

# Nicholas C. Borgogna, Ph.D.

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University of Alabama at Birmingham  
College of Arts & Sciences  
Department of Psychology  
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Email: [borgogna@uab.edu](mailto:borgogna@uab.edu)  
Licensed Clinical Psychologist (Alabama) #2404

## Academic Appointments

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2024-Present University of Alabama at Birmingham  
Department of Psychology  
Assistant Professor  
Tenure-Track

2024-Present UAB Center for the Study of Sexual and Gender Health Scientist

2024-Present UAB Center for AIDS Research Associate Scientist

2025-Present UAB Center for Addiction and Pain Prevention and Intervention

2025-Present UAB Center for Clinical and Translational Science Associate Scientist

2025-Present Texas Tech University Adjunct Professor

2021-2024 Texas Tech University  
Department of Psychological Sciences  
Assistant Professor  
Tenure-Track

## Education

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2021 Ph.D., Clinical and Counseling Psychology, University of South Alabama  
Dissertation: *A Three-Wave Longitudinal Test of the Experiential Avoidance Model of Problematic Pornography Viewing*  
Chair: Ryon C. McDermott, Ph.D.

2021 Pre-Doctoral Internship, Health Service Psychology  
College of William & Mary (APA-Accredited)  
Group Therapy Track

2015 M.A., Clinical Psychology, Roosevelt University  
Thesis: *Pornography Viewing: Exploratory Sex Differences in College Student Romantic Relationships*  
Chair: Lorna London, Ph.D.

2014 B.S. Psychology, Utah State University  
Minor: Family, Consumer, and Human Development  
Honor: *Cum Laude*

## Funding

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- 2025-2027\* Diet Interventions: Remitted and Evaluated as Complementary Treatment for Pain (DIRECT Pain)  
National Institute of Nursing Research, R01NR020523  
Role: Co-Investigator (PI's Sorge & Goodin)  
Total Amount: \$2,358,097  
\*Grant period 2022-2027, my funding 2025-2027
- 2025-2027\* Sex, Hormones and Identity affect Nociceptive Expression (SHINE)  
National Institute of Nursing Research, R01NR019417  
Role: Co-Investigator (PI's Sorge & Goodin)  
Total Amount: \$2,137,500  
\*Grant period 2022-2027, my funding 2026-2027
- 2025-2026 Acceptance and Commitment Therapy for Sexual and Gender Minorities  
UAB Office of the Provost Faculty Development Grant  
Role: Principal Investigator  
Total Amount: \$10,000
- 2025 Incremental efficacy systematic review and meta-analysis of psilocybin-for-depression RCTs  
UAB Mervyn H. Sterne Library  
Role: Principal Investigator  
Total Amount: \$3,753
- 2021-2023 Dying to be Masculine: Investigating the Longitudinal Relationships between Traditional Masculinity and Men's COVID-19 Vaccine Attitudes and Behavior  
Funding Agency: Center for Disease Control and Prevention and the American Psychological Association  
Role: Site PI (w/McDermott & Levant Co-PIs)  
Total Amount: \$247,239.26  
Award# 6NU87PS004366-03-02
- 2023-2024 Looking at Gender Affirming Group Therapy for Transgender and Gender Non-Conforming Individuals  
Funding Agency: Psi Chi Honors Society, Mamie Phipps Clark Diversity Research Grant  
Role: Principal Investigator (Undergraduate PI: Danielle Haakinson)  
Total Amount: \$3,000
- 2023-2024 So How Special is Special K? A Systematic Review and Meta-Analysis of Ketamine for PTSD RCTs  
Funding Agency: Texas Tech University Office of Research & Innovation  
Role: Principal Investigator  
Total Amount: \$1,000

- 2022-2023      Ascertaining Causality: Examining Minority Stress Processes Over Time in the Prediction of Mental Illness in Non-Cisgender Individuals  
Texas Tech University Center for Transformative Undergraduate Experiences  
Role: Principal Investigator (Undergraduate PI: Danielle Haakinson)  
Total Amount: \$600
- 2022-2023      Is the Serotonin Hypothesis Dead? If So, How Will Clinical Psychology Respond?  
Funding Agency: Texas Tech University Office of Research & Innovation  
Role: Principal Investigator  
Total Amount: \$490
- 2020-2021      Acceptance and Commitment Therapy for Problematic Pornography Viewing: A Randomized Control Trial  
Funding Agency: University of South Alabama Office of Research and Economic Development (ORED) Graduate Student Activities Enhancement Program  
Role: Principal Investigator  
Total Amount: \$2,000
- 2020-2021      A Longitudinal Validation of the Minority Stress Model  
Funding Agency: American Psychological Foundation, Rosalee G. and Raymond A. Weiss Award  
Role: Principal Investigator  
Total Amount: \$1,000
- 2020-2021      Might Precarious Masculinity be Related to Men's Propensity to Own Firearms?  
Funding Agency: Society for the Psychological Study of Men and Masculinities  
Role: Principal Investigator  
Total Amount: \$500
- 2017-2019      Does Pornography Cause Mental Health Problems? A Cross-Lagged exploration.  
Funding Agency: University of South Alabama Office of Research and Economic Development (ORED) Graduate Student Activities Enhancement Program  
Role: Principal Investigator  
Total Amount: \$2,000

**Funding Mentored**

- 2024-2026      Neuropsychological Intra-Individual Variability in Traumatic Brain Injury: Evaluation of Biopsychosocial Contributors  
Funding Agency: Department of Veterans Affairs  
VISN 1 – Career Development Award  
Principal Investigator: Stephen Aita  
Role: Co-Sponsor  
Total Amount: \$254,324 \*Scored 1<sup>st</sup> in applicant pool\*

