

My Well-Being Index Results

October 13th, 2020 (Most Recent)

Verify account information complete



You're eligible to take the Well-Being Index

Take the Index Survey

Your Well-Being Index Score Is ⓘ

Excellent

View on Scale

Your Well-Being Index Score Is ⓘ

Above 87%
of US Physicians

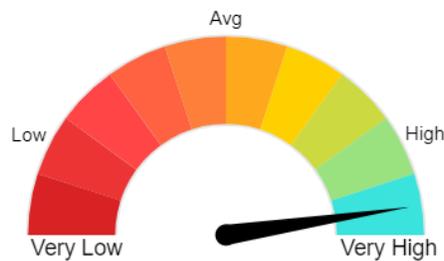
Your Well-Being Index Score Is ⓘ

Above 88%
of Physicians at University of Alabama at Birmingham

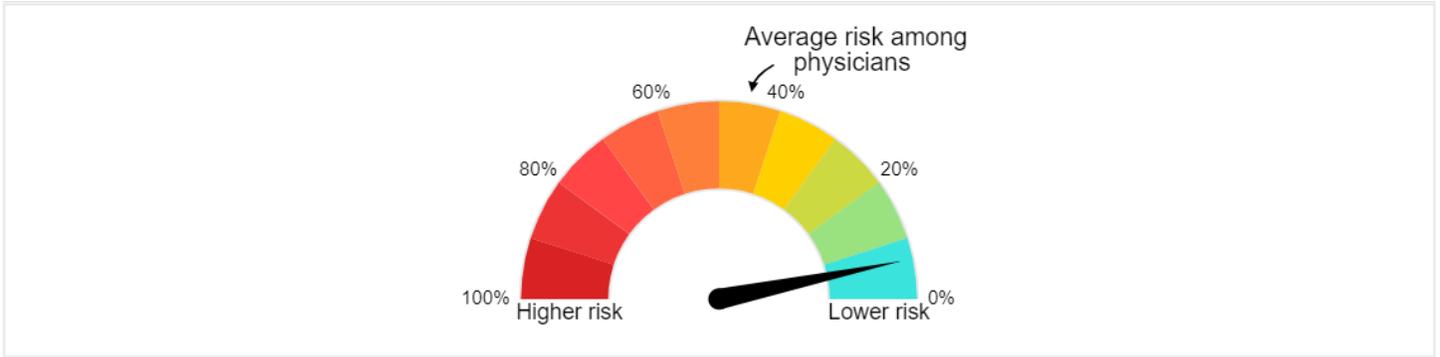
View Comparison

Meaning In Work ⓘ

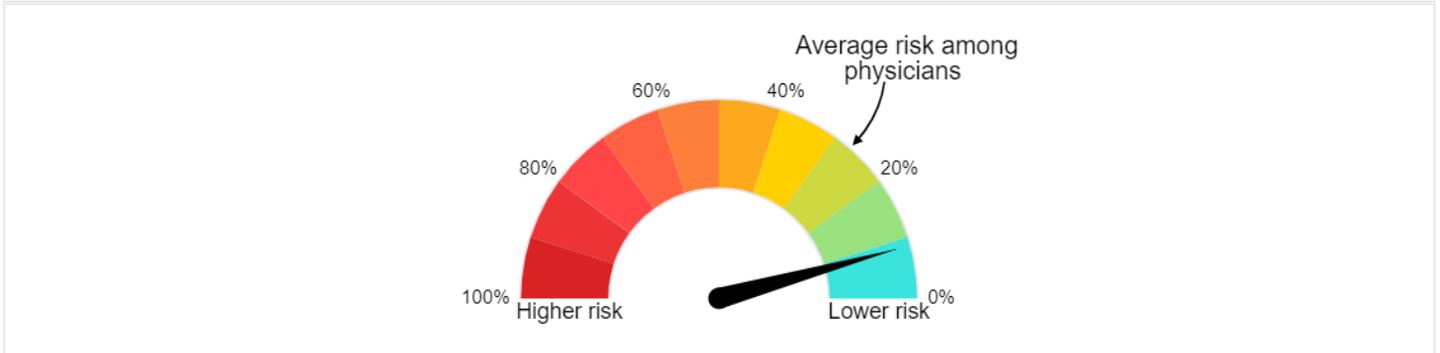
Based on scores in physicians



Likelihood of Burnout



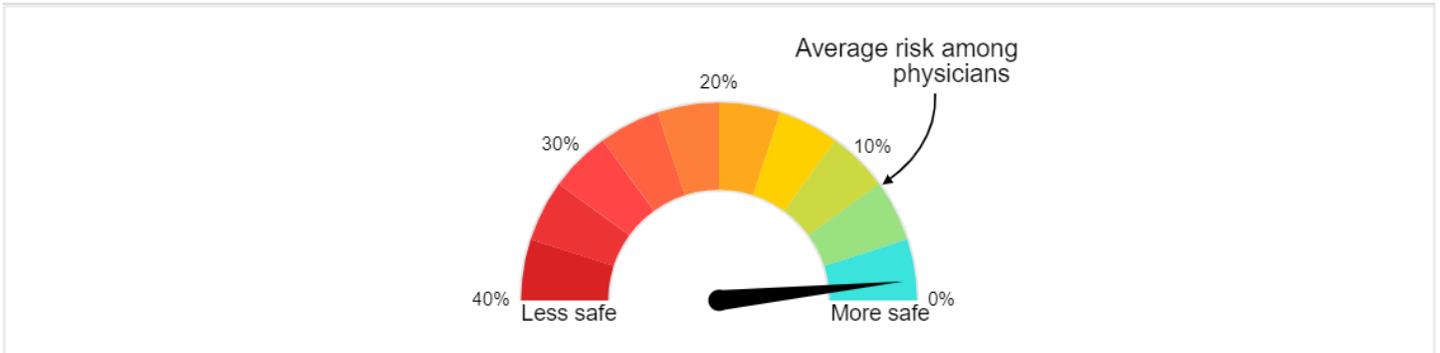
Severe Fatigue



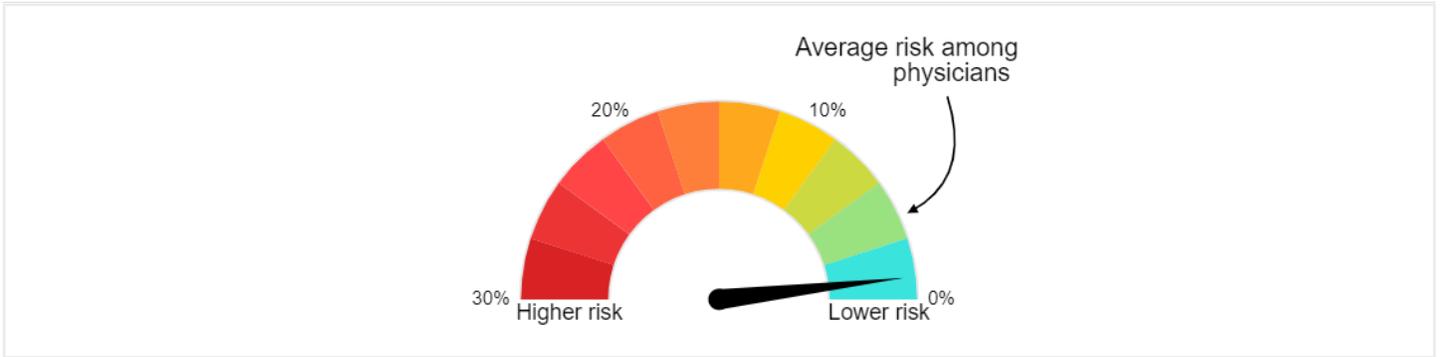
