

Bionutrition

Center for Clinical and Translational Science



CCTS Bionutrition connects investigators with approved dietary protocols, study planning, registered dietitians, cooks, facilities, and equipment in support of human nutrition studies.

Study Planning

- Consult on research design and budget
- Data collection and form development
- Assist with participant retention



Nutrition Education

- Patient education about protocol diets
- Assist with diet prescription
- Individual and group counseling
- Live food prep demonstrations



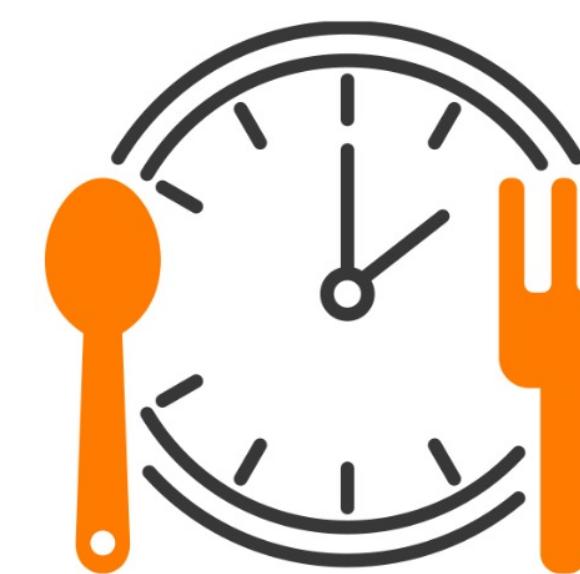
Metabolic Kitchen

- Meal preparation, packaging, and storage for on- and off-site participants.



Controlled Feeding Studies

- Provide research menus and instructions for participants
- Design research diets based on protocol needs
- Reinforcement of dietary compliance



CCTS Connects

- Partners with the **CCTS Clinical Research Unit** and **CCTS Specimen Processing and Bioprocessing** to support bionutrition studies.
- Elevates research operations by engaging the **CCTS Clinical Research Support Enterprise**.



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