

Student's Name: \_\_\_\_\_ ID# \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Transfer: \_\_\_\_\_ 1st Term: \_\_\_\_\_ Advisor: \_\_\_\_\_

A grade of "C" or higher is required in all math, science and major courses and CMST 101. Students may need to take up to 20 hours of General Electives (e.g., IS 103) to reach the minimum 120-hour requirement needed to graduate.

BLAZER CORE CURRICULUM	Grade Earned	Hrs. Rqrd.	MAJOR REQUIREMENTS ("C" or Better)	Grade Earned	Hrs. Rqrd.
Local Beginnings (FYE): EDU 100 Touch the Future		3	KIN 307 Applied Kinesiology		3
EH 101 English Composition I OR EH 106 Introduction to Freshman Writing I		3	KIN 400 Physiology of Exercise KIN 405 Sport Nutrition		4 3
EH 102 English Composition II OR EH 107 Introduction to Freshman Writing II		3	KIN 485 Exercise Testing/Prescription NTR 232 Lifecycle Nutrition		3 3
MA 106 Pre-Calculus Trigonometry		3	NTR 320 Nutrition and the Consumer		3
Academic Foundations: Reasonings		3	NTR 330 Nutrition and Metabolism		3
CMST 101 Public Speaking		3	NTR 420 Nutritional Genetics		3
Thinking Broadly: History & Meaning		3	NTR 421 Nutrition Assessment and the Nutrition Care Process		3
Thinking Broadly: Creative Arts		3			
BY 101/102 Topics in Contemporary Biology/Lab OR BY 123/123L Introductory Biology		4	BY 261 Intro to Microbiology		4
CH 105/106 Introductory Chemistry I/Introductory Chemistry I Laboratory		4	<b>Choose 15 hours of the following Kinesiology Electives</b>		
PY 101 Intro to Psychology		3	KIN 305 Motor Development		15
Thinking Broadly: Choose one course from History & Meaning, Creative Arts, OR Humans & their Societies		3	KIN 340 Planning/Management of Fitness Facilities		
City as a Classroom		3	KIN 402 Basic Athletic Training		
			KIN 425 Biomechanics		
			KIN 440 Principles of Conditioning the Athlete		
			KIN 450 Physical Activity for Individuals with Disabilities/SL		
			KIN 451 Physical Activity for Senior Adults		
<b>LOWER LEVEL REQUIREMENTS ("C" or Better)</b>					
BY 115 Human Anatomy		4	KIN 460 Clinical Exercise Physiology		
BY 116 Introductory Human Physiology		4	KIN 470 Advanced Treatment of Athletic Training		
CHHS 140 First Aid		3	KIN 499 Kinesiology Internship **		
CHHS 141 Personal Health & Wellness		3			
EPR 214 Intro to Educational Statistics		3	<b>INTERNSHIP</b>		
NTR 222 Nutrition and Health		3	KIN 499 Kinesiology Internship**		3
CH 107/108 Intro to Chemistry II and Lab		4			
<b>MAJOR REQUIREMENTS ("C" or Better)</b>					
Choose one: KIN 101, 102, or 103		1			
KIN 115 Weight Training		1			
KIN 131 Aerobics		1			
KIN 222 Concepts of Health and Fitness		3			

**Note:** Enough Kinesiology electives must be taken to bring the total number of hours to 121 or higher  
**\*\***This 3-hour elective is in addition to the 3 hours of KIN 499 in the "Internship" section. No more than a total of 6 hours of KIN 499 may be applied to the degree.  
**\*\*\***Students who are in the Department of Human Studies Honors Program will be placed in the Honors Section of KIN 485 and 499.

Dean:   
 Date: 5/17/2023