



# Leadership DOM

## 2025-2026

### Knowing Yourself & Leading Yourself

October 3, 2025 | 9:00 am - 2:30 pm

- **Leadership GPS: Locating Yourself on the Path**
- **View from the Outside: 360° Feedback**

November 7, 2025 | 9:00 am - 11:30 am

- **Individual Assessment with DISC:  
Your Behavioral Styles**

December 12, 2025 | 9:00 am - 11:30 am

- **Emotional Intelligence Part 1:  
Emotional Self-Awareness**

January 9, 2026 | 9:00 am - 11:30 am | Virtual Session\*

- **Keeping It All Together: Systems & Strategies**

February 6, 2026 | 9:00 am - 11:30 am

- **Honoring Your Personal Bandwidth**

March 6, 2026 | 9:00 am - 11:30 am

- **Prioritization, Focus, & Letting Go**

### Leading & Working with Others

April 3, 2026 | 9:00 am - 11:30 am

- **Emotional Intelligence, Part 2:  
Tuning in to the Other Person**

May 1, 2026 | 9:00 am - 11:30 am

- **Giving Feedback**

June 5, 2026 | 9:00 am - 11:30 am

- **Developing Others**

July 17, 2026 | 9:00 am - 11:30 am | Virtual Session\*

- **Difficult Conversations**

August 14, 2026 | 9:00 am - 11:30 am

- **Working in Teams**

September 18, 2026 | 9:00 am - 12:30 pm

- **Initiating & Driving Change**
- **Graduation Lunch**

In-Person Venue | UAB National Alumni Society House | 1301 10th Avenue South