Health Department in Panama City, Florida, where she and her pharmacist husband settled a few years after they married.

After a couple of years as a hospital pediatric nurse, Mrs. Heaton had a double career. She was a school nurse in the Chilton County, Alabama, School System. Also, she was her husband's partner in running a family business, which included a pecan farm and gift shop.









Enjoying the Class of 1955 reunion are: (left) Mary Montgomery, Lena Sherrill, and Dr. Betty Howard; (second from left) Brittie Hartline and Dr. Rachel Booth; (second from right) Billie Heaton and Mary Edwards; (right) Earline Gibbons, Martha Mims, and Dr. Betty Howard.

Mrs. Montgomery, who lives in Birmingham, was a hospital nurse for five years before she left nursing to become a full-time homemaker just before she and her physician husband welcomed their second child.

Mrs. Hartline moved frequently due to her husband's career in finance. As they moved, she had experience as a hospital nurse, Red Cross nurse, and home health-care nurse. Then she left nursing to launch what has been a 30-year career in residential real estate in Dallas, Texas. "As a Jefferson-Hillman

nursing student, I learned how to become a caregiver of patients with health problems," Mrs. Hartline says. "In the real-estate business, I have used what I learned in nursing school to be another kind of caregiver, helping people to find homes."

All four graduates have been fascinated by changes in nursing over the decades. Mrs. Montgomery tracks changes partly through the current experiences of her daughter, a UASON graduate working as a pediatric nurse.

"One change that amazes me is all the disposable

items used in nursing today," Mrs. Montgomery says. "When we were in nursing school, we had to sterilize and reuse many things."

Mrs. Montgomery sometimes compares notes with her daughter. "Since procedures and treatments have changed so much, my daughter often will tell me, 'We don't do it that way anymore.' Sometimes things are so different that I laugh and say, 'Well, Lisa, what do you do?'"

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It's important to note, she adds, that directors of diploma nursing schools were among those who pushed strongly in the late 1940s for the Alabama Legislature to create a baccalaureate nursing school.

Once the UASON was in place, Dr. O'Koren says, diploma schools supported it—from its baccalaureate beginnings on into the master's and doctoral programs. "I believe the support we had from diploma schools is one reason our School of Nursing has such a good program today. The diploma schools believed in us and encouraged us."

THE MODERN ERA

Rachel Z. Booth, PhD, who retired in 2005 after serving 18 years as dean of the School of Nursing, has seen the profession change dramatically during her nearly 40-year career. She points to some of the most significant developments she has seen in nursing education:

• Nurse practitioners—"I feel the development of the nurse-practitioner role is probably the most significant change I have seen in nursing in my lifetime," Dr. Booth says. "It's important in today's society that we are educating nurse practitioners who are qualified to take a history of the patient and the patient's family, perform a physical examination, diagnose, and prescribe."

- Doctoral education—"It's significant that we have progressed to the point that there is an expectation of doctoral education for nurses," Dr. Booth says. "When nurses first began to earn doctorates, they were likely to get them in fields such as education, sociology, or psychology. Today, nurses have access to doctoral programs that are specifically in nursing."
- The National Institute of Nursing Research—"It was a major step for the nursing profession, nursing education, and nursing research when an institute specifically to fund nursing research was established [in 1986] within the National Institutes of Health in Bethesda, Maryland," Dr. Booth

says. "This has meant additional money for nursing research, and we lobby each year to get the amount of that funding increased."

- Progress in nursing research—As a follow-up to the importance of the National Institute of Nursing Research, Dr. Booth says, "The progress that nursing has made in conducting research has been a great contributor to society. Today our nurse scientists are involved in productive research that extends to areas such as bench research, physiological research, and behavioral research."
- The multidisciplinary nature of modern health care—"In this era, we cannot carry out patient-care activities, teach, conduct research, or be involved in practically any other professional nursing endeavor without collaborating with other professionals," Dr. Booth says. "I believe nursing is doing very well with collaborations, and participation in this interprofessional cooperation has become a great leap for nursing."

While nursing has made dramatic progress, it still faces significant challenges, Dr. Booth says. She points to two areas that need particular attention:

• Online education—"The quality of online education now is often equal to, and in some cases better than, traditional classroom instruction," Dr. Booth says. "To date, we have primarily been using an online strategy with graduate education, with a much lesser role relevant to undergraduates. The time is here for us to carefully explore how we differentiate between those people who learn better in the classroom, where they can interact with instructors, and those who learn better when they sit at their computers and take online courses. We have to become sophisticated about determining which groups are best suited for online education and how far we go with online education."

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A Matter of Degrees

Dating back to developments that led to the founding of the UASON in 1950, the school has been dedicated to degreegranting programs that respond to the nursing-education needs of the times.

In the late 1940s, nurses throughout Alabama pushed for the founding of a baccalaureate school of nursing at a large state-supported university, namely the University of Alabama. At that time, the only baccalaureate school of nursing in Alabama was based at Tuskegee Institute, later Tuskegee University. Many of Alabama's nurses were vocal about wanting Alabama to take a leading role in a post-World War II movement in the United States for nurses to gain education beyond the traditional diploma level.

To support the creation of a new baccalaureate School of Nursing at the University of Alabama's Tuscaloosa campus, nurses banded together in a Joint Committee of the Alabama State Nurses' Association and the Alabama League of Nursing Education (later the Alabama League for Nursing). Members of the joint committee served as advisors to nursing-education consultant Margaret Carrington. She was selected by the U.S. Public Health Service to fulfill a request by University of Alabama President John M. Gallalee for an expert to survey Alabama's nursing-education needs. The Carrington Report confirmed a need to create the UASON, with its new BSN program, at the University of Alabama.

The stage was set for the UASON to continue to pioneer in degree-granting nursing programs. As the years rolled by, the school would create the first Master of Science in Nursing (MSN) program in Alabama and also the state's first doctoral programs in nursing.

The MSN program accepted its first students in 1955, when the UASON was just five years old. In 1952, while still in the planning stages, the MSN program received a pivotal boost. The UASON was selected as one of six master's-level nursing programs in the South to benefit from the Nursing Education Project of the Southern Regional Education Board (SREB).

In its Nursing Education Project, SREB was selecting six promising new master's programs to receive thousands of dollars in grant money and free consultation over a period of several years. Also selected were MSN programs at the University of Maryland, the University of North Carolina, the University of Texas, Vanderbilt University, and Emory University.

Almost nine years after the UASON moved from the University of Alabama campus in Tuscaloosa to be part of what ultimately became UAB, the UASON's first doctoral program went into operation. Coursework for the first doctoral program, a Doctor of Science in Nursing (DSN), was initially offered in January 1976. As of August 31, 2005, the school graduated its final students from the DSN program, bringing the total number of graduates to 376. When the program began in 1976, it was the first doctorate in nursing program in the Southeast and the 13th in the nation.

In the late 1990s, the UASON moved toward changing its doctoral program. The school began to develop a Doctor of Philosophy in Nursing (PhD), a degree that carries a research-oriented focus. The program's first PhD student was admitted in 1999.





Gail Hill (left) offers an online course that is helping train master's-level nurses to improve access to health care in Alabama's underserved areas; Karen Saenz (right) teaches students about the importance of providing health-care services for diverse cultures.

A Custodian — of Nursing History

For much of the 25 years that Pat Cleveland was on the School of Nursing faculty, she taught students basic fundamentals of nursing and guided them in their first clinical experiences.

She was aware that part of her mission was to set a tone that could influence how the students felt about nursing for their entire careers. And that included helping students appreciate the history of nursing. "I would tell them, 'If you don't appreciate nursing's past, you can't appreciate nursing's present and future," Ms. Cleveland says. "I tried to impress upon every student, 'It was not an easy process for nursing to get to where it is."

Ms. Cleveland retired in 1997, but she has maintained a deep interest in recording and preserving the history of nursing. Her interest was sparked in the mid-1970s when Dean Marie L. O'Koren, EdD, asked her to serve on the SON's newsletter committee. Ms. Cleveland soon began collecting nursing memorabilia, and after the SON Alumni Association was formed in 1980, she became its archivist and still holds that position today. "I requested that the position of archivist be added to the association's bylaws, since I was already performing that role anyway," she says with a laugh.

By the mid-1980s, Ms. Cleveland had collected so much memorabilia that she asked Dean O'Koren for an archives room in the School of Nursing Building, and her request was granted.

Ms. Cleveland's interest in nursing history eventually grew beyond the

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• Restrictions on nurse practitioners—Barriers remain in place that often block the nurse practitioner from performing at full potential, Dr. Booth says. "Not all states are as open-minded about the role of the nurse practitioner as they should be. Alabama is the most restrictive state in the United States in not allowing nurse practitioners to function in the role for which they were prepared. We need to remove these obstacles."

THE FUTURE

Caring for underserved populations and understanding diverse cultures will be two primary challenges for the nurses of tomorrow.

SON faculty members Gail Hill, PhD, and Karen Saenz, PhD, say today's nursing students must be prepared to take on these challenges.

Dr. Hill is project administrator of the SON's first totally

online master's-level course work, which prepares graduates to take the national nurse-practitioner's examination. "One of our project's goals is to educate nurse practitioners who can improve access to health care in Alabama's underserved areas-in rural counties and isolated urban pockets," Dr. Hill says. "Also, through this project we are trying to increase the numbers of African-American nurses in graduate nursing education. While nursing has substantial numbers of African-Americans in undergraduate nursing education, we have lagged behind in recruiting them into graduate nursing education."

Student recruitment for the online master's curriculum targeted registered nurses already residing in medically underserved Alabama areas. "Students in this curriculum are nurses who already reside in, and love and understand, these areas," Dr. Hill says. "Since the course work

is online, these nurses don't have to leave their current jobs and be on the road to participate in graduate education."

Dr. Saenz has been taking SON students with her to provide outreach to two Hispanic groups in the Birmingham area. "On Wednesdays, we've been providing health education to Hispanic male day laborers and their families at a multicultural center in Hoover," Dr. Saenz says. "On Thursdays, we've been teaching nutrition and other health-promotion topics to a group of Hispanic women and their children at the First Baptist Church in Alabaster."

Dr. Saenz is no stranger to cultural outreach. Prior to joining the SON faculty, she helped set up clinics for impoverished African-Americans and Hispanics while she was on the faculty of the School of Nursing at the University of Central Florida in Orlando. She also has gone on medical mis-

sion trips to Peru, Honduras, and Guatemala. "Recently I've had some people ask me, 'When are you going on another medical mission trip?'" Dr. Saenz says. "I told them, 'I've been going on a medical mission trip every Wednesday and Thursday as part of my current community-health teaching in Birmingham."

Outreach programs are an investment in the health of grateful recipients, Dr. Saenz says. "When the students and I meet with these Hispanic men and women, never a visit goes by without someone saying something to the effect of, 'It's nice to have people come here and show they care about us.'

"Providing health-care services for diverse cultures is a great learning experience for our nursing students. As nursing educators today, one of the most important things we can do is to impart a cultural awareness to our students."

SON. She began to collect memorabilia from graduates of the diploma nursing school that had been based at Jefferson-Hillman Hospital, later University Hospital, on what is now the UAB campus. She took a leading role in a nursing-history exhibit to observe the SON's 50th anniversary in 2000. Based in the Alabama Museum of the Health Sciences at UAB's Lister Hill Library, the exhibit was a cooperative venture of the SON, the Alumni Association, and UAB Historical Collections. In addition, Ms. Cleveland took a lead in the Linna Hamilton Denny Historical Display at the Lister Hill Library. She also works with the SON development staff in maintaining nursing-history cabinets at the School of Nursing Building.

"We've been involved in collecting a wide range of precious nursing memorabilia," Ms. Cleveland says. "If you combine what we display at the SON and what we've turned over to the Alabama Museum of the Health Sciences and the UAB Archives, you'll find an assortment that includes old nursing textbooks, SON annuals, old nursing pins and uniforms, porcelain bedpans, and decades-old syringes and other equipment that nurses used in years gone by, plus a collection of priceless photographs and media clippings about nursing."

Ms. Cleveland has firsthand insight into the various roles of nurses. She was first a licensed practical nurse, then a diploma-graduate registered nurse working as a hospital staff nurse, and then a nurse-educator who had earned both her BSN and MSN degrees from the SON. "I really can understand, for example, the sadness that many nurses felt as so many

of the diploma-based nursing schools were phased out," she says. "As I matured in nursing, I understood the reasons for those developments. Actually, I was one of those pride-filled diploma graduates who felt that I already had such a good clinical education that a baccalaureate school couldn't teach me anything. I found out I was wrong about that."



Pat Cleveland strives to preserve nursing's past.

Ms. Cleveland traces her love for history to her family roots. "I had a grandfather who was a school principal, and we have had several teachers in our family. I always loved history in school. Even as a little kid I felt the need to save things that might be of historical value."

Although she still enjoys being the archivist for the SON Alumni Association, Ms. Cleveland says she would like to find a suitable individual who one day can succeed her in the role. "If someone is interested in nursing history and wants to learn the role of being the archivist, I surely would like to pass on what I know."



RACHEL BOOTH RETIRES AFTER SERVING 18 YEARS AS DEAN



By Anita Smith



Dr. Rachel Booth (right), with UAB President Dr. Carol Garrison, was an advocate for advanced-practice nursing throughout her tenure as dean.

Rachel Z. Booth, PhD, paid a visit to the UAB campus in 1987 when a search was under way to recruit a new dean for the School of Nursing.

Dr. Booth came for the UAB visit after being contacted by a member of the search committee that was seeking a replacement for the school's second dean, Marie L. O'Koren, EdD, who had announced plans to retire.

At the time of the visit to UAB, Dr. Booth was the top-ranking nurse educator at Duke University. She came to UAB not as an applicant for the SON deanship but as an advisor to the search committee. Not interested in making a career change at the time, Dr. Booth was content to remain assistant vice president for health affairs and dean of the School of Nursing at Duke.

PERSISTENCE PAYS OFF

While visiting Birmingham, however, Dr. Booth encountered Charles A. "Scotty" McCallum, DMD, MD, who was interim president and soon-to-be president of UAB. Dr. McCallum wanted Dr. Booth to function in a role far beyond that of advisor. He wanted her to become the SON's next dean.

