



# Hopeful Healing

## An EACC SUPPORT GROUP for COPING with CHRONIC ILLNESS

It is not uncommon for those living with a chronic illness to experience pain, fatigue, physical changes, stress or difficulty with usual activities. Join EACC Counselor Khoi Bishop for a confidential, member-led, virtual discussion, and find hope in sharing your personal experiences and knowing you are not alone.

### **WHEN & WHERE:**

Group meets the last Tuesday of the month, 5:15 to 6:15 p.m., via Zoom.

#### **2025 Holiday Schedule:**

- Nov group meets 11/18
- Dec group meets 12/23

### **WHO:**

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

### **REGISTRATION:**

First-time participants must complete the Financial/Group Counseling Intake Form at [go.uab.edu/eaccforms](https://go.uab.edu/eaccforms). You will receive a confirmation email and Zoom link within three business days of submitting your form. *To request disability accommodations, email [HRAWARE@uab.edu](mailto:HRAWARE@uab.edu).*