2024-2029     The Damaging Experiences of Children with Sexually Addicted Parents:  
Identifying Outcomes and Associations  
Funding Agency: National Science Foundation, Grant #2140745  
Graduate Research Fellowship Program  
Principal Investigator: Evan Moon  
Role: Co-Sponsor w/Sheila Garos  
Total Amount: \$153,000

## Recognitions/Awards

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2023           Texas Tech University Libraries' Open Data Award  
2023           Texas Tech University College of Arts & Sciences Innovative Scholarship  
Excellence in Diversity Award Finalist.  
2022           Texas Tech University Department of Psychological Sciences Grant Mentorship  
Program Mentee  
2020           University of South Alabama Department of Psychology Outstanding  
Clinical/Counseling Psychology Student Researcher Award  
2020           University of South Alabama College of Education & Professional Studies  
Outstanding Student Award  
2019           APA Division 17 Counseling Center Outstanding Graduate Intern Award  
2019           APA Student Travel Award  
2017           APA Student Travel Award  
2017-2019     University of South Alabama Researcher Travel Funding  
2016-2020     University of South Alabama Research Fellow Funding  
2014-2015     Roosevelt University Research Fellow Funding  
2014-2015     Roosevelt University Researcher Travel Funding  
2014-2015     Roosevelt University Graduate Trustee Scholarship  
2013           Utah State University Dean's List  
2005           Boy Scouts of America: Eagle Scout Award

## Peer-Review Publications (\*graduate student, \*\*undergraduate student)

<https://scholar.google.com/citations?user=0l5QX3MAAAAJ&hl=en&oi=ao>

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(88.) **Borgogna, N.C.**, & Levant, R.F. (In Press). Is Alexithymia a Process, Moderator, Disorder, or Normative? A commentary on Yeung et al. "Is Alexithymia A Transdiagnostic Factor Across Depressive, Anxiety, and Eating Disorders in Adults? A Meta-Analytic Review. *Clinical Psychology: Science and Practice*.

(87.) Del Bene, V., Aita, S.L., Fonseca, L., **Borgogna, N.C.**, Buchholz, A., Woods, S.P., Schrellen, D.J., Kiselica, A., Webber, T., Schmitter-Edgecombe, M., DesRuisseaux, L., Merritt, V., Thaler, N., Bangen, K., Vance, D., Deboeck, P., Arce Renteria, M., & Hill, B.D. (In Press). Cognitive intra-individual variability as an emerging measure of neuropsychological inference: A narrative review of its history, methodology, empirical support, future directions, and recommendations for best practices. *The Clinical Neuropsychologist*.

- (86.) \*Nation, M.B., Kraus, S.W., Garcia, M., **Borgogna, N.C.**, Christensen Pacella, K.A., (In Press). Sexual Functioning and Eating Disorders: Examining the Role of Gender and Internalizing Symptoms. *International Journal of Sexual Health*.
- (85.) \*Johnson, D.A.L. & **Borgogna, N.C.** (In Press). Scrupulosity, Religious Prompting Confusion, and Religious Prompting Distress: An Exploratory Look at Confusing Scrupulosity with God in Undergraduate Students. *Spirituality in Clinical Practice*.
- (84.) Aita, S. L., Montgomery, E., Caron, J. E., Pagano, L. A., Broggi, M., Ingram, P. B., Erickson, S. C., **Borgogna, N. C.**, Moncrief, G. G., Roth, R. M., Calamia, M., Armistead-Jehle, P., & Hill, B. D. (In Press). Multivariate base rates of standard- and skyline-cutoff elevations on the Personality Assessment Inventory: Do they distinguish simulated from genuine PTSD? *Journal of Personality Assessment*.
- (83.) \*Way, B., Gunawan, K., Meana, M., Brents, B., **Borgogna, N.C.**, & Kraus, S.W. (In Press). Validation of the Pornography Actors' Condom Use Attitudes Questionnaire. *Archives of Sexual Behavior*.
- (82.) \*Baldwin, B., Poquiz, J., Wells, K.E., **Borgogna, N.C.**, & Warlick, C. (In Press). Faith's Associations with Multiculturalism and Social Justice within Applied Graduate Programs in the United States. *Spirituality in Clinical Practice*.
- (81.) \*Whittington, D.D. & **Borgogna, N.C.** (In Press). Anxiety and Depression Screening Across Diverse Populations: Testing Measurement and Structural Invariance of GAD-7 and PHQ-9 Across Black and White Groups. *Psychological Assessment*.
- (80.) \*\*Haakinson, D., \*Whittington, D.D., & **Borgogna, N.C.** (In Press). A Systematic Review of Group-Based Interventions for Transgender and Gender Nonconforming Individuals. *International Journal of Group Psychotherapy*.
- (79.) \*Griffin, K., \*Johnson, D.A.L., **Borgogna, N.C.**, & Kraus, S.W. (In Press). An Examination and Validation of a Short Form of the Spiritual Abuse Questionnaire. *Spirituality in Clinical Practice*.
- (78.) Aita, S.L., Del Bene, V.A., Knapp, D.L., Demming, C.E., Ikonomou, V., \*Owen, T., Campbell, I.A., Wagaman, B.N., **Borgogna, N.C.**, Caron, J.E., Roth, R.M., Hill, B.D. (In Press). Cognitive Intra-Individual Variability in Cognitively Healthy APOE ε4, Carriers, Mild Cognitive Impairment, and Alzheimer's Disease: A Meta-Analysis. *Neuropsychology Review*.
- (77.) \*Wagaman, B.N., \*Ikonomou, V.C., \*Campbell, I.A., **Borgogna, N.C.**, Aita, S.L., Elliot, E.M., & Hill, B.D. (2025). Context Matters: Need for Cognition Moderates Immediate Story Recall But Not Other Types of Memory Tests. *Personality and Individual Differences*, 247, 113458. <https://doi.org/10.1016/j.paid.2025.113458>
- (76.) \*Engelhardt, R., Maes, J., **Borgogna, N.C.**, von Oertzen, T., Potenza, M.N. & Kraus, S.W. (2025). Problematic Pornography Use, Psychopathology, and Body Connection: Associations

and Sex Difference. *ADDICTA: The Turkish Journal on Addictions*, 12, 331-338. DOI: 10.5152/ADDICTA.2025.24201