"Dr. McCallum showed me a five-year plan for the future direction of UAB," Dr. Booth says. "I recall being so impressed." Still, Dr. Booth left UAB with her mind focused on staying at Duke. But UAB's efforts to recruit her continued. She was asked to come for a second visit to UAB, and she took an even more thorough look around, finally accepting the position as SON dean.

Now, 18 years later, Dr. Booth has retired, effective August 31, 2005. Reflecting on her decision to accept the SON deanship, she says the good things Dr. McCallum told her about UAB have proved true. "I'm so glad I came," she says. "UAB truly is a unique university, especially in areas such as interdisciplinary work, entrepreneurship, and collaboration between nursing education and nursing service." Such qualities are not easily found on many university campuses, Dr. Booth says. "At UAB these strengths aren't just ideas put forth in written or spoken words. These strengths are realities."

A NONTRADITIONAL TRADITION

Dr. Booth speaks with considerable affection for the nursing school she has led for almost 18 of its 55 years. The school consistently ranks in the top 5 percent of the almost 700 baccalaureate-andgraduate-degree nursing schools in the nation.

"I'm so proud of our school and our faculty, students, and staff," she says. "I strongly believe that a key reason our school has been so successful over the decades is both the ability and the willingness of our faculty to take on nontraditional projects, to take risks in order to meet society's needs and the market needs at any point in time.

"This willingness to take risks and the ability to pursue nontraditional goals successfully are extraordinary features of our school, and I hope this will continue into the future. Actually, these traits are among the factors that attracted me to this School of Nursing. I believe it's always been that way here, dating back to the school's very beginning."

Dr. Booth notes that much of the credit for creating the school's risk-taking framework goes to her predecessors—founding dean Florence A. Hixson, EdD, and Marie L. O'Koren, EdD.

BEYOND BORDERS

Throughout her tenure as dean, Dr. Booth has been a leader in nursing education at the local, regional, national, and international levels. She has served as president of the American Association of Colleges of Nursing, an organization representing hundreds of nursing schools across the nation that award degrees at the baccalaureate and graduate levels. She also has served as president of the Southern Regional Education Board's Council on Collegiate Education for Nursing.

A strong advocate of sharing ideas with other nations, Dr. Booth took on a major role in international nursing. In the early 1990s, she became director of a World Health Organization (WHO) Collaborating Center for International Nursing when the SON was named the sixth

nursing school in the United States, and the 28th worldwide, to receive such a designation. In 1999, she was awarded an honorary doctoral degree in nursing by the King of Thailand, His Majesty King Bhumibol Adulyadej. The award recognized UAB's support of nursing education in Thailand, and Dr. Booth became the first foreign nurse ever to receive the honor.

children Brittany, Katherine, and Bryan. Another priority is to travel. "Although Richard and I have traveled a great deal, we still want to take in the history and culture of some more countries." The third focus, Dr. Booth says, is "to fill in gaps in the genealogical research that we started years ago." At a later time, Dr. Booth plans to add a fourth

endeavor to her retirement schedule. "At some point, I'll be doing some volunteer work," she says. "I've been fortunate to be part of Birmingham these past 18 years, and I want to continue to help the community move forward."

ADVANCING ADVANCED PRACTICE

The desire to be a pioneer in nursing education dates to Dr. Booth's earliest years at the University of Maryland, where she became the founding chair of the nursing school's Department of Primary Care and rose to the position of associate dean. At Maryland in the early 1970s, Dr. Booth led a project that created one of the nation's first nurse-practitioner programs, and she remains a strong advocate of advanced-practice nursing. "It has been a highlight of my career to be in on the ground floor of nurse-practitioner programs and to watch them grow and develop," Dr. Booth says.

Examples of Dr. Booth's accomplishments at the SON include:

- Pushing for a modernized curriculum, including the creation of a PhD program.
- Supporting nursing research through the SON's Center for Nursing Research. UAB now ranks 16th among the nation's baccalaureate-and-graduate-degree nursing schools in research funding from the National Institutes of Health.
- Advocating nursing programs that reach out to underserved populations and address cultural diversity.
- Making use of technology in a timely, constructive manner. The SON, for example, has been a pioneer on the UAB campus in online education.

CONNECTING TO THE COMMUNITY

Community outreach was a major priority for Dr. Booth. She established the SON's Board of Visitors in 1992. The board consists of 40 community leaders and supports the school through fund-raising and community-awareness efforts. The board has generated more than \$3.5 million in support for the SON.

In conjunction with Dr. Booth's retirement, the Board of Visitors has named its most recent endowed scholarship in her honor and dedicated it to support doctoral education at the SON. "I am extremely pleased with the success, commitment, and loyalty of this Board of Visitors," Dr. Booth says. "Working with this group has been such a gratifying experience for me. The board's accomplishments have extended far beyond what I possibly could have imagined."

Dr. Booth says she and her husband Richard have three sets of plans heading into retirement. One is to spend more time with their family, including son Kevin, daughter-in-law Kim, and teenage grand-

Pushing Progress as an Agent of Change

Charles A. "Scotty" McCallum, DMD, MD, enjoys thinking back to the search that led to Rachel Booth becoming dean of the School of Nursing at UAB.

"I'm so glad it was possible back in 1987 to convince Rachel Booth to become dean of our School of Nursing," says Dr. McCallum, retired president of UAB and now mayor of Vestavia Hills, Alabama. "I'm very proud of Rachel and of the excellent School of Nursing she has led. Rachel has done a superb job as an administrator, leader, and innovator."

Kathleen "Kay" Gainor Andreoli (DSN, 1979), the first graduate of the DSN program at UAB, also has praise for Dr. Booth's leadership. Dr. Andreoli has announced her retirement as dean of the College of Nursing and vice president of nursing academic affairs at Rush University Medical Center in Chicago, Illinois.

"Rachel Booth is leaving an impressive legacy at UAB," Dr. Andreoli says. "Under her visionary leadership, UAB's School of Nursing has become a nationally recognized institution of higher learning. This is due to the quality of the school's faculty, leadership, and students, along with its contributions to nursing science and its dynamic curriculum.

"Converting the school's doctoral program to a PhD program is just one example of Dr. Booth's expertise as a modern change agent. We alumni will forever be grateful for her intellect, integrity, judgment, endurance, and courage."

Jean A. Kelley, EdD, retired SON associate dean for graduate studies, has had connections to the SON for 51 of its 55 years. Dr. Kelley earned her BSN at the school in the mid-1950s, was on the school's faculty for almost 31 years (including 19 as director of the graduate program), and has consulted with the school since her retirement.

Dr. Kelley has known all three SON deans, and when thinking of Dr. Booth's tenure, her thoughts turn to a ceremony on August 6, 1990. The occasion was the unveiling of Dr. Booth's portrait at the School of Nursing Building, less than three years after she became dean. Dr. Kelley was the speaker at that ceremony.

"On that day, I described the contributions that Dean Florence Hixson and Dean Marie O'Koren already had made to the school, calling Dean Hixson The Architect' and Dean O'Koren 'The Expander," Dr. Kelley says. "In that speech I also made predictions about the tenure of Dean Rachel Booth, and I'm pleased but not surprised those predictions have come true. I predicted Dean Booth would be 'The Beautifier' for our school, in terms of beautifying the School's building and grounds, and far beyond that, in terms of beautifying and moving forward the school's curricula, programs, and national and international outreach.

"I also predicted that Dean Booth would have a long tenure as the school's dean, that she would have a term of service similar to Dean Hixson's 20 years and Dean O'Koren's 17 years. As Dean Booth retires after having been the school's dean for almost 18 years, we are grateful for her many contributions. She indeed has been the school's beautifier:"

Doreen Harper, PhD, RN, FAAN

BUILDING ON A LEGACY OF STABLE LEADERSHIP

By Roger Shuler

Doreen C. Harper has spent her life around nurses. Having grown up in Riverside, Rhode Island, as the daughter of a nurse and a biochemist, it seems fitting that she would follow in her parents' footsteps and choose a career in health care.

"Growing up, I was always surrounded by friends of the family who were nurses, physicians and other health-care providers," Dr. Harper says. "I had a mom who loved nursing and caring for patients, so for me to become interested in nursing was a natural progression."

That progression helped Dr. Harper find her life's work, promoting the nursing profession and preparing well-educated professional and advanced-practice nurses, executives, faculty, and scientists. All along the way, her goal was to help enhance the delivery of health care.

The pursuit of that goal brought Dr. Harper to Birmingham, where she became the fourth dean of the School of Nursing at UAB last November 1. "Anyone in academic nursing knows the legacy of this School of Nursing," Dr. Harper says. "The quality of its graduates and faculty is known worldwide, and the opportunity to continue to build partnerships with nursing, other disciplines, and communities to improve health care as part of a top-tier nursing school seemed like a logical next step in my academic career."

THE POWER OF PARTNERSHIPS

Dr. Harper comes to UAB after serving five years as dean of the Graduate School of Nursing at the University of Massachusetts Worcester (UMW). During her years at UMW, she led an expansion in nursing faculty, established an independent PhD program in nursing, grew master's and doctoral nursing enrollments by more than 200 percent, led the reaccreditation of the school, and enhanced the school's research profile with a significant rise in NIH funding.

While at UMW, Dr. Harper led community-driven partnership initiatives focused on the nursing shortage to increase enrollment, retention, graduation, and academic advancement of nursing students. As an example, she established a directentry master's program with a nurse residency for individuals with bachelor's degrees in fields other than nursing. "We developed a strategic partnership with UMW's Commonwealth Medicine and

UMass Memorial Health Care in order to create this three-year, prelicensure master's program," she says. "The program's goal is to prepare nurses as licensed RNs and advanced-practice nurses for entry into specialty areas where the need is greatest, such as critical care, chronic-disease management, and geriatrics."

Dr. Harper earned her bachelor's degree in nursing from Cornell University and earned a master's degree at Catholic University in Washington, D.C., focusing on psychiatric-mental-health nursing and nursing education. During her doctoral program at the University of Maryland, she not only earned a PhD in human development and gerontology, but also took postmaster's courses to become a certified adult nurse practitioner.

Early in her career, Dr. Harper was recruited to chair the undergraduate nursing program at the University of Maryland Baltimore County (UMBC). Her boss there was Rachel Booth, who would go on to become her predecessor as dean at the School of Nursing at UAB.

THE COMMUNITY CONNECTION

Dr. Harper's scholarly work is focused on the advanced-practice nursing role in primary care, through the development of community-based partnerships. She is nationally known for her expertise in nursing education, nurse-practitioner education, and policy development.

Dr. Harper taught all levels of nursing and medical education at the University of Maryland School of Nursing, George Mason University College of Nursing and Health Science, and The George Washington University School of Medicine and Health Sciences. She oversaw the W.K. Kellogg Foundation's Community Partnerships in Graduate Medical/Nursing Education Initiative, where she led six interdisciplinary academic/community partnerships in inner-city urban and rural areas throughout the country. She is the recipient of more than \$4 million in federal, state, and foundation funding for research and innovative programs. Her major contributions have been in the development of a nursing and health-professional workforce that improves access to high quality care for underserved populations.

"We worked with community-based clinics to enhance training and were able to get health care to people who did not have access," Dr. Harper



says. "The Kellogg Project taught me so much about academic health centers. Out of that experience, I recognized that I wanted to be a dean of nursing."

As dean of the School of Nursing at UAB, Dr. Harper is setting her sights on building a better community through nursing. "I am focused on using nursing academe to help build the community around us and to achieve better health outcomes for those we serve."

Dr. Harper lists four primary goals as she begins her deanship at the SON:

- Prepare future nursing faculty;
- Develop the use of clinical simulation to enhance nursing competencies;
- Develop leading-edge educational programs, including a graduate residency program in nursing and a new doctor of nursing practice program; and
- Generate rigorous, relevant research to improve health-care quality and outcomes.

Dr. Harper's husband, Bill, is a school principal, and the couple has three children. The Harpers enjoy golf and water activities and look forward to sampling Alabama's resources in both areas.

"I'm so impressed with the stability of the leadership at this school of nursing," Dr. Harper says. "To have had only three deans over 55 years is very unusual. I'm also impressed with the outstanding support we have from the university, our clinical partners, the community, our alumni, and our Board of Visitors.

"The school has a wonderful reputation that must be sustained through our international, regional, state, and community partnerships. We want to continue to build a talented, diverse student population, one that will lead nursing in Alabama and worldwide for years to come."

New Faculty

School Enjoys an Infusion of Talent

Dr. Shelley Huffstutler

Education:

DSN, UAB MSN, UAB (FNP and GNP certificates) BSN, UAB

Experience:

Before joining the SON faculty, Dr. Huffstutler served on the faculty at the University of Virginia (UVA) in Charlottesville from 1994 to 2004. She was director of UVA's primary-care nurse practitioner program for four years and served as a family nurse practitioner at several clinical sites in Virginia. She started her academic career at Auburn University, where she served on the nursing faculty from 1987 to 1994. She advanced from instructor to assistant professor to coordinator of the Accelerated Nursing Degree (AND) program. Dr. Huffstutler received a geriatric nurse practitioner certificate in 2003 from the University of Texas Medical Branch at Galveston. In 2002, she earned a certificate in Web-based nursing course design at the University of Indiana in Indianapolis. Before going into academic nursing, Dr. Huffstutler worked on the nursing staffs at UAB Hospital, Baptist Medical Center Montclair, and St. Vincent's Hospital in Birmingham. Her teaching career has focused on primary care, family nursing, advanced pharmacology, and health assessment.

Special Interests:

Geriatric care, community health, distance education, nurse-practitioner curricula, and handheld technology in education and practice.

Dr. Rhonda McLain

Education:

DSN, UAB MSN, Emory BSN, College of Mount Saint Joseph

Experience:

Before joining the SON faculty, Dr. McLain served on the nursing faculty at Clayton College and State University in Morrow, Georgia. Her teaching has focused on medicalsurgical and critical-care nursing, pathophysiology, and nursing assessment. She developed and taught an interdisciplinary course, Communication with Families. She incorporated Web-based technology in all of her courses and was chair of the curriculum committee. She started her career as an instructor in staff development and education at St. Mary's Hospital in West Palm Beach, Florida. She was a staff nurse, assistant administrative head nurse, and clinical nurse specialist at several facilities in the Atlanta area, including Georgia Baptist Medical Center, the Veterans Administration Medical Center in Decatur, and Northlake Regional Medical Center. She also served as an adjunct faculty member at Emory's Nell Hodgson Woodruff School of Nursing. At Emory, she participated in the development and implementation of the critical-care graduate program.

