

**University of Alabama at Birmingham**  
**Nephrology Essentials for the Advanced Practitioner Academy**  
**September 18, 2026**  
**Altec/Styslinger Genomic Medicine & Data Sciences Building**  
**ALGEN Conference Room 201**  
**701 19<sup>th</sup> Street, South, Birmingham, AL 35294**  
**7:15 a.m. – 4:15 p.m.**

- 7:15am-7:45am**      **Registration/Breakfast/Vendor Exhibit**
- 7:45am-8:00am**      **Welcome**
- 8:00am-8:45am**      *3D Approaching to Managing Chronic Kidney Disease, Allyson Coley, CRNP, DNP*
- 8:45am-9:45am**      *Dysnatremia: Diagnostic Evaluation and Management, Winn Seay, MD*
- 9:45am-10:00am**                      **Break/Vendor Exhibit**
- 10:00am-11:00am**      *Acute Kidney Injury for the Primary Provider, Martha Catalina Morales-Alvarez, MD*
- 11:00am-11:45pm**      *Navigating the Laboratory Analysis of the Basic Metabolic Panel, Emmy Bell MD*
- 11:45pm-12:30pm**                      **Lunch**
- 12:30pm-1:15pm**      *Systemic Lupus Erythematosus for the Primary Provider, Jose Rubio, MD*
- 1:15pm-2:15pm**      *Updates in Resistant Hypertension, Eric Judd, MD*
- 2:15pm-3:00pm**      *Cardiovascular Kidney-Metabolic Syndrome: Insights and Management Strategies, Clare Lyas, MD*
- 3:00pm-3:45pm**      *Mental Health Management in Kidney Dysfunction, Christina Parker, PhD & Rebecca Maxson, PharmD*
- 3:45pm-4:15pm**                      **Wrap Up/Evaluation/Vendor Exhibit**