(75.) **Borgogna, N.C.**, \*Owen, T., \*Petrovich, D., \*Vaughn, J., \*Johnson, D.A.L., Pagano, L., Aita, S.L., & Hill, B.D. (2025). Incremental Efficacy Systematic Review and Meta-Analysis of Psilocybin-for-Depression RCTs. *Psychopharmacology*, 242, 2139-2157. doi: 10.1007/s00213-025-06788-w

(74.) **Borgogna, N.C.**, \*Whittington, D.D., & Kraus, S.W. (2025). What If an Etiological Process Leads to Both Behavioral and Substance Addiction? *Journal of Psychopathology and Clinical Science*, 134, 610-611. DOI: 10.1037/abn0000997

(73.) **Borgogna, N.C.** & Aita, S.L. (2025). Accepting the Challenge and Committing to the Future of Acceptance and Commitment Therapy Science. *Psychiatric Clinics of North America*, 48, 591-604. DOI: 10.1016/j.psc.2025.02.014.

(72.) Spencer, S.D., **Borgogna, N.C.**, \*Owen, T., Rast, C., \*Johnson, D.A.L., Cheng, J., Castillo, A., Storch, E., Cervin, M., & Hollon, S. (2025). A Systematic Review of Potential Publication Bias in U.S. National Institutes of Health-Funded Trials of Psychological Treatments for Obsessive-Compulsive Disorder in Adults. *Personalized Medicine in Psychiatry*, 51-52, 100154. <https://doi.org/10.1016/j.pmip.2025.100154>

(71.) **Borgogna, N.C.**, \*Vaughn, J., \*Owen, T., Brasil, K.M., Kraus, S.W., Levant, R.F., & McDermott, R.C. (2025). Differences in Cross-Sectional and Daily Diary Problematic Pornography Use Correlates. *Journal of Behavioral Addictions*, 14, 155-165. doi: 10.1556/2006.2025.00008

(70.) Pizer, J.H., Hernandez, K.A., Aita, S.L., Ikonomidou, M.S., Myers, M.A., Hawley, N.A., Brasil, K.M., **Borgogna, N.C.**, Spiegel, J., Smitherman T.A., & Hill, B.D. (2025). Neuropsychological Functioning Pediatric Primary Headache Disorders: A Meta-Analysis. *Pediatrics*, 155, e2024067838. doi: 10.1542/peds.2024-067838

(69.) \*Jennings, T.L., \*Gleason, N., Nieblas, F., **Borgogna, N.C.**, & Kraus, S.W. (2025). Chemsex and Compulsive Sexual Behavior Among Sexual Minority Men. *Journal of Sexual Medicine*, 22, 658-662. <https://doi.org/10.1093/jsxmed/qdaf021>

(68.) Scoglio, A.A.J., Chen, Y.L., Huang, K.J., **Borgogna, N.C.**, Potenza, M.N., Blycker, G.R., Kraus, S.W. (2025). Sexual Trauma and Compulsive Sexual Behavior in Young Men and Women: A Network Analysis. *Journal of Behavioral Addictions*, 14, 166-177. doi: 10.1556/2006.2024.00074

(67.) \*Engelhardt, R., Maes, J., Way, B.M., **Borgogna, N.C.** & Kraus, S.W. (2025). Screening for Problematic Pornography Use with Brief Pornography Screen: A Scoping Review. *Current Addiction Reports*, 22. <https://doi.org/10.1007/s40429-025-00623-0>

(66.) \*Shegedin, M., Scoglio, A.A.J., Kraus, S.W., & **Borgogna, N.C.** (2025).

Association of Sexual Violence on Compulsive Sexual Behavior and Problematic Pornography Use. *Sexual Health & Compulsivity*, 32, 92-104.  
<https://doi.org/10.1080/26929953.2024.2432679>

(65.) \*Shircliff, K., Cummings, C., & **Borgogna, N.C.** (2025). Ethical Considerations in Substance Use Treatment for Youth: Assessing Clinical Practices and Policy Frameworks for Potential Harm. *Research On Child and Adolescent Psychopathology*, 53, 771-784. doi: 10.1007/s10802-024-01274-x

(64.) \*Johnson, D.A.L., **Borgogna, N.C.**, Ingram, P.B., Warlick, C., Spencer, S.D., Mims, C.E., Bunnell, K.L., & Nielsen, J.A. (2024). The Scrupulosity Obsessions and Compulsions Scale. *Journal of Obsessive-Compulsive and Related Disorders*, 43, 100918.  
<https://doi.org/10.1016/j.jocrd.2024.100918>

(63.) Sanders, S.M., Garcia-Aguilera, C., Borgogna, N.C., Sy, J.R.T., Comoglio, G., Shultz, O.A.M., & Goldman, J. (2024). The Toxic Masculinity Scale: Development and Initial Validation. *Behavioral Sciences*, 14, 1096. <https://doi.org/10.3390/bs14111096>