Special Interests:

Family stress, adaptation, and social support in the critical-care environment. Also has focused on technology and innovative teaching strategies in nursing.

Dr. Lisa South

Education:

DSN, UAB MSN, UAB BSN, University of Mississippi Medical Center BS, Mississippi State University

Experience:

Before joining the SON faculty, Dr. South was an assistant professor in the College of Nursing at the University of Alabama in Huntsville (UAH). During her eight years on the UAH faculty, she taught pediatric clinical courses at the undergraduate and graduate levels, along with courses in scholarly inquiry, physical assessment, oncology nursing, alternative therapies, measurement and evaluation, and professional practice. Before going to Huntsville, Dr. South was an assistant professor in the College of Nursing at the University of South Alabama, coordinating and teaching Nursing Care for Children. From 1987 to 1995, Dr. South held a variety of healthcare positions in Birmingham, including staff nurse at Children's Hospital, clinical coordinator at PharmaThera, Inc., research fellow at UAB, and director of nursing services at Family Help of Alabama. She was a faculty associate and clinical nurse specialist at the School of Nursing at UAB.

Special Interests:

Pediatric oncology, nursing issues related to the care of children, self-concept and social support of children with chronic illnesses, and mental-health issues secondary to medical diagnosis.



Shelley Huffstutler



Rhonda McLain



Lisa South

Linda Miers, DSN, discovered the foundation of her teaching philosophy when she read a quotation while studying nursing at the University of Nebraska Medical Center in the late 1960s.

"If I give you a thought, you may remember it or you may not," Dr. Miers says. "But if I can make you think a thought for yourself, I have indeed added to your stature."

Dr. Miers clearly enjoys recalling the quote. It sums up a philosophy that has served her well throughout a 36-year career in nursing. The most recent evidence of that came when Dr. Miers received the 2005 UAB President's Excellence in Teaching Award for the School of Nursing.



For Dr. Miers, the belief in her teaching philosophy was reinforced about 15 years ago when she read an article about the importance of proper questioning techniques in teaching.

"When I was a head nurse in the 1970s, if one of my nurses asked me a question, I would most likely say, 'What do you think?" Dr. Miers says. "They would tell me, and typically, they were right, and I would say go ahead. But if not, we'd talk about how they might correct it, or I might ask another question to make them think through why their first answer was not the best choice.

"I've done that with my students through the years. They like to joke and say, 'You never answer a question; you just ask another one.' But I don't readily give the answer because I want them to think it through."

Dr. Miers focuses on teaching advanced adult acute-care nursing. Most of her students will become nurse practitioners in the hospital setting. "The technical side is a portion of what we



A Guiding Hand

LEADING NURSES INTO ADVANCED PRACTICE

By Roger Shuler

teach," Dr. Miers says. "But the research shows that most of the time, the acute-care nurse practitioner is not there to do technical kinds of things. They are there primarily to monitor the patient and look at outcomes of therapies, whether they are working or not."

Students in the adult acute-care program are encouraged to have at least two years of experience as staff nurses, with one of those in the critical-care environment. Critical-care nurses tend to have Type A personalities, Dr. Miers says, and that can be both a plus and a minus. "They are conscious of what they need to know and how to get that knowledge," she says. "But we try to make sure that they don't have a cockiness about them because that's usually the point where you get in trouble. We want them to always be questioning, to be good assessors."

A HIGH-IMPACT PROFESSION

The role of nurse practitioner was first developed in the mid-1960s, but acute-care nurse practitioners did not come along until the early

1990s. Dr. Miers attended several national conferences where curriculum for the new field was developed.

"I try to get across the importance of being accountable for what they are taking on," she says. "I want them to understand that they will be making decisions that really affect people's lives.

"Many of the people in our program end up working with physicians, becoming their eyes and hands when the physician can't be there. Our graduates do the kinds of things that an intern or resident might do. They don't have the same depth of knowledge that a physician would have, but we try to have them prepared to make that level of decision."

The idea of becoming a nurse first occurred to Dr. Miers when she was in the third grade and had her tonsils taken out. "This one nurse was particularly nice to me, and I can still see her face," Dr. Miers says. "I figured that anybody who could stand there and watch me vomit blood must be an OK person, and I wanted to be like that."

Karle Falkenburg

Planting the Seeds of Support

By Cindy Riley

Karle Falkenburg seemed an unlikely candidate to serve on the School of Nursing's Board of Visitors. She had pursued a career in fashion, so the health-care field was unfamiliar territory. But a long-time School of Nursing supporter thought Mrs. Falkenburg would be an excellent fit for the board.

"Bob Luckie, one of the first members of the board, approached me in 1997 and asked me if I would be interested in becoming a member," Mrs. Falkenburg says. "I had no idea that UAB had a School of Nursing, much less a group of people who acted as ambassadors to help raise awareness and money for muchneeded scholarships for students. After meeting with Dean Rachel Booth and being assured that I didn't need a nursing degree and I didn't need any special knowledge about nursing, I agreed to join the board."

A PASSION FOR PROGRESS

Mrs. Falkenburg quickly realized she had made a good decision. "After seeing Dr. Booth's passion for what she does, along with the passion of the other board members, I became hooked," Mrs. Falkenburg says. "It is very difficult for students to keep up with studies and also work. Our scholarships take a financial burden off the students so they can spend more time on class work and their clinicals. This makes for better prepared, better qualified nurses."

Mrs. Falkenburg became chair of the Board of Visitors in May 2004. She says her biggest challenge has been trying to maintain standards set by previous leaders. "The board has been tremendously successful. UAB has just come off the Campaign for UAB in which the School of Nursing made 138 percent of its goal. As current board chair, I want to continue that kind of successful fund-raising and leadership."

Community involvement is not new to Falkenburg. In the early 1980s, she served as director of the Fillies, the dance squad for the Birmingham Stallions professional football team. In addition to performing at games, the Fillies were encouraged to volunteer and support charity events. "The girls were very much in demand," Mrs. Falkenburg says. "I attended all the events with them and came to realize the need for service in the community.

"I am so thankful that I had that opportunity, and I hope I have passed on to my children, Ashelynn and Peyton, the need to serve. I still keep in touch with some of the Fillies, and I like to think that the reason some of them pursued medical careers was because of the opportunity they had to perform charitable work with men, women, and children who had suffered from various illnesses."

In April the Board of Visitors held its annual fund-raiser, with proceeds earmarked for a scholarship honoring Dr. Booth. The theme was "M*A*S*H 2005: R&R in Honolulu." Mrs. Falkenburg was just one of many SON supporters who got into the spirit of the event. "I dressed up in a hula costume, and Dr. Doug Tilt dressed as Corporal Klinger in a muumuu. It was a great success, and we all had a lot of fun."

STAYING THE COURSE

Mrs. Falkenburg says the Board of Visitors plays an important role in the transition following Dr. Booth's retirement in September. "My goal as chair is to continue the high standards and vision set by Dean Booth when she started this board in 1992. We



Karle Falkenburg has turned her background in fashion and community involvement into a passion for nursing education.

have come a long way, but there is still much to be done. As long as there is a need for nurses, there will be a need for scholarships. The board looks forward to continuing this work with our new dean, Dr. Doreen Harper."

Dr. Booth says the board has a bright future under Mrs. Falkenburg's leadership. "Karle has been consistently active during all her years on the board. She is energetic and committed to UAB and the School of Nursing. When she has a job to do, her strategy is to stay focused and get it completed. She is truly a valuable asset to the school."

Bob Luckie, founder of the Luckie & Company advertising agency,

looks back fondly on his effort to get Mrs. Falkenburg involved with the School of Nursing. "Karle is a very bright woman of substance and depth," Mr. Luckie says. "She gets the job done on time with great grace and common sense, without confusion or commotion. She is dedicated, with a passion for assisting others and addressing the job at hand with energy and intelligence."

For Mrs. Falkenburg, who once planned to attend law school, the goal is to help others. "Maybe the law is something I will pursue in my next lifetime," she says. "That would help me become an even better advocate for nursing."

STUDENT PROFILES

Karla Papagni a career path is born

By Cindy Riley

Karla Papagni's decision to become a laborand-delivery nurse came at a crucial moment.

"It was the day my daughter was born," Mrs. Papagni says. "We had some complications that required a forceps delivery, and I was physically and emotionally exhausted. Katie, my labor-and-delivery nurse, held my hand when I began to cry. She encouraged me and reassured me that it was completely normal to be afraid. My daughter turned out fine, and I left the hospital knowing I wanted to be just like Katie."

FROM BENCH TO BEDSIDE

Mrs. Papagni reenrolled at UAB just before her daughter Sofia's first birthday. Having earned a bachelor's degree in biology in 1997, Mrs. Papagni had been working at the university as a research assistant in the Department of Pediatrics. But her career path changed when she entered the School of Nursing. She was named the school's outstanding BSN student for spring 2005.

"I went to nursing school knowing my primary interest was childbirth," Mrs. Papagni says. "Through my involvement in the Honors Program, I became interested in nurse midwifery. I conducted a research project with a local midwife and doula [labor coach]. Their enthusiasm for the field was inspiring, so I chose to investigate the relationship between doulas and labor-and-delivery nurses."

Ellen Buckner, DSN, coordinator of the School of Nursing's Honors Program, says Mrs. Papagni has a bright future in nursing. "Karla completed the very demanding nursing curriculum with an almost perfect GPA, while working and managing her own family. She has strong beliefs in supporting the laboring mother."

A PERSONAL APPROACH

Mrs. Papagni hopes her personal experience will help her relate to patients. "Childbirth is scary, especially for first-time mothers," she says. "Little things can mean so much. Most people see nursing as very technical, but it's the simple things that make the most difference in a patient's life."

After graduation, Mrs. Papagni plans to work in a labor-and-delivery unit for a few years before going to graduate school to become a certified nurse-midwife. She is aware of misconceptions about the role of midwives. "When most people hear the word midwife, they think of a little old woman with her bag of herbs and tinctures delivering babies at home. That is just not the case. While many midwives do attend



Karla Papagni plans to become a certified nurse-midwife.

home births, the majority work in hospitals. A certified nurse-midwife is a highly trained nurse who cares for uncomplicated pregnancies and delivers infants in a variety of settings."

Janet Edens ———

ADDING TO THE DEPTH OF NURSING KNOWLEDGE

By Cindy Riley



Janet Edens (left) receives the Outstanding DSN Student Award from Dr. Pamela Fordham.

When she decided to earn a doctoral degree from the School of Nursing at UAB, Janet Edens knew it would be a challenge.

The curriculum was one factor. Logistics was another, especially since she lived in Middlesboro, Kentucky, and served as an adjunct faculty member at Lincoln Memorial University in Harrogate, Tennessee.

"I was told several times that persistence was the key in completing the degree," Dr. Edens says. "I started out by attending classes on the UAB campus in the summers and continued to teach during the school year.

"In order to finish my course work, I stopped working and continued on campus full-time for three years. After that I was able to return home and continue my studies to complete my dissertation research project."

REACHING THE NEXT LEVEL

Edens began her nursing career in 1970, after graduating from St. Joseph's Hospital School of

STUDENT PROFILES

Brian Widmar HIGHTECH AND HIGHTOUCH

By Roger Shuler

At the age of 12, with his mother in the hospital experiencing respiratory distress, Brian Widmar made a solemn pledge.

"I was sitting in the room next to her," Mr. Widmar says. "She looked over at me, and while wheezing and struggling to breathe, told me she loved me and not to worry."

Mr. Widmar's mother survived, but the episode left an indelible mark on him. "I was probably the most afraid I have ever been," he says. "During the whole scene, only one person stopped to talk to me and to make sure I was OK. It was a nurse who saw me crying in the corner."

HEEDING THE CALL

From that moment, Mr. Widmar realized his calling and pledged to become a nurse. He now works as a nurse on the heart-transplant unit at UAB Hospital and was named the outstanding MSN student for 2005 at the School of Nursing. "I believe this is what I was meant to do," Mr. Widmar says. "As a critical-care nurse, I know how important I am to those who feel as helpless as I once did.

"In the transplant community, you know these people and their families, and you're with them through every medical event in their lives. When they die, you lose a friend. When they do well and leave, you miss them. I think what I take from my work is that I see in these people—my patients—such a desire to live and a strength, in them and their families, that I have never seen anywhere else."

Widmar completed the BSN program at the School of Nursing in 2003 and graduated from the acute-care nurse practitioner program in May 2005. He hopes to eventually earn a doctoral degree in order to teach and possibly conduct research.

LESSONS FROM THE FRONT LINE

Working on the UAB Hospital heart-transplant unit is an ongoing learning experience, Mr. Widmar says. "I knew when I came here that I would get the best critical-care, research, and technology exposure and experience. Not many hospitals feel comfortable managing transplant patients' care. I've gotten a lot of experience beyond standard cardiac and pulmonary care."

Coworkers say Mr. Widmar has the combination of technical and interpersonal skills that is needed in the acute-care setting. "Brian has a strong work ethic, and he is willing to learn new techniques and strategies to optimize the best

patient outcomes," says Theresa Wadas, MSN.

Mr. Widmar credits his family for supporting him. "My parents have been so supportive of everything I have ever done in my life. They continue to say if I were to quit tomorrow, they still couldn't be any more proud of me."



Brian Widmar works in the acute-care setting at UAB Hospital.

Nursing in Tacoma, Washington. After a sevenyear clinical stint, she returned to school and completed a BSN in 1985 at the University of Tennessee at Knoxville. Four years later, she completed an MSN from the University of Missouri at Columbia. But her studies were far from over.

"In order to have a greater impact, I could see that I needed a doctorate in nursing," Edens says. She completed her doctorate last December and was named the School of Nursing's outstanding DSN student for 2004.

"My ultimate career goal is to teach in a baccalaureate/graduate nursing program," Edens says. "As Americans are living longer, nursing care has become more complicated. Nurses from baccalaureate-degree nursing programs will be able to provide that care more effectively.

