

# Year in Review

AN EACC THERAPEUTIC ART GROUP

Create a "Year in Review" illustration highlighting the positive things you are thankful for, as well as the challenges you faced this year, in this session with EACC Counselor Carrie May. No art experience needed.

#### WHEN & WHERE:

Thursday, Dec. 11, 5-6 p.m., via Zoom

# WHO:

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

## **MATERIALS:**

Please have paper and markers, colored pencils or paints ready prior to joining the session, or feel free to use computer software for art creation.

## **REGISTRATION:**

Email carriemay@uabmc.edu for Zoom link and password. *Email HRAWARE@uab.edu to request disability accommodations.* 