(62.) Knapp, S.A.B., Austin, D.S., Aita, S.L., Caron, J.E., \*Owen, T., **Borgogna, N.C.**, Del Bene, V.A., Roth, R.M., Milberg, W.P., & Hill, B.D. (2024). Neurocognitive Outcomes Associated with COVID-19 Infection: A Meta-Analysis. *Journal of Neurology, Neurosurgery, & Psychiatry*, 95, 1207-1216. <https://doi.org/10.1136/jnnp-2024-333950>

(61.) Carroll, T.D., Cornish, M.A., Marie, L., Fadoir, N.A., Taylor, S.E., **Borgogna, N.C.**, & Currier, J. (2024). Understanding Self-Forgiveness in Emotion-Focused Therapy: An Interpersonal Process Recall Study with Men in Recovery from Addiction. *Journal of Psychotherapy Integration*, 34, 401-419. <https://doi.org/10.1037/int0000336>

(60.) Böthe, B., Vaillancourt-Morel, M-P, Bergeron, S., Hermann, Z., Ivaskevics, K., Kraus, S. W., Grubbs, J.B., **Borgogna, N.C.**, ... Wizła, M. (2024). Uncovering the most robust predictors of problematic pornography use: A large-scale machine learning study across 16 countries. *Journal of Psychopathology and Clinical Science*, 133, 489-502. doi: 10.1037/abn0000913.

(59.) **Borgogna, N.C.**, \*Owen, T., \*Johnson, D.A.L., & Kraus, S.W. (2024). No Magic Pill: A Systematic Review of the Pharmacological Treatments for Compulsive Sexual Behavior Disorder. *Journal of Sex Research*, 61, 1328-1341.  
<https://doi.org/10.1080/00224499.2023.2282619>

(58.) **Borgogna, N. C.**, \*Way, B.M., & Kraus, S.W. (2024). Multicultural Considerations for the Psychometrics of the Brief Pornography Screen. *Cyberpsychology, Behavior, and Social Networking*, 27, 318-327. <https://doi.org/10.1089/cyber.2023.0493>

(57.) \*Pizer, J., Aita, S.L., Myers, M., Hawley, N., Ikonomidou, V., Brasil, K., Hernandez, K., Pettway, E., \*Owen, T., **Borgogna, N.C.**, Smitherman, T., & Hill, B.D. (2024).

Neuropsychological Function in Migraine Headaches: An Expanded Comprehensive Multi-Domain Meta-Analysis. *Neurology*, 102, e208109.  
DOI: 10.1212/WNL.0000000000208109.

(56.) **Borgogna, N. C.,** \*Owen, T., & Aita, S.L. (2024). The Absurdity of Latent Disease Model in Mental Health: 10,130,807 Ways to Have a DSM-5-TR Psychological Disorder. *Journal of Mental Health*, 33, 451-459. DOI: 10.1080/09638237.2023.2278107

(55.) **Borgogna, N. C. & Aita, S.L.** (2024). It's Not Just Neuroticism: Testing Minority Stress Processes Against Five Factor Personality Dimensions in Prediction of Depression. *Psychology of Gender and Sexual Orientation Diversity*, 11, 538-547. <https://doi.org/10.1037/sgd0000620>

(54.) **Borgogna, N.C. & Aita, S.L.** (2024). The Relationship Between Sexism and Mental Health Problems Across Genders. *The Social Science Journal*, 61, 405-419.  
<https://doi.org/10.1080/03623319.2020.1809902>

(53.) **Borgogna, N.C.,** \*Owen, T., \*Vaughn, J., \*Johnson, D.A.L., Aita, S.L., & Hill, B.D. (2024). So How Special is Special K? A Systematic Review and Meta-Analysis of Ketamine for PTSD RCTs. *European Journal of Psychotraumatology*, 15, 2299124,  
<https://doi.org/10.1080/20008066.2023.2299124>

(52.) **Borgogna, N.C.,** \*Johnson, D.A.L., \*Shegedin, M., & \*Brasil, K.M. (2024). Taking Another Look at the Moral Incongruence Model of Problematic Pornography Use: Does Gender Play a Role? *Archives of Sexual Behavior*, 53, 703-714. doi: 10.1007/s10508-023-02743-y

(51.) \*Chen, Y., Huang, K., Scoglio, A.A.J., **Borgogna, N. C.,** Potenza, M.N., Blycker, G.R., & Kraus, S.W. (2024). A Network Comparison of Sexual Dysfunction, Psychological Factors, and Body Dissociation between Individuals with and without Sexual Trauma Histories. *Journal of Trauma & Dissociation*, 25, 62-82. DOI: 10.1080/15299732.2023.2231915

(50.) **Borgogna, N.C.,** Aita, S.L., & Aita, L.J. (2024). The Mental Health and Minority Stress of Consensually Non-Monogamous Individuals: Mental Health Implications. *Sexual & Relationship Therapy*, 39, 46-65. <https://doi.org/10.1080/14681994.2021.1959545>

(49.) **Borgogna, N.C.,** Spencer, S.D., \*Johnson, D.A.L., \*Brasil, K.M., McDermott, R.C., Kraus, S.W., & Buchanan, J.A. (2023). The Development and Validation of the Experiential Avoidance Rating Scale (EARS): A Self-Report Questionnaire that *Might* Actually Measure Experiential Avoidance. *Journal of Contextual Behavioral Science*, 30, 121-131.  
<https://doi.org/10.1016/j.jcbs.2023.10.001>