"I also want to conduct research on the most effective ways of engaging women in breastcancer screening, with the goal of reducing the diagnosis of late-stage breast cancer. The best place to conduct nursing research is in a major university setting, and a doctoral degree is necessary in order to do this."

A FIRM FOUNDATION

While it meant pursing a degree long-distance, Edens knew UAB was where she wanted to study. "The University of Alabama School of Nursing at UAB provides nurses at all levels with a solid base in caring for the health-care

needs of people both today and in the future. I am thankful for the professors who were willing to lend an ear and provide guidance both in and out of the classroom. Dr. Ann Clark, Dr. Joan Grant, Dr. Ayda Nambayan, Dr. Martha Williams, and Dr. Pamela Fordham are several who were particularly helpful to me."

Says Dr. Fordham: "Janet is a very hard worker and she's very thorough. I find her to be extremely dedicated. She was an excellent student and always gave it her all."

Edens looks forward to growing in her academic career. "In producing original research, there is a certain amount of reflection that is needed," she says. "It's important to know when you need help and when you must answer your own questions."

Distinguished Alumna

Stressing the Value of Stress Management

By Christina Crowe

It may seem counterintuitive to use a form of martial arts to ease psychological distress. But Dr. Nancy McCain, DSN, and her colleagues at the Center for Biobehavioral Research at Virginia Commonwealth University are doing just that.

Dr. McCain received her doctoral degree from the School of Nursing at UAB in 1983. She is wrapping up a nine-year study, sponsored by the National Institutes of Health, on the impact of coping skills-including the use of meditation, tai chi, and other forms of spiritual growth-on HIV patients.

"We're interested in enhancing immune functions," Dr. McCain says. "Our immune systems are resilient enough to resist a lot on their own, but in people who have immune disorders such as HIV, we believe we can create more positive outcomes. For them, a little bit of change in immune function can make a big difference."



Dr. McCain's study of nearly 400 HIV patients divided them into three groups that each learned stress-management skills. One group used cognitive-behavioral methods such as relaxation and mental imagery. The second group received tai chi training. The third group focused on spiritual growth, "becoming attuned to one's spirituality as a coping method," Dr. McCain says.

"These interventions have a positive effect on certain aspects of quality of life," she says. "We are seeing some patterns in the immune system."

The study of the connections between the brain and the immune system is called psychoneuroimmunology (PNI). Dr. McCain had been studying PNI concepts for a decade before the science received an official name, but she says it's a notion that goes back centuries.

Dr. McCain and her team are still analyzing data from the HIV research, but they have extended tai chi and

spiritual-growth interventions to a new group of patients—women with breast cancer.

"Breast cancer is of particular interest to us because it's fairly widespread, and we know women experience the effects of this very stressful situation for a long time," Dr. McCain says.

A New Mexico native who has spent most of her adult life in the South, Dr. McCain says her interest in becoming a nurse stemmed from work she did at a veterinarian's office. Also, her older sister is a nurse.

"I thought I would like working with people better than working with animals," she says. "I sort of followed in my sister's footsteps and have never regretted it."

INSIGHTS AND UNDERSTANDING

Dr. McCain received her bachelor's and master's degrees from the University of Mississippi before coming to UAB to earn her DSN. "UAB turned out to be a very good fit. It was exactly what I needed at that time. I often say it was one of the best times of my life."

In 1992, Dr. McCain received a three-year fellowship to study PNI and HIV with Dr. Janice Zeller of Rush University in Chicago. From there, Dr. McCain went to Virginia Commonwealth, where she teaches PNI and biobehavioral courses and trains young investigators in PNI as it applies to nursing.

Throughout her 30-year career, Dr. McCain has seen PNI grow into an area ripe for academic inquiry. "PNI is based on basic science and good research, so no scientist is going to resist the powerful evidence that, for example, negative psychological states such as depression affect the immune system," she says. "Over the years, we've convinced people who were once less than enthusiastic about the merits of PNI. As the research has mounted, we have seen what a difference PNI-based interventions can make in the clinical setting."



Dr. Nancy McCain studies connections between the brain and the immune system.

ALUMNI NEWS

By Carolyn Jordan, Director of Development



Throughout this issue of *UAB Nursing* are stories and highlights marking a century of nursing education on the UAB campus. One hundred years of nursing education . . . just

think about it. When I think about it, I'm blown away by the history, the stories, the changes in the nursing field, the changes on UAB's campus, and the pioneer nurses who have made all of these changes happen.

For this milestone year, I took the opportunity to visit UAB Archives and flip through photos of the past 100 years. What I noticed from the photos is that the uniforms have changed, the hair styles have changed, but the dedication to nursing—and the compassion for patients and loved ones—has not changed at all. All of our alumni are pioneers, with graduates from the 2005 class feeling the same excitement and enthusiasm that the first graduates from the Hillman Hospital School of Nursing felt in 1905.

Whether you graduated from the SON at UAB, were there for the beginnings of the BSN and MSN programs in Tuscaloosa, or are

a graduate from one of the diploma schools of nursing, we know that you are a pioneer nurse, and you continue to be a pioneer every day in practice, in education, and in the overall field. You are the reason we can celebrate this milestone.

If you haven't done so already, I encourage you to take our animated walk through the first 100 years of nursing education at UAB on our Web site at [www.uab.edu/son]. This walk through time will make you laugh and maybe make you cry, but it will make you remember how important you are and how the roles you played as students—and the roles you play now as alums—make a difference.

Thank you for all that you do and thank you for bringing us to this milestone occasion. We look forward to kicking off the next 100 years of nursing education at UAB.

Alumni Chapter News President's Report

By Sandra Bryan (MSN, 2002)

As I wrap up my first year as president of the School of Nursing Chapter of the UAB National Alumni Society, I would like to say that it has been a privilege to serve.

We had a fun week during Homecoming, painting faces on young Blazer fans and gathering for the building decoration competition. We helped pin incoming nursing students at the Lamp of Learning ceremony, and we wished the seniors well with a breakfast before their final exams. We honored nurses and caught up with classmates, faculty, and friends on Alumni Night. And we awarded scholarships and awards to some very deserving nursing students.

This year marks the 100th year of nursing education on UAB's campus, but it is also the 25th anniversary of the University of Alabama School of Nursing Chapter of the UAB National Alumni Society. We celebrated this anniversary

at the fourth annual Alumni Night on October 6, and we enjoyed seeing all of our alumni and friends on that special night.

We've had a wonderful year, thanks largely to the dedicated service of our board members: Patrick Hubbard (BSN, 2003), president-elect; Carol Davenport (BSN, 1987), vice-president for alumni affairs; Gabriella Cooper (BSN, 2004), vice-president for student affairs; Nan Tedesco (BSN, 1984), secretary; Pat Cleveland (BSN, 1973; MSN, 1975), archivist; Sandy Morgan (MSN, 2000), board member/nominations; Dr. Mildred Hamner (MSN, 1965), board member/scholarships and awards; and Phillip Bowden (BSN,1992; MSN, 1996), past president. Thanks for all that you do for the school and for our chapter.

A special thank you to Carolyn Jordan and Stephanie Allen in the Office of Development and Alumni Relations. Their hard work and dedication has certainly made a difference at the School of Nursing.

I look forward to serving another year as president and hope to see you at our upcoming events. This is a very exciting time for our chapter, as we continue to grow and discover new activities to share with students and alumni. If

you are interested in becoming involved with the chapter as a board member or a committee member, please contact the Alumni Relations Office at [nursealum@uab.edu].

Happy birthday to the School of Nursing and the SON Alumni Association Chapter.



ALUMNINACTION



I. Dr. Pamela Fordham, Lyn McDurmont, Carol Linn, and Erin Fadlevich; 2. Pat Long, Mardell Davis, and Burnell Pullum; 3. SON alumni officers Gabriella Cooper, Pat Cleveland, Patrick Hubbard, Dr. Mildred Hamner, Sandra Bryan, Carol Davenport, and Phillip Bowden; 4. Jo Ann Barnett Award recipient Madeline Harris and Dr. Mildred Hamner.

A NIGHT FOR HONORS

The School of Nursing Alumni Association hosted its third annual Alumni Night on November 4, 2004, at the Vestavia Country Club. This event continues to be a special tradition for the School of Nursing, as alumni gather with former classmates, reminisce with former professors, recognize outstanding students, and honor nurses in practice who exemplify the best the profession has to offer.

The evening began with a reception, and then guests were welcomed to dinner and treated to a presentation of photos depicting the school's history.

Beth Carmichael was named Outstanding BSN Student for the fall 2004 semester, Brian Widmar was named Outstanding MSN Student of the Year, and Janet Edens was named Outstanding PhD Student of the Year.

The Alumni Association recognized three nominees for the 2004 Jo Ann Barnett Award for Compassionate Nursing Care: Laura Banner (BSN, 1994), Madeline Harris (BSN, 1975; MSN 1980), and Carol Linn (BSN, 1986). Madeline Harris was named recipient of the award.

Ms. Harris is an advanced-practice nurse at the Interdisciplinary Breast Cancer Clinic at The Kirklin Clinic on the UAB campus. She is also the founder, administrative liaison, and staff coordinator for the Angel Squad, and she led Climb for the Cause, a nationally recognized project that sent five Alabama breast-cancer survivors to Mount Kilimanjaro.

Dean Rachel Z. Booth, PhD, presented the 2004 Distinguished Alumna Award to Dr. Nancy McCain (DSN, 1983). Dr. McCain is a professor in the Department of Adult Health at Virginia Commonwealth University School of Nursing in Richmond. She is an internationally recognized scholar in the emerging science of psychoneuroimmunology. She serves on the NIH Scientific Review Group for Biobehavioral AIDS-Related Research and is a member of Phi Kappa Phi and Sigma Theta Tau, as well as a fellow of the American Academy of Nursing.

The evening concluded with a powerful video on the importance of nursing scholarships. All proceeds from the event supported the Student/ Alumni Scholarship.

ALUMS AND STUDENTS ENDOW SCHOLARSHIP

SON students and alumni have established the first endowed nursing scholarship with gifts funded solely from current and former students. The Student/Alumni Endowed Nursing Scholarship project began as a student initiative in 2001 and became a partnership with the SON Annual Fund and Alumni Association Chapter.

At the SON's third annual Alumni Night in November 2004, outgoing Alumni Association President Phillip Bowden (BSN, 1992; MSN, 1996) announced that the school surpassed its initial goal of \$25,000 for the Student/Alumni Endowed Nursing Scholarship, raising more than \$31,000 to support deserving students. "The ultimate goal for this and for all endowed scholarships is \$100,000, which provides for the school's most generous scholarship award," Mr. Bowden says. "Through ongoing fund-raising efforts, including student-organized and alumni events, the Annual Fund, and the Phonathon, we hope to achieve \$50,000 for the Student/Alumni Scholarship by Alumni Night 2005."

Says Dr. Booth: "Scholarships are an important way for us to address the ongoing nursing shortage, for they assist us in recruiting top students to UAB. The pooled contributions of these loyal graduates have created a scholarship that will support students whose technical skill, compassion, and ambition are in great demand.

"It's especially gratifying to see this scholarship become a reality through the contributions of so many nursing students and graduates. Hundreds of people have made this scholarship possible, and it will mean the world to the students who receive it."

In 2004, the school awarded more than \$350,000 in scholarships to students in the BSN, MSN, and PhD programs. Among the SON's 45 endowed funds is the Marie L. O'Koren Endowed Nursing Scholarship, established in 1996 in honor of the SON's second dean and coordinated by the Alumni Chapter.



Outgoing Alumni Association President Phillip Bowden presents Dr. Rachel Booth with a check for the Student/Alumni Endowed Nursing Scholarship.

To help bring the Student/Alumni Endowed Nursing Scholarship to \$50,000, contact Scholarships and Alumni Administrator Carolyn Jordan at (205) 975-2443, or via e-mail at [nursealum@uab.edu].

HIGHLIGHTS FROM HOMECOMING

School of Nursing students, faculty, and alumni gathered to celebrate UAB's Homecoming 2004. UAB played the Houston Cougars in the Homecoming football game, and students and alumni participated in the week's events. "It's Been a Blazing Decade" was the Homecoming theme, and the School of Nursing was decorated for a gigantic birthday party, with a delicious cake included for all who came to celebrate the occasion. The School of Nursing was awarded "Best Tasting Building Decorations" for its scrumptious confection. Students participated in the gurney derby race, and alumni painted face tattoos on Blazer fans, young and old, during the Blazer Village festivities. As always, Homecoming Week is a wonderful experience for the School of Nursing, and Homecoming 2005 promised to be another fun and exciting time.

The School of Nursing and the SON Alumni Association were also involved in activities for Homecoming Week 2005. The UAB Blazers played Southern Methodist University at Legion Field on October 8.

The School of Nursing and the SON Alumni Association hosted the fourth annual Alumni Night on Thursday, October 6, 2005. This year marks a century of nursing education on UAB's campus, and we invited all SON alumni and graduates of our diploma nursing programs (Hillman, Jefferson, Jefferson-Hillman, and UAB Hospitals) to join us as we celebrated the milestone.

BEING A BLAZER NURSE

For a limited time, "Blazer Nurse" T-shirts are still available at the SON. These are 100-percent cotton, long-sleeved, white T-shirts. Sizes available are large and XL, and the cost is \$10 each. All proceeds from the sales of these shirts will support the SON Student/Alumni Scholarship. If you would like to order T-shirts, please come by Room 119 of the School of Nursing or mail a check to: School of Nursing, Office of Alumni Relations, NB 119, 1530 3RD AVE S, BIRMINGHAM AL 35294-1210. For mail orders, please add \$1.50 for shipping. If you have any questions, please call (205) 975-8936.

PROVIDING E-NEWS

The SON is currently sending an e-newsletter to every graduate who has provided us with an e-mail address. This e-newsletter is filled with





(Above) Students participate in the candlelighting at the Lamp of Learning Ceremony; (below) Dr. Rachel Booth pins a Lamp of Learning honoree.

details about upcoming events, alumni activities, school and UAB announcements, alumni highlights, and much more. We want to keep you informed about your school, so please send your e-mail address to [nursealum@uab.edu] if you would like to receive our e-newsletter and stay connected with your classmates.