Work-Life Integration



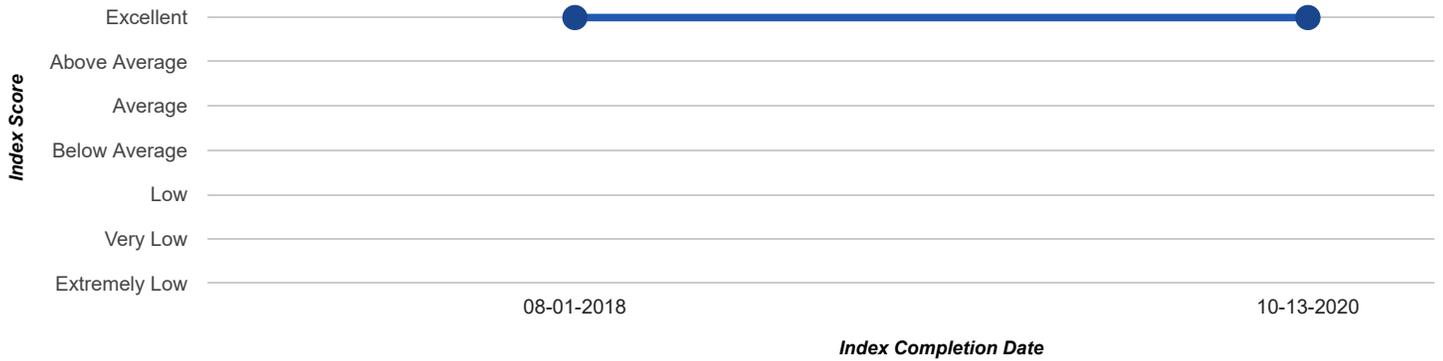
Risk for Medical Error



Suicidal Ideation



My Well-Being Over Time



Resources for My Well-Being

The resource categories in the blue boxes below have been selected based on your Well-Being Index score. Please click on the relevant box for further information.

 Career & Professional Development

 Relationship & Work-Life Balance

 Health Behavior

 Stress & Resiliency

 [View Resources](#)

ⓘ How can well-being be determined from 7 to 9 questions?

Download the Mobile App

If you would like receive a link to download the app on your phone, please enter your cell phone number.

+1 ▾

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