(48.) Aita, S.L., Kondrath, S.R., \*Owen, T., **Borgogna, N. C.,** & Usset, T. (2023). A The Status of Evidence-Based Treatments for Moral Injury Syndrome: Review and Meta-Analysis of Randomized Controlled Trials. *Current Treatment Options in Psychiatry*, 10, 217-233.  
<https://doi.org/10.1007/s40501-023-00292-8>

- (47.) **Borgogna, N. C.**, Aita, S.L., Trask, C.L., & Moncrief, G.G. (2023). Psychotic Disorders in College Students: Demographic and Care Considerations. *Psychosis, 15*, 229-239. <https://doi.org/10.1080/17522439.2022.2039273>
- (46.) **Borgogna, N. C.**, \*Meyer, C., \*Trussell, M., Garos, S., & Kraus, S.W. (2023). Further Understanding the Correlations Between Sexting and Mental Health: Considerations for Sex and Sexual Identity. *Cyberpsychology, Behavior, and Social Networking, 26*, 323-331. <https://doi.org/10.1089/cyber.2022.0312>
- (45.) **Borgogna, N. C.**, Aita, S.L., Musso, M., & Hill, B.D. (2023). Identification of a Pre-Employment Psychological Evaluation Marker for Predicting Police Candidates Who Receive Racial and Excessive Force Complaints. *Journal of Psychopathology and Behavioral Assessment, 45*, 509-518. <https://doi.org/10.1007/s10862-022-10003-x>
- (44.) \*Jennings, T.L., Chen, Y., Way, B.M., **Borgogna, N. C.**, & Kraus, S.W. (2023). Associations Between Online Dating Platform Use and Mental and Sexual Health Among a Mixed Sexuality College Student Sample. *Computers in Human Behavior, 144*, 107727. <https://doi.org/10.1016/j.chb.2023.107727>
- (43.) **Borgogna, N. C.**, Lathan, E.C., & Aita, S.L. (2023). Sexual and Gender Minority Victimization: Base Rates of Assault in College Students Across Sexual and Gender Identities. *Journal of Interpersonal Violence, 38*, 5613-5637. doi: 10.1177/08862605221124253
- (42.) \*Habashy, J., Benning, S., Renn, B., **Borgogna, N. C.**, Lawrence, E., & Kraus, S.W. (2023). Psychometric Properties of the Eating Disorder Examination Questionnaire: Factor Analysis and Measurement Invariance by the Intersection of Race and Gender. *Eating Behaviors, 48*, 101696. <https://doi.org/10.1016/j.eatbeh.2022.101696>
- (41.) Aita, S.L., Schuler, K. R., Isaak, S.L., **Borgogna, N. C.**, Moncrief, G.G., Hollis, S.D., & Hill, B.D. (2023). Posttraumatic Stress Disorder Complicated by Traumatic Brain Injury: A Narrative Review. *SN Comprehensive Clinical Medicine, 5*, 92. doi.org/10.1007/s42399-023-01431-1
- (40.) **Borgogna, N.C.**, McDermott, R.C., \*Brasil, K. M., \*Berry, A.T., & \*Smith, T. (2023). An Experimental Examination of College Student Peer Helping Intentions: Depression, Suicidal, and Homicidal Presentations. *Counselling Psychology Quarterly, 36*, 153-168. <https://doi.org/10.1080/09515070.2022.2073331>
- (39.) **Borgogna, N. C.**, & Aita, S.L. (2022). Is the Serotonin Hypothesis Dead? If So, How Will Clinical Psychology Respond? *Frontiers in Psychology, 13*, <https://doi.org/10.3389/fpsyg.2022.1027375>
- (38.) Rosansky, J.A., **Borgogna, N.C.**, Kraus, S.W., & Grubbs, J.B. (2022). Cross-sectional and longitudinal associations between posttraumatic stress symptoms and hypersexual behaviors among individuals who have gambled in their lifetimes. *Journal of Sexual Medicine, 19*, 1813-1823. <https://doi.org/10.1016/j.jsxm.2022.09.003>