THE LAMP OF LEARNING

In September 2004, the SON celebrated the one-year anniversary of the Lamp of Learning Ceremony. Established by the Alumni Association in September 2003, the ceremony welcomes students to the beginning of their nursing careers and reminds them of the vital role they will play in the lives of their patients.

Each semester, students receive a small gold lamp pin, which becomes part of their official UAB student uniform and will remind them each day of the commitment they have made to the highest ideals of the nursing profession.

Students learn about the history of nursing and the contribution nurses have made to society. And, in the image of Florence Nightingale, all students receive a lighted candle to carry with them as they begin their journey as nurses. Nursing faculty members, board members of the Alumni Association, distinguished alumni, and guests also light candles and join in the celebration.

Jean Shinners Sherlock (BSN, 1973), of Birmingham, and the Mayer Electric Foundation generously sponsor the pinning ceremony, and the Alumni Association Board sponsors a reception.

A CENTURY OF NURSING EDUCATION AT UAB

This year marks the 100th anniversary of nursing education on UAB's campus. To celebrate, the School of Nursing put together an animated tour of the past 100 years on our Web site at [www.uab.edu.son]. Please enjoy our inspirational walk through time with the first graduates of Hillman, then Jefferson, Jefferson-Hillman, and University Hospital schools of nursing, to the beginnings of the BSN and MSN programs in Tuscaloosa, to the first years of the DSN and PhD programs at the School of Nursing at UAB, to the students of 2005, the first students of our second century of nursing education at UAB.

ALUMNI ASSOCIATION CELEBRATES 25TH ANNIVERSARY

On February 2, 1980, Dr. Jean Kelley (BSN, 1955) chaired a meeting to officially establish the SON Alumni Association. This meeting launched a new era for the school, with the goal of strengthening ties to alumni.

Dr. Elwynn "Chick" Hale (BSN, 1959) was elected as the inaugural president, and the association took over publication of the annual newsletter, *Alumni News*, until 1992, when the school began publishing *Vignette*.

The alumni association has helped enhance the SON in many ways. It had portraits of Deans Florence A. Hixson, Marie L. O'Koren, and Rachel Z. Booth commissioned and hung in the school's lobby. And it voted to include graduates of the four hospital diploma programs as members.

In 1995, the association established the Marie L. O'Koren School of Nursing Alumni Association Endowed Scholarship, and the first scholarship was awarded in 1997.

The association also supports SON students by providing funds for engraving students' initials on school pins and for framing undergraduate class composites that hang in the hallways. Each semester, the association honors an outstanding student in each BSN graduating class and an MSN and a doctoral student of the year. Each semester, the association provides breakfast for graduating seniors before their final exams.

In 2002, the association established the Jo Ann Barnett Award for Compassionate Nursing Care. This award honors the memory of Ms. Barnett (BSN, 1987; MSN, 1990) by recognizing nurses who exemplify the best in nursing care; nurses who go beyond what is necessary and do what is needed. The same year, the association established the Lamp of Learning Ceremony to initiate students into the School of Nursing and started Alumni Night to host alumni reunions.

ALUMNI NOTES

Dr. Susan Benedict (DSN, 1983) was among those honored as the Medical University of South Carolina's finest nurses in 2004.

Dr. Ellen Buckner (BSN, 1975; MSN, 1983; DSN, 1987) is the 2005 recipient of the Ellen Gregg Ingalls/UAB National Alumni Society Award for Lifetime Achievement in Teaching. The award recognizes full-time, regular faculty members who have demonstrated an outstanding commitment to teaching.

Dr. Shieu-ming Chou (DSN, 1997) was appointed as president of the National Taichung Nursing College in Taichung, Taiwan.

Dr. Joanne Disch (MSN, 1976) was appointed interim dean at the University of Minnesota School of Nursing. She was the 1994 recipient of the SON's Distinguished Alumna Award.

Deborah Grimes, RN, JD (BSN, 1986), has accepted the position of director of the Joint Commission on Accreditation of Healthcare Organizations and Regulatory Affairs. Grimes has served as a risk manager for UAB Health System for seven years and staff nurse in Labor and Delivery for 10 years at UAB Hospital.

Dr. Constance Smith Hendricks (BSN, 1974) has been appointed dean of the School of Nursing at Hampton University in Hampton, Virginia. Dr. Hendricks was formerly the director of the graduate nursing programs at Southern University and A&M College.

Dr. Mary Hill (DSN, 1999) has been elected to the Board of Directors of the Southern Region Educational Board's Council of Collegiate Education for Nursing. Dr. Hill recently was appointed dean of the Alcorn State University School of Nursing.

Captain Ronald K. Hodgen (BSN, 1996) is the primary researcher and author of

the study "Examining the Influence of Nurse Case Management in Health Care Outcomes," published in the August 2002 edition of *Care Management, Official Journal of Case Management*. Captain Hodgen has been selected by the USAF Nurse Corps for the 2007 nurse anesthesia class at the Uniformed Services University of Health Sciences, Bethesda, Maryland.

Jacquelyn Y. Martinek (BSN, 1979) was promoted to chief nursing officer at Brookwood Medical Center. She has been with the hospital since 1979 and most recently served as vice president of women's and oncology services.

Dr. Alberta McCaleb (BSN, 1977; MSN, 1981; DSN, 1991), chairwoman of the undergraduate nursing program at the SON, was selected to serve as a Magnet Hospital site visitor/evaluator by the American Nursing Association.

Dr. Linda Miers (MSN, 1980; DSN, 1993) was selected as the SON's recipient of the 2005 UAB President's Excellence in Teaching Award.

Dr. Ann Mabe Newman (DSN, 1991) was elected to the American Nurses Association Congress on Nursing Practice and Economics.

Karla Papagni (BSN, 2005) won first place in health-related professions at the University of Alabama System Honors Day. (See story, page 14.)

Carol Jefferson Ratcliffe (MSN, 1995) is the new vice president for patient-care services at Medical Center East.

Dr. Linda Roussel (DSN, 1990) co-authored the recently published *Management and Leadership for Nurse Administrators, Fourth Edition.*

Dr. Lynn Stover (BSN, 1989; MSN, 1993; DSN, 2000) is serving as president of Rho Psi Chapter of Sigma Theta Tau in Savannah, Georgia. Dr. Stover is also on the Board of Directors for the Coastal Georgia Chapter of the Make-A-Wish Foundation.

Dr. Mary Umlauf (MSN, 2003) has been elected to the nominating committee for the Southern Nursing Research Society

Dr. Sharon B. Wyatt (BSN, 1970; MSN, 1971) was inducted as a fellow in the American Academy of Nursing for 2005.

In Memoriam

Gladys Todd Rouse Broome Wolfe (DIPL, 1935) of Salisbury, North Carolina, died October 3, 2004.

Dr. Mable E. Lamb (BSN, 1966; MSN, 1974; DSN, 1983), of Birmingham, died July 30, 2005.

Making a Memorial Gift

To honor the memory of a friend or loved one with a gift to the School of Nursing, contact us at (205) 975-8936 or via mail at:

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For additional information, please contact Carolyn Ross Jordan, School of Nursing, NB 119A, 1701 University Boulevard, Birmingham AL 35294-1210 (205) 975-8936 / rossc@uab.edu.

Always consult your tax or legal advisor when considering a planned gift.





In October 2004, the School of Nursing hosted its fourth annual reception to honor scholarship donors and recipients: 1. Dr. Marie O'Koren (center) with Sasha Ramini, Nelly Garcia, Karla Papagni, Brian Widmar, Christy Scoggins, Anita Narramore, Stephanie Hall, and Anna Kate Murray, the 2004-05 recipients of O'Koren Scholarships. 2. Board of Visitors member Barrett Brock MacKay with Erica Mosley, recipient of the Brock Family Endowed Nursing Scholarship; 3. Anna Kate Murray, recipient of the Peggy Spain McDonald Endowed Nursing Scholarship, with Dr. Cameron McDonald Vowell; 4. Dr. Rachel Booth (second from left) with Dean's Scholarship recipients Kevin Brantley, Jason Douglass, and Pamela Stephenson; 5. Patty Barnett (center) with Jo Ann Barnett Scholarship recipients Barbara Jernigan and Melissa Bush; 6. Sara McAllister (center), recipient of the Francis S. Falkenburg Endowed Nursing Scholarship, with Ashelynn Falkenburg and Board of Visitors Chair Karle Falkenburg.











M*A*S*H GOESTO HONOLULU



On April 17, the Board of Visitors hosted "M*A*S*H 2005: R&R in Honolulu," a spin-off of the 2004 party to raise funds for its endowed scholarships. Building on the success of the 2004 M*A*S*H-Make Another Scholarship Happen event, the 2005 party was held at Zamora Shrine Temple in Irondale and was chaired by Dr. Edward Varner, Jarman Lowder, and Nancy Worthington. The evening featured "Cocktails at Sunset," with hors d'oeuvres and cocktails; "Luau on the Shore," a seated dinner; a seven-minute video featuring Drs. Doug Tilt, Ed Varner, and Nancy Dunlap, all physicians, describing the power of nurses in their own practices; and David Lee as Elvis. Board of Visitors Chair Karle Falkenburg and member Jean Tomlinson announced that the endowed scholarship established by the 2005 "M*A*S*H party will be named the Rachel Z. Booth Endowed Nursing Scholarship at UAB. Some 350 costumed guests attended the event. Each nurse present received a gold star-shaped "medal" honoring his or her commitment to the profession and allowing all guests to recognize nurses in the crowd.

- I. Camille Ransom, Jimmy Ransom, Marsha Duell, David Lee as Elvis, Richard Duell, Sandra Morris, Board of Visitors Past Chair Bobbie Parsons, Jim Parsons, Board of Visitors Co-Chair Elizabeth Wallace, and David Morris;
- 2. Dr. Rachel Booth and Board of Visitors Chair Karle Falkenburg;
- 3.Tom Lowder, Lovie Dixon, Ed Dixon, and M*A*S*H party chair and Board of Visitors member Jarman Lowder.











4. Board of Visitors member Barrett MacKay and Rick MacKay with George Wallace and Board of Visitors member Elizabeth Wallace; 5. Dr. Juanzetta Flowers, Bill Ireland, and Mel Cleveland; 6. Jan Conner and Dr. Robert Conner with Board of Visitors member Fay Ireland and Bill Ireland.

e continue to face a worldwide nursing shortage, and this presents a significant challenge for the School of Nursing. But UAB is moving forward to recruit the best and brightest nursing students while investing in people and programs that will help us meet the demand for highly skilled, compassionate nurses.

The School of Nursing meets this challenge through the endowment of scholarships and programs for our students. Endowment is important because it is an investment in our future. It means that gifts from our alumni and donors exist in perpetuity, and scholarship and program funds will be available for our students for many generations to come.

This year, the School of Nursing has exceeded the \$10-million mark in the endowment of chairs, scholarships, lectureships, professorships, funds, pledged gifts, and planned gifts.

At the School of Nursing, we focus on raising funds for endowment because it is an investment in tomorrow's nurses. Here's how endowment works:

The minimum needed to endow a scholarship at UAB is \$25,000, which can be made as a single gift or several combined gifts, as a pledge of up to five years, or as part of an estate plan. A scholarship at the \$25,000 level generally pays about one-fourth of one student's tuition in current dollars, so the School of Nursing's ultimate goal is to have scholarships funded at the \$100,000 level, which provides our most generous support. The school is happy to receive gifts beyond that level as well.

At \$25,000, however, an endowed scholarship provides significant relief to the student who receives it and may make it possible for that student to remain in school for a semester or a year.

Endowed funds are professionally invested through the University of Alabama Pooled Endowment Fund, and a portion of the income is made available to fund the scholarship according to a spending rate established and annually reviewed by the University of Alabama Board of Trustees. Annual reports are issued on the endowment status.

Why is this important for the future of nursing? Many

nursing students pay their own way through school, balancing a considerable financial burden with a demanding academic and clinical course load. Most UAB students are responsible for part or all of their tuition and related expenses. Many are the first members of their families to attend college and, as such, may be unable to rely on financial support from home. Endowed scholarships make a lasting impact on these students by easing their financial worries, allowing them to focus on their studies and clinical experiences.

One powerful testament to endowment is the Jernigan Endowed Nursing Scholarship at the School of Nursing, established by Mr. and Mrs. Thomas E. Jernigan Sr. This scholarship, endowed in 1991, has provided scholarship funding for 21 nursing students. Funds continue to exist in endowment, and they provide a sound investment for the education of tomorrow's nurses.

Another compelling example is The Endowment Fund for Nursing Undergraduate Honors, in honor of Kristen Celia Wallace and Gerald Leon Wallace Jr., established by School of Nursing Board of Visitors member Celia Wallace. Established just this year, this endowment will provide much-needed funds to undergraduate honors students who will present their research locally, regionally, and nationally.

Most all School of Nursing scholarships exist in endowment, allowing for a secure future for our students. All School of Nursing scholarships can be named for the donor, to honor a family member, colleague or friend, or to honor the memory of a family member, colleague or friend. The need for nursing scholarships and program support is ongoing, and it is made even more urgent by the continuing worldwide nursing shortage and the challenge of funding a college degree in the face of reduced state support.

The School of Nursing at UAB seeks gifts to establish named endowed nursing scholarships and programs to support students as they pursue baccalaureate, master's and doctoral degrees in nursing. If you are interested in talking with the School of Nursing about endowment opportunities, please contact the Office of Development and Alumni Relations at (205) 975-8936.



Honor Roll of Donors

The School of Nursing deeply appreciates the support of its activities provided by alumni and friends. It is a pleasure and a privilege to recognize, through the following list, supporters whose generosity continues to be of vital importance to the school in achieving its mission. The following individuals, corporations, and foundations made gifts or in-kind contributions to the School of Nursing between July 1, 2004, and June 30, 2005. Every effort has been made to ensure the accuracy of this listing. For corrections, please notify the School of Nursing Development and Alumni Relations Office, NB 119, 1530 3rd Avenue South, Birmingham, Alabama 35294-1210; telephone, (205) 975-8936; e-mail [nursealum@uab.edu].

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Julia H. Williams (DIPL 1964)

Frank M. Wilson

Mr. and Mrs. Allan D. Worthington

\$100 TO \$499

Mr. and Mrs. John F. Abele

Jane A. Abernathy (BSN 1979)

Laura M. Abernethy

Aerodyne Alloys LLC

Dr. Kathleen G. Andreoli (DSN 1979)

Fredrick J. Astle (BSN 1974)

AstraZeneca Pharmaceuticals

Col. Mary Ann Austin (MSN 1979)

Dr. and Mrs. J. Max Austin III

Patty Lynn Barnett and Pam Grover Smith

Brad Begin

Melinda D. Beswick (BSN 1975, MSN 1976)

Dr. and Mrs. Richard Edgar Blackwell

Dr. Kirby I. Bland

Dr. Martha Elizabeth Branyon (DIPL 1957, BSN 1963, MSN 1969)

Patricia Canavan Brown (BSN 1959)

Denise B. Bruns

Judge and Mrs. John N. Bryan Jr.

Dr. Ellen B. Buckner (BSN 1975, MSN 1983, DSN 1987)

and Richard N. Buckner

Buffalo Rock

Virginia C. Busby (BSN 1993)

Sara Bush (DIPL 1955)

Mr. and Mrs. Ehney A. Camp III

Dr. and Mrs. Waldemar A. Carlo

Mr. and Mrs. Marcus S. Cassimus

Charlotte Enslen Chew

Mr. and Mrs. lerry B. Clark

Patricia J. Cleveland (BSN 1975, MSN 1975)

Mr. and Mrs. John W. Coles III

Mr. and Mrs. E.N. Conaway

Laurel Lafoy Conner (BSN 1975, MSN 1983)

Rachel L. Copper (BSN 1982, MSN 1989)

Copperweld

Dr. Ruth B. Craddock (DSN 1982)

Craft Electric Company Inc.

Ms. Charlotte W. Cramer (MSN 1976)

Sallie C. Creel

Susan E. Davenport

Deem LLC

Velma Denson (MSN 1964) and Ronald C. Denson

Joy Payne Deupree (BSN 1994, MSN 1997)

Mr. and Mrs. Edwin M. Dixon

Nancy F. Dubois (BSN 2004)

Mr. and Mrs. Richard Duell III

Dr. Sandra B. Dunbar (DSN 1982)

Susan F. Duncan (BSN 1978)

Marty B. Eason (BSN 1982)

Col. and Mrs. John W. Eastman Dr. Ann E. Edgil (BSN 1971, MSN 1975, DSN 1980)

Mr. and Mrs. William F. Edmonds

Marilyn M. Edwards

Mary Z. McKinnon Edwards (DIPL 1955)

Barbara J. Eisenhart (MSN 1977)

Linda A. Engle (DIPL 1955)

Betty Etherton (MSN 2004) Claire H. Fairley

Dr. Sandra H. Faria (DIPL 1968, BSN 1974, MSN 1975, DSN 1989)

Mr. and Mrs. James J. Filler Dr. Juanzetta S. Flowers (BSN 1966, MSN 1983, DSN 1985)

Marjorie Harrison Forney

Toula Fulford

Rebecca A. Gary (MSN 1979)

GE Capital Earlene Wright Gibbons (DIPL 1955)

Mr. and Mrs. Rodney C. Gilbert

Bebe Barksdale Goetter (BSN 1974) Barbara S. Grant

Stella K. Grenier

The Hackney Foundation

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Dr. and Mrs. Griff Harsh III

Nick and Judy Hartmann Dr. and Mrs. Jimmie H. Harvey Jr.

Arlene Henley

Marilyn M. Henry (MSN 1981) Constance K. Herman (DIPL 1954)

Mr. and Mrs. Donald E. Hess

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Ronald K. Hodgen (BSN 1996)

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Mr. and Mrs. Glenn Ireland II Mr. and Mrs. Ben Ivey Jackson

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Dr. Judith N. Jones (DSN 1980)

Dr. Maxine B. Jones (MSN 1967, DSN 1983)

Mr. and Mrs. Robert T. Jones Mr. and Mrs. William H. Jordan Dr. Nancy A. Keller (DSN 1985) Dr. Jean J. Kelley (BSN 1956)

Susan J. Kennedy

Mr. and Mrs. William B. Kidd Kay Kinnear (BSN 1959)

Dr. Marguerite Rodgers Kinney (BSN 1961, MSN 1967)

Beverly A. Kracke (MSN 1981) Dr. Lora Lacey-Haun (MSN 1980) Deborah J. Laney (BSN 1992, MSN 1993)

Mr. and Mrs. Donald W. Lang Mrs. Rebecca C. Langston (DIPL 1955)

Beverly Ann Layton (BSN 1978) Mr. and Mrs. Robert S. Lister

Betty W. Loeb

Mr. and Mrs. Robert Lee Loftin III

Nimrod W. E. Long

Blanche Lowery (BSN 1974)

Sue Ellen Lucas (MSN 1980) and Michael Lucas

Mr. and Mrs. Robert E. Luckie III **Anita Smith Lunsford**

Alfred E. Lupien (MSN 1989) Rose Ann Lyles-Gaeden (BSN 1969)

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June R. Matsos

Dr. and Mrs. Alan R. Matthews

Dr. Charles A. McCallum and Alice McCallum (DIPL 1950)

Ed McCracken (BSN 1974, MSN 1977)

Dr. Ellen C. McElroy (DIPL 1955, MSN 1975, DSN 1990)

Dr. and Mrs. Richard T. McGlaughlin

Mr. and Mrs. Jerry Miklic Martha C. Mims (DIPL 1955)

Jean K. Montgomery

Mary G. Montgomery (DIPL 1955) Mr. and Mrs. Buell V. Moore

Patricia Owens Moore

Bettie Jean Edwards Morales (DIPL 1959)

Dr. Bob Morris

Dr. Victoria J. Morrison (BSN 1980) Mr. and Mrs. Steve P. Morton Ann Drennen Murry*

Sandra Wiess Murvin Patsy J. Myers (MSN 1980) Mr. and Mrs. Alex W. Newton **Nucor-Berkeley Division** Nucor Steel lackson Inc. **Nucor Steel Tuscaloosa Inc. Nucor-Yamato Steel Company** Mr. and Mrs. Patrick O'Donnell Mr. and Mrs. Emmet O'Neal III O'Neal Steel Inc.-Shelbyville District

Dr. Vivienne Andrea Parodi (DSN 1997) Shonquatta R. Parson (BSN 2000)

Renita lo Pearson

Samie Pellegrine (BSN 2002)

O'Neal Steel-Tampa, Florida

Dr. Virginia Pennington (MSN 1971, DSN 1986)

Dr. and Mrs. Craig Philpot Pamela Pieper (MSN 1983) Dr. James Powell Susan Powell

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Loretta P. Preston (BSN 1989, MSN 1996)

Margaret I. Ritchey **Lyndy Rogers**

Jacquelyn R. Rosser (DIPL 1955)

Dr. Jan A. Rowe

Cathy Lee Rudisill (BSN 1979) Dr. Karen Hughes Saenz

Dr. Merle M. Salter and Dr. Paul P. Salter Jr.

Mr. and Mrs. William H. Satterfield

Kay Scruggs lane B. Selfe

Dr. Faye H. Shaffer (MSN 1981, DSN 1988)

Mr. and Mrs. Leo A. Shaia Elizabeth O'Neal Shannon Sharp Realty & Management Mr. and Mrs. John D. Sherrill Jr.

Janet Locke Skinner (BSN 1996, MSN 2000) and Vaughan Skinner

SMI Steel Inc. Nancy H Smith Catherine S. Smithwick **Solid Steel Sales** Sheila G. Sparks Dr. Shirley M. Steele

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Sandrah Swetkovich-Berglund

Greta V. Trimm (BSN 1972, MSN 1982, MSN 1998)

and Jerry M. Trimm

UAB Hospital

UAB Office of Development, Alumni, and External Affairs

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Dr. Cameron S. Vowell and Judge J. Scott Vowell

Mr. and Mrs. Kenneth D. Wallis II

Margaret G. Ware

Mr. and Mrs. John Whisenhunt

Karley Kay Wigton (BSN 1976, MSN 1981)

Alabama E. Williams

Dr. Carol A. Williams (DSN 1982) Dr. and Mrs. Tom Winokur Gloria J. Winters

Lynn L. Woehle

Mary R. Zamarripa (MSN 1979)

GIFTS TO \$99

Marcia Elizabeth Abernathy (MSN 1985) Ruth C. Abrahams (BSN 1960, MSN 1971)

Deborah J. Adams

Rebecca L. Adams (BSN 2004) Sharon B. Adams (DIPL 1968) Shelda T. Strahan Adams (BSN 1989)

Rose Pelagie Ahoulou **Rose Ainsworth**

Patsy A. Allen (BSN 1979, MSN 1981) Amy L. Anderson (BSN 1995) Hazel McCaghren Anderson Sarah M. Archer (DIPL 1947) Mr. and Mrs. Keith B. Arendall Peggy Oberman Argent (DIPL 1965)

Stephanie L. Armstead Barbara W. Arnold Rhonda Lynn Ash Ashley P. Atkinson Joselyn Bacon Sharon Elizabeth Bailey Bettye J. Baker

Anna L. Balentine

Winifred Jeanette Banks (DIPL 1953) Linda A. Bertsch Barber (MSN 1988)

Linda Feeley Barber (MSN 1984) Diane Cook Locke Barkley (BSN 1969) Kathleen B. Barry (DIPL 1949) Vadus L. Beard Jr. (BSN 1979) Pegge L. Bell (MSN 1979) Chiquitta M. Bender-Bracy

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Loretta Bischoff (MSN 1979)

Brenda Faye McCord Bish (DIPL 1964)

Beverly A. Bishop

Mr. and Mrs. William I. Black

Jeanetta M. Blakely Barry L. Blakeney

Tara Boleyn

Kay P. Blakeney (BSN 1961, MSN 1970)

Betty L. Blevins (DIPL 1956) Mary Beth Bodin (MSN 1985) Marlene B. Bohannon

Wendy Christina Booth (BSN 1985, MSN 1988)

Laurie A. Borst (MSN 1994) Daniele Boulet (BSN 1982) Pamela R. Bourgoin (BSN 1979) Phillip W. Bowden (BSN 1992, MSN 1996)

Lucy Ridley Box (DIPL 1962)

Lakeshia N. Boyd David Brandt

Holly H. Brennan (MSN 1979) lla Kelley Britton (DIPL 1946)

Dr. Janet C. Brookman (MSN 1984, DSN 1989)

Mary E. Broshears (BSN 1979) Barbara A. Brown (DIPL 1954)

Judy D. Bruno

Sandra Bryan (MSN 2002)

Sandra P. Brvan

Gwenetta Freeman Bryant Helen D. Bryant (DIPL 1964)

Zetheaida Bryant Randy D. Bumpers W. Sue Bunch (DIPL 1947) Patricia B. Burlin (MSN 1983) Rebecca Elizabeth Burns (BSN 1989) John B. Burson III (BSN 1997) Louise Sanders Burton (DIPL 1959)

Doris Faye Edwards Bush (DIPL 1955, MSN 1981)

Mary B. Byram (BSN 1984) Jennifer B. Byrd (BSN 1998)

Dan Caldwell Allison Calhoun

Gloria Weber Calhoun (DSN 1985) Melissa Callahan (BSN 1994) Mr. and Mrs. Charles W. Callans Helen Coburn Capell (DIPL 1949)

Dr. Joan Burttram Carlisle (BSN 1975, MSN 1979, DSN 1991)

Ellen B. Carmichael (MSN 1996)

Pamela T. Carpenter (BSN 1980, MSN 1986)

Grover E. Carrell (BSN 1999) Candis Carrillo (MSN 1984)

Karen L. Carter

Tawana Casey (BSN 2004) Carolyn B. Chalkley (BSN 1969, MSN 1971)

Shannon Champion Dr. Lucy Gravlee Chapman Maxine H. Chapple Charles P. Childs

Jacqueline A. Childs (MSN 1981) Jennifer L. Chisam (BSN 2000) Mr. and Mrs. Charles T. Clayton Jr. Kisha C. Coleman (MSN 2002)

Laura M. Coleman (BSN 1994, MSN 1996)

Ola W. Coleman

Paula S. Coleman (BSN 1973, MSN 1981)

Sarah R. Collier

Dr. Nancy Collis-Mele (DSN 1996)

Amy Kilgore Cook

Barbara Duncan Cook (BSN 1964) Dana Cook (MSN 2005)

June C. Cook (BSN 1970)