- (37.) **Borgogna, N. C., & Aita, S.L.** (2022). Another Failure of the Latent Disease Model? The Case of Compulsive Sexual Behavior Disorder. *Journal of Behavioral Addictions*, 3, 615-619. <https://doi.org/10.1556/2006.2022.00069>
- (36.) **Borgogna, N.C., \*Griffin, K.R., Grubbs, J.B. & Kraus, S.W.** (2022). Understanding Differences in Problematic Pornography Use: Considerations For Gender and Sexual Orientation. *Journal of Sexual Medicine*, 8, 1290-1302. DOI: 10.1016/j.jsxm.2022.05.144
- (35.) **Borgogna, N. C., Garos, S., \*Meyer, C.L., \*Trussell, M.R. & Kraus, S.W.** (2022). A Review of Behavioral Interventions for Compulsive Sexual Behavior Disorder. *Current Addiction Reports*, 9, 99-108. <https://doi.org/10.1007/s40429-022-00422-x>
- (34.) McDermott, R.C., Brasil, K.M., **Borgogna, N.C., Barinas, J., & Levant, R.F.** (2022). Traditional Masculinity Ideology and Feminist Attitudes: The Role of Identity Foreclosure. *Sex Roles*, 87, 211-222. <https://doi.org/10.1007/s11199-022-01302-4>
- (33.) **Borgogna, N.C., Kraus, S.W., & Grubbs, J.B.** (2022). Military Veteran's Psychological Distress Associated with Problematic Pornography Viewing. *International Journal of Mental Health and Addiction*, 20, 2194-2207. <https://doi.org/10.1007/s11469-021-00508-z>
- (32.) **Borgogna, N.C. & McDermott, R.C.** (2022). Is Traditional Masculinity Ideology Stable Over Time in Men and Women? *Psychology of Men and Masculinities*, 23, 347-352. <https://doi.org/10.1037/men0000393>
- (31.) **Borgogna, N.C., McDermott, R.C., & \*Brasil, K. M.** (2022). The Precarious Masculinity of Firearm Ownership. *Psychology of Men and Masculinities*, 23, 173-182. <https://doi.org/10.1037/men0000386>
- (30.) Levant, R.F., Parent, M.C., Ling, S., & **Borgogna, N.C.** (2022). Variance Composition, Reliability, Validity, and Measurement Invariance of the Toronto Alexithymia Scale-20 in Non-Clinical Samples. *Psychology of Men and Masculinities*, 23, 133-142. <https://doi.org/10.1037/men0000373>
- (29.) **Borgogna, N. C., Lathan, E.C., & McDermott, R.C.** (2022). She Asked For It: Hardcore Porn, Sexism, and Rape Myth Acceptance. *Violence Against Women*, 28, 510-531. <https://doi.org/10.1177/10778012211037378>
- (28.) McDermott, R.C., \*Brasil, K.M., **Borgogna, N.C., Barinas, J., & Levant, R.F.** (2021). The Politics of Men's and Women's Traditional Masculinity Ideology in the United States. *Psychology of Men and Masculinities*, 22, 627-638. <https://doi.org/10.1037/men0000367>
- (27.) Lathan, E.C., Hong, J.H., Heads, A.M., **Borgogna, N.C., & Schmitz, J.M.** (2021). Prevalence and Correlates of Sex Work and Sex Purchasing Among Adults Seeking Treatment for Cocaine Use Disorder: An Exploratory Study. *Substance Use and Misuse*, 56, 2229-2241. <https://doi.org/10.1080/10826084.2021.1981391>

- (26.) McDermott, R. C., Brasil, K. M., Barinas, J., & **Borgogna, N. C.** (2021). Associations Between Men's and Women's Conformity to Masculine Role Norms and Firearm Ownership: Contributions Beyond Race, Gender, and Political Ideology. *Psychology of Men & Masculinities*, 22, 227-237. <https://doi.org/10.1037/men0000341>
- (25.) **Borgogna, N. C.**, Smith, T., Berry, A.T., & McDermott, R.C. (2021). An Evaluation of the Mental Health, Financial Stress, and Anticipated Debt of Clinical and Counseling PhD and PsyD Students. *Teaching of Psychology*, 48, 328-338. <https://doi.org/10.1177/0098628320980856>
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- (21.) Aita, S.L., **Borgogna, N. C.**, Aita, L.J., Ogden, M.L., & Hill, B.D. (2020). Comparison of clinical psychologist and medical practitioner beliefs and practices concerning malingering: Results from a mixed methods study. *Psychological Injury & Law*, 13, 246-260. <https://doi.org/10.1007/s12207-020-09374-x>
- (20.) McDermott, R.C., Berry, A.T., **Borgogna, N. C.**, Cheng, H.L., Wong, Y.J., Browning, B.R., & Carr, R. (2020). Revisiting the Paradox of Hope: Associations Between Discrimination and Distress among Black College Students. *The Journal of Counseling Psychology*, 67, 637-644. <https://doi.org/10.1037/cou0000422>
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- (16.) Slagel, B., Tayler, S.E., **Borgogna, N.C.**, & Currier, J. (2020). Proneness to Painful Self-Conscious Emotions, Meaning, and PTSD: A Mediation Model in Returning Veterans. *Journal of Loss and Trauma*, 25, 322-332. <https://doi/abs/10.1080/15325024.2019.1682343>
- (15.) Williams, S. & **Borgogna, N.C.** (2020). Screening for Stressful Life Events, Cortisol, and Perceived Stress in a School Setting. *Annals of Pediatrics*, 3, 1021.
- (14.) **Borgogna, N.C.**, McDermott, R.C., Berry, A.T., & Browning, B.R. (2020). Masculinity and Problematic Pornography Viewing: The Moderating Role of Self-Esteem. *Psychology of Men and Masculinity*, 21, 81-94. <https://doi.org/10.1037/men0000214>
- (13.) **Borgogna, N.C.**, McDermott, R.C., Berry, A.T., Lathan, E.C., & Gonzales, J. (2020). Measurement and Structural Invariance of the Acceptance in Action Questionnaire-II across Racial and Ethnic Groups. *Journal of Contextual Behavior Science*, 17, 32-38. <https://doi.org/10.1016/j.jcbs.2020.05.003>
- (12.) Booth, N., McDermott, R.C., **Borgogna, N.C.**, & Cheng, H. (2019). Masculine Gender Role Stress and Self-Stigma of Seeking Help: The Moderating Roles of Self-Compassion and Self-Coldness. *Journal of Counseling Psychology*, 66, 755-762. <https://doi.org/10.1037/cou0000350>
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- (10.) **Borgogna, N.C.** & Aita, S.L. (2019). Problematic Pornography Viewing from a Big-5 Perspective. *Sexual Addiction & Compulsivity*, 26, 293-314. <https://doi.org/10.1080/10720162.2019.1670302>
- (9.) **Borgogna, N.C.**, McDermott, R.C., Browning, B.R., Beach, J.D., & Aita, S.L. (2019). How Does Traditional Masculinity Relate to Men's and Women's Problematic Pornography Viewing? *Sex Roles*, 80, 693-706. <https://doi.org/10.1007/s11199-018-0967-8>
- (8.) McDermott, R.C., Levant, R.F., Hammer, J.H., **Borgogna, N.C.**, & McKelvey, D. (2019). Initial Development and Validation of a 5-Item Male Role Norms Inventory using Bifactor Modeling. *Psychology of Men and Masculinity*, 20, 467-477. <https://doi.org/10.1037/men0000178>
- (7.) Aita, S.L., Beach, J., Taylor, S.E., **Borgogna, N.C.** Harrell, M., & Hill, B.D. (2019). Executive or Language? An examination of the construct validity of verbal fluency measures. *Applied Neuropsychology: Adult*, 26, 441-451. <https://doi/10.1080/23279095.2018.1439830>
- (6.) **Borgogna, N.C.**, McDermott, R.C., Aita, S.L., & Kridel, M.M. (2019). Anxiety and Depression Across Gender and Sexual Minorities: Implications for Transgender, Gender