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Martha Jackson Hill (DIPL 1956, BSN 1959, MSN 1960) Jennifer K. Cooper Lt. Barry L. Felt (MSN 1980) Tara Cordle (BSN 2004) Etta H. Felton (MSN 1994) Dr. Mary H. Hill (DSN 1999) Michelle R. Hill (BSN 1994) leffrey S. Cornelius Terri J. Ferguson (BSN 1974) Joanna D. Cost Mr. and Mrs. Peter K. Finnerty Patricia S. Hillman (MSN 1997) Serena M. Coulombe Eleanor D. Fisher (BSN 1978, MSN 1984) Dr. Edith L. Hilton (DSN 1999) Joyce Worthy Coulter (DIPL 1955) Dr. Dorcas C. Fitzgerald (BSN 1965, MSN 1969) Leslie N. Hines (BSN 2003) Elizabeth A. Flanagan (DIPL 1963) Terre M. Cowling (MSN 1999) Dr. Marcia B. Hobbs (DSN 1991) Mary A. Crawford (DIPL 1945) Mr. and Mrs. Ralph Fluker Brandi Thompson Hodges (BSN 1995) Deborah P. Hodges (BSN 1975) Karan J. Cremer Debbie W. Flynn (BSN 1995) Emma C. Crenshaw Beverly B. Forbes (MSN 1999) Mr. and Mrs. Donald F. Hodurski Mr. and Mrs. William M. Crenshaw Dr. Pamela N. Fordham (MSN 1976, DSN 1989) Mr. and Mrs. W. Roy Hoffman Jr. Mr. and Mrs. Francis H. Crockard Jr. Janet D. Fowler and Dennis Dwain Fowler Gail B. Holland (DIPL 1957) (BSN 1985, MSN 1990) Katherine E. Hollifield (BSN 1985) Kathryn A. Crow Mary V. Culvahouse (DIPL 1940) Ellen P. Frederick (BSN 1978) Charlotte Adams Hooten (DIPL 1964) ludy Lane Elkins Horn (DIPL 1964) Mr. and Mrs. Marcus E. Cumbie Karen M. Freeman (BSN 1984) Dawn W. Curtis Laura A. Frizzell (BSN 2003) Colleen M. Horrell (BSN 2001) Mr. Gregory Randall Cusimano (BSN 1985) Carol Dale Gaines (BSN 1986) Sherlyn E. Howard (BSN 1996) Bobbie Simone Atkinson Howell (DIPL 1959) and Belinda D. Cusimano Ladonna Gaines Charney Livezey Howell (DIPL 1969) Cynthia W. Cyrus Lily Ruth Garst (BSN 1985) Clyde L. Daigle (MSN 1997) Dr. Susan W. Gaskins (DSN 1990) Janice F. Howell (BSN 1973) Mr. and Mrs. Clifford S. Dangler Jr. Kathy M. Gaston (MSN 1984) Kay B. Hubbard (BSN 1975, MSN 1982) Patricia S. Daniel (BSN 1979) Dr. Janice T. Gay (BSN 1970, MSN 1975, DSN 1979) Patrick A. Hubbard (BSN 2003) Cathi Gentry (BSN 1978, MSN 1997) Kathy Hudgens (BSN 1981) Amy G. Daugherty Marcelia Virginia Gibbs (DIPL 1961) Mr. and Mrs. Stancil A. Hudson Rebecca Daugherty (MSN 1977) Carol Davenport (BSN 1987) Elizabeth Suzanne Gilbert (BSN 1984, MSN 1986) Cherie P. Huey (BSN 1985) Isabel Holmes Davie (DIPL 1948) Sula M. Gillespie (BSN 1984, MSN 1995) Rebecca Feltman Huffman (DIPL 1962) Jane S. Davis (BSN 1986, MSN 2001) Charles B. Gills (MSN 2000) Annie Lou Newton Huguley (DIPL 1962) Dr. Jennifer D. Davis (MSN 1984) Stephanie N. Glass (BSN 1999) **Heather Hutchinson** Jennifer K. Glenn (BSN 2003) Deborah C. Hutsell (MSN 1980) Linda Kay Davis (BSN 1992, MSN 1997) Dr. Mardell Davis Kimberlee P. Gober (BSN 1994) Beth S. Hutton (MSN 1979) Mavis D. Davis Adelia Godwin (BSN 1974) Dr. Barbara L. Hyde (MSN 1971) Dr. and Mrs. Melvin H. Davis Adriana S. Gonzalez (BSN 1989) Lori J. Hyde (BSN 2004) Tanya M. Gooden (BSN 1982, MSN 2003) Teresa Ingle (BSN 1994) Patricia D. Davis June Goyne (BSN 1972, MSN 1979) Yonna G. Davis Cathy Ingram (BSN 1982, MSN 1987) Erik S. Graham (BSN 2004) Virginia R. Ingram (BSN 1973) Beverly H. Deal Carmon H. Denney Dr. Phyllis B. Graves (DSN 1979) Dr. Jean B. Ivey (BSN 1969, DSN 1991) Cathy Ann Denning (MSN 1981) Lenvell D. Greene (DIPL 1965) Alushay T. Jackson (BSN 1990) Jewell Dennis (DIPL 1943) Katherine S. Greenwood (BSN 1984) Keith E. Jackson (BSN 1996) Sheila D. Dickerson Amy S. Griffin (BSN 1977) Valeria O'Gwin Jackson (DIPL 1946) Brenda Digerness (DIPL 1967) Dr. Linda P. Grimsley (DSN 2003) Dr. Barbara R. James (DSN 2001) Carol Ann York Grooms (DIPL 1962) Joyce L. January (BSN 1997) Mary Elizabeth Digiorgio Dr. Wendy A. Dimicco (DSN 2002) Rhoda A. Hackman (MSN 1998) Molly Ann Johantgen (MSN 1982) Betty Lou Jarnes Haddon (DIPL 1958) Susan M. Dolson Cynthia Y. Johnson (BSN 1989) Betty Y. Hall (DIPL 1949) Kathryn M. Donahoo Daphne S. Johnson (BSN 1989) F. Lynn W. Hall (MSN 1994) Sandra K. Donnelly Evelyn Zehner Johnson (DIPL 1945) Lois Evans Dorough Linda S. Hall (BSN 1992, MSN 1995) Kandess R. Johnson (BSN 2004) Patricia Holliday Dorsett (DIPL 1957, MSN 1982) Dianne B. Hamilton Marilyn J. Johnson (BSN 1982) Bette J. Jolly (BSN 1975, MSN 1980) Laurabeth Doty (BSN 1984) Mr. and Mrs. Hal Hamilton Dr. Merrian Elizabeth Douglass (DSN 1991) Sharon H. Hamilton (BSN 1972, MSN 1974) Anetra G. Jones (BSN 1999) Katharyn W. Dowdle Angela B. Hammond (MSN 1994) Claudia A. Jones (MSN 1979) Lt. Colonel Theresa L. Dremsa (MSN 1989) Karen Ruth Hammond (BSN 1983, MSN 1989) Jeffery L. Jones (BSN 1979) Deborah Ann Driskill (BSN 1982, MSN 1987) Philip L. Hamrick (BSN 1994, MSN 1999) Phyllis A. Jones III (BSN 1995) Mr. and Mrs. Daniel Duffy Jeannie Handey (BSN 1979, MSN 1988) Carolyn Ross Iordan Jeanine M. Dumas Felicia M. Hardin Bonnie S. Judd (MSN 2004) Gayla Culpepper Duncan Rebecca Ann Hardin (BSN 1994) Emily K. Kappes (BSN 2004) Carolyn J. Keller (DIPL 1956, BSN 1968) Aurora Dunn (MSN 2000) Sondra Robinson Harkness (MSN 1981) Leslie L. Dunn (BSN 1999, MSN 2002) Nancy Nettles Harrell (BSN 1969) Mary Y. Kelley (BSN 1978) Deana K. Dykes Susan C. Harrell (BSN 1976, MSN 1978) Lt. Colonel Vivian A. Kelley (BSN 1985, MSN 1998) Gregory S. Eagerton (BSN 1985) and Sallie R. Eagerton (BSN 1988) Doris E. Martin Harrelson (DIPL 1947) Dr. Norman L. Keltner Alene H. Eastham (DIPL 1941) Madeline G. Harris (BSN 1975, MSN 1980) Princess L.M. Kemp (BSN 1973) loy R. Ebaugh (MSN 1982) Jacinta Harrison (BSN 2004) Gretchen A. Kennamer (MSN 1998) Kayla Edge (BSN 2002) Gayle W. Hart (BSN 1976) Mr. and Mrs. Charles I. Kennedy Brittie Manderson Hartline (DIPL 1955) Lisa B. Eleftheriou Tommie B. Kennedy Michael R. Ellis Ashley K. Hawkins (MSN 2000) Mr. and Mrs. William C. Kennedy Rear Adm. Joan M. Engel (MSN 1981) John Scott Hawkins (BSN 1986) Jill W. Klein (MSN 1978) Carolyn M. English (DIPL 1956, BSN 1958) Lynn S. Hazelrig (BSN 1979) Deborah Brink Knowles (BSN 1975) Billie Joyce Owen Heaton (DIPL 1955) Rebecca B. Ensminger (DIPL 1956) Lizabeth A. Labate (BSN 1994) Mary Gayle Ermert (MSN 1979) Evelyn Gertrude Landsman Held (DIPL 1953) Dywane Lafayette (BSN 1994) Elizabeth A. Lagrone (BSN 1974) Elizabeth H. Eversmann (MSN 2003) Ronnie L. Helton Leigh Faerber (MSN 1996) Ila P. Hamilton Henderson (DIPL 1954, BSN 1956) Dr. Carol Ann C. Lammon

Marites M. Hill (BSN 1997) Dr. Delores B. Lawson (DSN 2004)

(BSN 1977, MSN 1980)

Anne E. Lansu (MSN 1979)

Denisa A. Lawler (BSN 1996)

Kimberly Latham

Teresa Clary Lanning (BSN 1985)

27

Brenda Vaughn Henson (BSN 1979, MSN 1989)

Shirley W. Hester (BSN 1972, MSN 1983)

Cynthia P. Hill (BSN 1990)

Latricia N. Hill (BSN 2003)

Hallie B. Hill (BSN 1980)

Timothy P. Fagan (MSN 1994)

James A. Fain (MSN 1979)

Philicia J. Bianco Faulkner Naomi R. Fehrle (MSN 1983)

Martha W. Faulk (DIPL 1956)

Dr. Pamela S. Stewart Fahs (DSN 1991)

Connie Maxie Byrd Ledlow (DIPL 1956) Shirley A. Levert (BSN 1977) Pamela Carole Leverett (BSN 1984, MSN 1987) Evelyn W. Lewis (BSN 1989) Gloria Y. Lewis (BSN 1990) Deborah A. Light (MSN 2001) Daria W. Lightfoot (BSN 1977) Dr. Patricia A. P. Lillis (DSN 1985) Carol Ann Linn (BSN 1986) Judith Anne Lisa (MSN 1982) Carol H. Lockhart (BSN 1984, MSN 1986) Timothy D. Lowrey Patricia L. Lucas (BSN 1979) Betty E. Lueders (DIPL 1959) Margaret L. Lyles (MSN 1979) Jean M. Mahaffey (MSN 1999) Dr. Sheila M. Marable (BSN 1977, MSN 1983, DSN 2004) Jacquelyn Y. Martinek (BSN 1979) Carol B. Mason (BSN 1977, MSN 1983) Brad H. Massey (MSN 2001) and Laura N. Massey (MSN 2001) Cynthia N. Massey (BSN 1979) Virginia R. May (BSN 1985) Anne M. McCary (MSN 1991, MSN 1995) Susan Irvin McCool (BSN 1984) Sarah McDavid Regina F. McDonald (MSN 1997) Judith C. McDowell (BSN 1978, MSN 1982) Teresa C. McDowell (BSN 1994) Nancy Elizabeth McGreevy (MSN 1982) David Wayne McGregor (BSN 1981) Barbara M. McKenna (BSN 1971) Marie G. McKinley Dr. Rhonda M. McLain (DSN 2004) Beverly Busby McLauchlin (DIPL 1962) Delora M. McLaughlin (BSN 1987, MSN 1990) Capt. Elzena J. McWilliams (BSN 1983) Vivian C. Metz (DIPL 1945) Sally F. Mickle (BSN 1992) Dr. Linda J. Miers (MSN 1980, DSN 1993) Dr. Kathleen J. Mikan Debra M. Mims (BSN 1977) Lauren R. Minderhout (BSN 2001) Ashely R. Mitchell (BSN 1998) Colleen E. Mitchell (MSN 1979) Darlene S. Mitchell (BSN 1992, MSN 2000) Mrs. Melinda K. Monigold (MSN 1989) Dr. Rita Black Monsen (DSN 1988) Debra J. Montecerde (MSN 1980) Michele Montgomery (BSN 2004) Randy L. Moore (BSN 1993, MSN 2004) Victoria F. Moore (BSN 1994) Le Ella C Moorer (DIPL 1951) Heather H. Moreland (MSN 2003) Sandy D. Morgan (MSN 2000) Joy C. Morris (BSN 1966, MSN 1973) Joy P. Morris (BSN 1979) Patricia M. Morris (DIPL 1962) Mr. and Mrs. John H. Morrow La Keshia S. Moten (BSN 1998) Mercy S. Mugalla (BSN 2003) Neita F. Muglach Shelia J. Mulkey (BSN 1979) Vicki L. Murphy (BSN 1996) Michelle L. Murray (BSN 1992) Dr. Deanna J. Naddy (DSN 1994) Bromleigh Naftel (BSN 1977, MSN 1983) Amy G. Nance (MSN 1999) Charles S. Neilson Suzzan G. Nelson (MSN 2004) T. Charles Nelson (BSN 1979, MSN 1994)

Eleanor D. Nemec (BSN 1959)

Dratha A. Neumann (BSN 1970, MSN 1979) Dr. Ann Mabe Newman (DSN 1991) lean W. Norris (BSN 1982, MSN 1985) Kathlynn M. Northrup-Snyder (MSN 1994) Anita H. Norton (BSN 1972, MSN 1977) Dawn D. O'Brien (BSN 2001) Ruth M. Oglesby-Smith (BSN 1956, MSN 1959) June M. Oliver (MSN 1980) Linda W. Olivet (BSN 1964, MSN 1967, DSN 1985) Georgia A. O'Neal (MSN 1971, BSN 1976) Julia E. Orosz (MSN 1975) Audrey M. Oyama (BSN 1984) Cynthia D. Parker (BSN 1981) Keli L. Parker (BSN 2003) Sylvia J. Parsons (BSN 1981) Christopher A. Parton (BSN 1997) Marilyn S. Patterson (BSN 1979, MSN 1994) Donna Z. Paulk (BSN 1974) Mary Katherine Peacock (MSN 1971) Gloria P. Pearce (MSN 1982) Rebecca D. Peinhardt (MSN 1979) Catherine M. Pelham (BSN 1979) Vanetta Peoples (BSN 1992) Donald B. Perrin II (BSN 1987) Debra Perry (BSN 1997) Marilyn Marie Pesto (BSN 1975) Karen N. Phillips (BSN 1973) Dr. Carolyn S. Pierce (DSN 2002) Karen Pierce (BSN 1985) Dorothy M. Pilgreen Stephanie B. Poarch (BSN 2004) Kay C. Pomeroy Lori M. Ponder (MSN 2004) Katherine U. Poore (BSN 1987) Vlada Popova (BSN 2004) Janis E. Porter (MSN 1994) Ashley Lauren Posey (BSN 2004) Jill L. Potts (DIPL 1955) Sandra R. Pouncey (BSN 1990, MSN 2001) Sandra F. Powell (BSN 2000) Dr. Kalynn Pressly (MSN 1982, DSN 1993) Bobby Lee Price (BSN 1969) Dr. Robert Pritchett loice A. Promisee (MSN 2002) Nancy N. Pyron (DIPL 1965) Janice Andrzejewski Quick (BSN 1969, MSN 1978) Kimberly R. Ratcliff (MSN 2004) Carol Jefferson Ratcliffe (MSN 1995) April M. Ray (BSN 2002) Becky Faulkenberry Ray (DIPL 1966) Midge N. Ray (BSN 1974, MSN 1987) Olivia Ann Streater Reed (DIPL 1953) Cheryl H. Reese (MSN 1981) Tyrone L. Reese (BSN 2003) Mary Alice Reeves Elberta G. Reid Elizabeth E. Reid (BSN 1970, MSN 1974) Kara Franklin Reid (BSN 2004) Dr. Mary Lynn Reilly (BSN 1967, MSN 1977) Virginia D. Remeny (MSN 1994) Karol C. Renfroe (BSN 1981, MSN 1996) Connie Walden Revels (BSN 1983) P. E. Reymann (MSN 1978) Julia R. Reynolds (BSN 1972) Martha Webber Richards (DIPL 1961)

Suzanne Fitzpatrick Richards (MSN 1979)

Ida Beatrice Rivers-Brown (DIPL 1960)

Jacqueline A. Richardson

(BSN 1990, MSN 2002)

Theresa D. Richburg (BSN 1977)

Pamela O. Ritchey (MSN 2003)

Julianna G. Rizo (BSN 2000)

Charlene Robertson (MSN 1980)

Bettye Jo Rogers (BSN 1974, MSN 1978) Dr. Candace M. Rogers (DSN 2004) Ronald R. Roscoe (BSN 1967) Bobbie Casper Ross (DIPL 1945) Dr. Billie R. Rozell (BSN 1973, MSN 1974, DSN 1982) Dr. Jeanne Salyer (DIPL 1967, BSN 1972, MSN 1975) Amy A. Sanders (BSN 1980) Mary S. Sanders (DIPL 1957) Edward S. Sanshu (DIPL 1969, BSN 1971) Maribeth I. Sauer (BSN 1989, MSN 1998) Donna M. Sawhill (BSN 1977) James D. Saxon (BSN 1997) Janice B. Scholl (BSN 1957, MSN 1971) Melanie O. Schultz (BSN 1978, MSN 1982) Phyllis J. Scoggins (BSN 1987) Sherry A. Scott (MSN 1979) Margaret Beaty Grissom Seaman (DIPL 1962) Judith Spell Shanks (MSN 1982) Delores Kay McEwen Sherman (BSN 1969, MSN 1973) L. Debrena Short Lynne O. Simmons Tyran Stephanie Simmons (BSN 1984) Argeria R. Simpson (BSN 1989) Frances B. Simpson (BSN 1980) Dr. Ann T. Sirles (BSN 1971, MSN 1972, DSN 1985) David H. Slabaugh (MSN 1983) Edna I. Smith (BSN 1994) Francesca L. Smith (BSN 2003) Maria A. Smith (DSN 1992) Dr. Myra A. Smith (BSN 1973, MSN 1980) Sandra M. Smith (BSN 1984) Valerie A. Smith (BSN 1985) Adrienne N. Southworth (BSN 2001) Mindy L. Spigel (MSN 1980) Norma Kay Verciglio Sprayberry (MSN 1975) Melissa H. Spurr (MSN 1976) Deborah K. Stafford (BSN 1973) Sarah L. Stallings (DIPL 1944) Amie B. Stamba (BSN 1996) Frances Q. Stanfield (BSN 1984) Gwendolyn S. Starkey (BSN 1997) Donna G. Stephen (BSN 1979) Nancy Ann Hopkins Stephens (DIPL 1966) Shelia D. Stephens (BSN 1997) Debra Stewart (BSN 1978, MSN 1995) Leona W. Stewart (BSN 1970, MSN 1971) Terry M. Stewart (BSN 1969) Ruth Helms Stopak (MSN 1989) Elizabeth A. Stokes (MSN 2004) Sherry M. Stough (BSN 1978, MSN 1987) W. Kathryn B. Stout (BSN 1979) Dr. Linda A. Streit (DSN 1991) Sally Dawley Stroud (DIPL 1968) Frances A. Stuckwisch (MSN 1999) Deann S. Sudderth (BSN 1985) Lucy Sugg Karen A. Sullivan (BSN 1979, MSN 1989) Stephen E. Swanagin Pauline C. Talley (BSN 1972, MSN 1974) Karen Ann Talton (MSN 1984) Mr. and Mrs. Robert Tate Carol V. Tatum (BSN 1978) Anita J. Taylor Audrey M. Taylor (DIPL 1946) Carla J. Taylor (BSN 1982) Danica S. Taylor (BSN 1998, MSN 2002) Edwina M. Taylor (MSN 1999) Gwendolyn D. Taylor (BSN 1989)

Lisa Robinson (BSN 1988, MSN 1990)

Cheryl S. Rodgers (BSN 1979)

Pamela P. Taylor (BSN 1993) Nan Tedesco (BSN 1984) Tammi Lynn Teer (BSN 1992) Norma Funderburg Templeton (DIPL 1949) Kave C. Thackerson Mary Katherine Thompson (BSN 1996) Sara Thompson (DIPL 1969) Sarah F. Thompson (DIPL 1960) Marion W. Threatt (BSN 1998) Salome Todd (BSN 1988) Tru-Weld Grating Inc. Valorie Hammock Tucker (BSN 1985, MSN 1993) Jennifer B. Tysse-Warram (BSN 1999) Melton D. Utley (MSN 1979) Mr. and Mrs. R. H. Vandevelde Brenda S. Vason (BSN 1978) Debra Vincent (MSN 1997) Brenda L. Voulgarides (BSN 1979) Julianne C. Waddell Robert A. Wade (MSN 2003) Laura D. Waldheim (BSN 1980) Mr. and Mrs. Felix A. Walker Jr. Nancy J. Walls (BSN 1979) Marcia Ward (BSN 1997, MSN 1999) Betty S. Warren (BSN 1999) Kathleen Clotfelter Watson (BSN 1974, MSN 1976) Misti S. Weaver (BSN 1997) Jennifer S. Weldon (BSN 1982) Peggy Eastman Weldon (DIPL 1969) Margaret M. West (BSN 1979) Betty S. Wheeler (DIPL 1966) Kathryne H. White (DIPL 1960) Patricia E. White (BSN 1979, MSN 1988) Sallie E. White (BSN 1993) Mary E. Whitehead-Dickinson (DIPL 1952) Becky Whitis-Langner (MSN 1979) Pamilla M. Whitten (BSN 1993) James W. Wick (BSN 1977) Steve Brian Widmar (BSN 2003) Keeta P. Wilborn (BSN 1975, MSN 1983) Amy R. Williams (BSN 2003) Cory M. Williams (MSN 2004) Cynthia D. Williams (BSN 2004) Emily T. Williams (BSN 1980) Gloria H. Williams (MSN 1975) Mattie J. Williams (BSN 1986) Vera W. Williams (DIPL 1955) Tanya E. Willis (BSN 2004) Charleston D. Wilson Constance L. Wilson (BSN 1979) Janice R. Wilson (BSN 1979) **ludith Faith Harris Wilson** Patricia A. Wilson (BSN 1975) Jennifer Ruth Winfield (BSN 1990) Sherry M. Wininger (BSN 1984) Vivian F. Winter Nancy B. Woods (BSN 1984) Arlinda L. Wormely (MSN 2000) Carolyn M. Wright (MSN 1982) Dr. Penelope S. Wright Stella M. Wright (BSN 1978, MSN 1982) Charlotte C. Wynn (BSN 1978, MSN 1983) Mary Margaret Yeilding (MSN 1984) Petula E. Yenter (MSN 2001) Sarah Young (MSN 2004) Anne M. Zana (BSN 2001) Jana G. Zeitvogel (MSN 2004) Trudi Ziehr (BSN 1989)

* Deceased

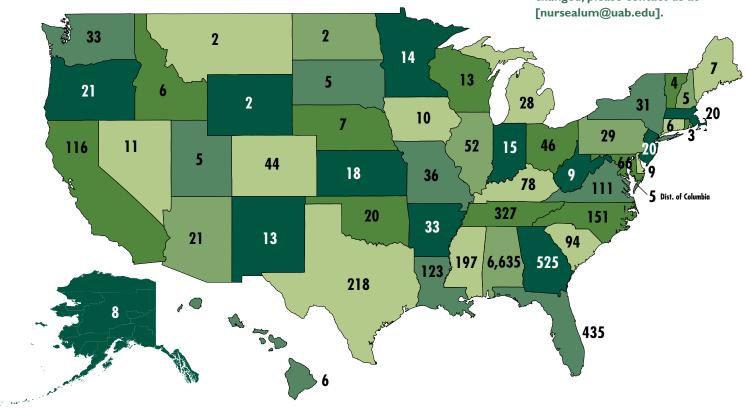
Nursing Alumni around the World

ALABAMA	6,635	MONTANA	2
ALASKA	8	NEBRASKA	7
ARIZONA	21	NEVADA	11
ARKANSAS	33	NEW HAMPSHIRE	5
CALIFORNIA	116	NEW JERSEY	20
COLORADO	44	NEW MEXICO	13
CONNECTICUT	6	NEW YORK	31
DELAWARE	9	NORTH CAROLINA	151
DIST. OF COLUMBIA	5	NORTH DAKOTA	2
FLORIDA	435	OHIO	46
GEORGIA	525	OKLAHOMA	20
HAWAII	6	OREGON	21
IDAHO	6	PENNSYLVANIA	29
ILLINOIS	52	RHODE ISLAND	3
INDIANA	15	SOUTH CAROLINA	94
IOWA	10	SOUTH DAKOTA	5
KANSAS	18	TENNESSEE	327
KENTUCKY	78	TEXAS	218
LOUISIANA	123	UTAH	5
MAINE	7	VERMONT	4
MARYLAND	66	VIRGINIA	111
MASSACHUSETTS	20	WASHINGTON	33
MICHIGAN	28	WEST VIRGINIA	9
MINNESOTA	14	WISCONSIN	13
MISSISSIPPI	197	WYOMING	2
MISSOURI	36		

INTERNATIONAL	ALUMNI
AFRICA	2
AUSTRALIA	1
BRAZIL	1
CANADA	1
CHINA	1
COLOMBIA	1
ENGLAND	2
FRANCE	1
GUAM	1
ICELAND	1
JAPAN	3
JORDAN	1
PHILIPPINES	1
PUERTO RICO	1
SAUDI ARABIA	2
SOUTH KOREA	1
TAIWAN	23
THAILAND	33

TOTAL 9,772

Note: Figures represent alumni whose locations are known.
The UASON has more than 10,000 total alumni. Total as of 6/30/05. If your address has changed, please contact us at



Nursing News

KANG NAMED HOLDER OF O'KOREN CHAIR

Duck-Hee Kang, PhD, professor of nursing at UAB, has been named to the Marie L. O'Koren Endowed Chair in Nursing by the Board of Trustees of the University of Alabama.

The chair, funded by the Hillcrest Foundation and friends and alumni of the UAB School of Nursing, was established in 1992 by the Board of Trustees in honor of O'Koren, the school's dean from 1970 to 1987. Kang is the second individual to occupy the chair since its inception.

Kang's primary research interests are psychoneuroimmunology—the study of interactions between the nervous system and the immune system and the relationship between behavior and health—and biobehavioral research in patients with breast cancer.

CLIFFORD RECEIVES LEGEND HONOR

Dr. Joyce C. Clifford (MSN, 1969) was named a 2005 Living Legend by the American Academy of Nursing. The Living Legends program honors outstanding individuals who epitomize nur ing's proud history and serve as role models for fellow nurses.

HARRISON RECOGNIZED AS DISTINGUISHED SCHOLAR

Professor Lynda Law Harrison, PhD, co-deputy director of the World Health Organization Collaborating Center for International Nursing at UAB, received the University of Connecticut School of Nursing's Distinguished Scholars Award, honoring individuals with distinguished research and professional leadership.

Harrison is a recognized expert in the areas of nursing research and tactile stimulation, as well as developmental care interventions for preterm infants. She has been widely published for her research on promoting positive parent-infant relationships, particularly with parents of preterm infants, and developing tactile interventions to reduce stress for premature infants.

U.S. NEWS RANKS SON AMONG NATION'S BEST

The Schools of Nursing and Medicine at UAB are among the nation's best, according to the 2005-2006 *U.S. News & World Report* ranking of graduate schools. The School of Nursing is ranked 19th. The School of Medicine is ranked 23rd, two spots higher than the previous ranking.

HARDY, MCGREEVY RECEIVE BARNETT AWARD

Teresa Hardy, director of palliative care for Alacare Home Health & Hospice in Birmingham, and Nancy McGreevy, a clinical nurse specialist in the neurological intensive care unit at UAB Hospital, have received the 2005 Jo Ann Barnett Award for Compassionate Nursing Care.

The award, given annually by the Alumni Chapter of the School of Nursing at UAB, recognizes UAB nursing graduates who "exemplify the best in nursing by providing the highest standard of patient care."

Hardy received her BSN in 1991. Friends and coworkers noted that Hardy "gives every patient optimal care" and "palliative care nursing is her calling."

McGreevy received her MSN in 1982. She was praised for her compassion on counseling family members faced with critical decisions regarding the care of loved ones. "She is often asked to visit with patients' families in other areas of the hospital to offer guidance in crisis situations," one coworker noted.

MSN TASK FORCE RECEIVE QUALITY AWARD

The UAB MSN Task Force has been named a silver-level recipient in the education category of the 2005 Alabama Quality Award Team Showcase.

The task force was honored for its program to develop and implement effective strategies to increase MSN graduate-student enrollment.

School of Nursing faculty members who served on the task force are: Elizabeth Stullenbarger, DSN, chair; Pam Autrey, PhD; Penelope Bosarge, MSN, Ruth Cox, PhD; Anne Foote, DSN; Lynda Harrison, PhD; Jean Ivey, DSN; Linda Miers, DSN; Erica Pryor, PhD; Marti Rice, PhD; and Anne Williams, PhD.

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