Nonconforming, Pansexual, Demisexual, Asexual, Queer and Questioning Individuals. *Psychology of Gender and Sexual Orientation Diversity*, 6, 54-63. <https://doi.org/10.1037/sgd0000306>

(5.) **Borgogna, N.C.**, Duncan, J., & McDermott, R.C. (2018). Is Scrupulosity Behind the Relationship Between Problematic Pornography Viewing and Depression, Anxiety, and Stress? *Sexual Addiction & Compulsivity*, 25, 293-318. <https://doi.org/10.1080/10720162.2019.1567410>

(4.) **Borgogna, N.C.**, Lathan, E.C., & Mitchell, A. (2018). Is Women's Problematic Pornography Viewing Related to Body Image or Relationship Satisfaction? *Sexual Addiction & Compulsivity*, 25, 345-366. <https://doi.org/10.1080/10720162.2018.1532360>

(3.) **Borgogna, N.C.** & McDermott, R.C. (2018). The Role of Gender, Experiential Avoidance, and Scrupulosity in Problematic Pornography Viewing: A Moderated-Mediation Model. *Sexual Addiction & Compulsivity*, 25, 319-344. <https://doi.org/10.1080/10720162.2018.1503123>

(2.) McDermott, R.C., Smith, P., **Borgogna, N.C.**, Booth, N., Granato, S., & Sevig, T. (2018). College Students' Conformity to Masculine Role Norms and Help-seeking Intentions for Suicidal Thoughts: Examining Contextual Variables. *Psychology of Men and Masculinity*, 19, 340-351. <https://doi.org/10.1037/men0000107>

(1.) **Borgogna, N.C.**, Lockhart, G., Grenard, J. L., Barrett, T., Shiffman, S., & Reynolds, K.D. (2015). Ecological Momentary Assessment of Urban Adolescents' Technology Use and Cravings for Unhealthy Snacks and Drinks: Differences by Ethnicity and Sex. *Journal of the Academy of Nutrition and Dietetics*, 115, 759-766. <https://doi.org/10.1016/j.jand.2014.10.015>

### **Peer-Reviewed Book Chapters**

(3.) **Borgogna, N.C.** & \*Johnson, D.A.L. (2025). No Magic Pill: A Systematic Review of the Pharmacological Treatments for Compulsive Sexual Behavior Disorder. In Levant, R.F. (Ed.) 50 *Studies Every Addiction Doctor Should Know*. Oxford University Press.

(2.) Levant, R.F., Parent, M.C., Ling, S., & **Borgogna, N.C.** (2022). Variance Composition, Reliability, Validity, and Measurement Invariance of the Toronto Alexithymia Scale-20 in Non-Clinical Samples. In Weleff, J. & Edens, E. (Eds.) *Assessing and Treating Emotionally Inexpressive Men*. Routledge.

(1.) **Borgogna, N.C.**, & Smith J.C. (2017). Why do you believe? In Smith, J.C. (Ed.) *Critical Thinking: Pseudoscience and the paranormal, second edition* (pp. 255-260). Hoboken, New Jersey: Wiley-Blackwell.

### **Published Abstracts**

(2.) Milam, A., Aita, S.L., Saeed, M., **Borgogna, N.C.**, Campbell, I., Ikonou, V., Walker, K.A., Kamath, V., Visscher, K., Murchison, C., Geldmacher D.S., Roberson, E., Hill, B.D., & Del Bene, V. (2024). The Association of Cerebrospinal Fluid Biomarkers of Alzheimer's Disease with Cognitive Intra-Individual Variability. *Archives of Clinical Neuropsychology*. <https://doi.org/10.1093/arclin/aca067.011>

(1.) Noskey, J., Aita, S.L., **Borgogna, N.C.**, Jimenez, T., Walker, K.A., Rhoads, T., Eloi, J.M., Resch, Z.J., & Del Bene, V. (2024). The Effect of Diagnostic Method on Racial Disparities in Mild Cognitive Impairment and Dementia Diagnosis Using the NACC Database. *Journal of the International Neuropsychology Society*. <https://doi.org/10.1017/S1355617723011177>

### **Professional Guidelines**

American Psychological Association, Boys and Men Guidelines Group. (2018). *APA guidelines for psychological practice with boys and men*.

### **Op-Eds**

Levant, R.F., McDermott, R.C., Johnson, N.L., & **Borgogna, N.C.** (2024). New Psychological Research Highlights Factors Fueling Gun Violence Epidemic. *The National Psychologist*. 7.

### **Administrative Reports**

(4.) **Borgogna, N.C.**, Schiro, I., & Pittsenbarger, L (2021). A Quantitative and Qualitative Examination of 2020-2021 Campus Connect Suicide Prevention Trainings. *College of William and Mary*.

(3.) McDermott, R.C. & **Borgogna, N.C.** (2019). College Student Mental Health Survey – II. *University of South Alabama*.

(2.) McDermott, R.C. & **Borgogna, N.C.** (2018). College Student Mental Health Survey. *University of South Alabama*.

(1.) McDermott, R.C. & **Borgogna, N.C.** (2017). Evaluation Report of the 2016 Bro Code: Hostile Masculinity Attitudes and Dating Violence Acceptance Attitudes. *University of South Alabama*.

## **Professional Presentations**

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### **Symposia and Panels**

(37.) **Borgogna, N.C.**, Vaughn, J., Owen, T., Kraus, S.W., Levant, R.F., & McDermott, R.C. (November, 2025). *Is Daily Pornography Use More/Less Always Out-of-Control? Results from a Two-week Daily Diary Study*. In Grubbs, J.'s (Chair) *Compulsive Sexual Behavior in Diverse Populations: Garnering Insights Through Mixed Methods Approaches*. Symposium presented at the Association of Behavioral and Cognitive Therapies 59<sup>th</sup> Annual Convention, New Orleans, LA.

(36.) Jennings, T.L., Gleason, N., Nieblas, F., & **Borgogna, N.C.** (November, 2025). *Chemsex and Compulsive Sexual Behavior Among Sexual Minority Men*. In Grubbs, J.'s (Chair) *Compulsive Sexual Behavior in Diverse Populations: Garnering Insights Through Mixed Methods Approaches*. Symposium presented at the Association of Behavioral and Cognitive Therapies 59<sup>th</sup> Annual Convention, New Orleans, LA.

(35.) **Borgogna, N.C. - Invited Speaker** (October, 2025). *Controversies and Consensus: Classifying Compulsive Sexual Behavior Disorder When Multiple Systems Exist*. Symposium presented at the Society for the Advancement of Sexual Health annual conference, virtual.

(34.) **Borgogna, N.C. - Invited Panelist** (October, 2025). *Bridging the World of Sexual and Relational Health*. Panel presented at the Society for the Advancement of Sexual Health annual conference, virtual.

(33.) **Borgogna, N.C.**, Spencer, S.D., \*Johnson, D.A.L., Brasil, K.M., McDermott, R.C., Kraus, S.W., & Buchanan, J.A. (July, 2025). *Incremental Structural Invariance of the Experiential Avoidance Rating Scale*. In Spencer, S.'s (Chair) *PBT: Innovative methods to improve psychometric precision in the measurement of psychological flexibility processes*. Symposium presented at the Association of Contextual Behavioral Science World Conference, New Orleans, LA.

(32.) **Borgogna, N.C.** (July, 2025). *No Shortage of Opinions: Growth Areas for Process-Based Therapy*. In Spencer, S.'s (Chair) *PBT: Is it as actually as easy as 1-2-3? Challenges and opportunities within clinical practice and research domains*. Symposium presented at the Association of Contextual Behavioral Science World Conference, New Orleans, LA.

(31.) **Borgogna, N.C.** (March, 2025). *Association of Sexual Violence on Compulsive Sexual Behavior and Problematic Pornography Use*. Society for the Advancement of Sexual Health Monthly Member Meet-Up, Virtual.

(30.) **Borgogna, N.C.** \*Owen, T. & Spencer, S. (November, 2024). *The First 1,000 RCTS Part 1: A Comprehensive Meta-Analysis of Acceptance and Commitment Therapy*. In Spencer, S.'s (Chair) *Innovations in the Systematic Evaluation of Clinical Research on Cognitive-Behavioral Therapy-Based Interventions*. Symposium presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(29.) Spencer, S., \*Owen, T., & **Borgogna, N.C.** (November, 2024). *The First 1,000 RCTS Part 2: A Meta-Analysis of Acceptance and Commitment Therapy Processes*. In Spencer, S.'s (Chair) *Innovations in the Systematic Evaluation of Clinical Research on Cognitive-Behavioral Therapy-Based Interventions*. Symposium presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(28) \*Owen, T., **Borgogna, N.C.**, Kondrath, S., Aita, S.L., & Usset, T. (November, 2024). *A The Status of Evidence-Based Treatments for Moral Injury Syndrome: Review and Meta-Analysis of Randomized Controlled Trials*. In Spencer, S.'s (Chair) *Innovations in the Systematic Evaluation of Clinical Research on Cognitive-Behavioral Therapy-Based Interventions*. Symposium presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(27.) **Borgogna, N.C. [Invited Guest Speaker]**, Aita, S.L., \*Owen, T., \*Vaughn, J., \*Johnson, D.A.L., & Hill, B.D. (August, 2024). *So How Special is Special K: A Meta-Analysis of Randomized Control Trials of Ketamine Intervention for PTSD*. Colloquium presented at the

VISN 1 CTN Mental Health Consortium Monthly Meeting [Virtual Format]. New England VA System.

(26.) **Borgogna, N.C.** & \*Owen, T. (April, 2024). *Pilot Genetic Work in Problematic Pornography Use*. In Grubbs, J.'s (Chair) *Behavioral "Addictions" and Substance Use: Considerations for Addiction Psychology*. Symposium presented at the Collaborative Perspectives on Addiction Conference, Denver, CO.

(25.) **Borgogna, N.C. - Invited Panelist** (April, 2024). *Sexuality and Intimacy: An Interprofessional Experience Beyond the Birds and the Bees* (J. Fahsholtz Chair). Panel presented at the Texas Tech University Health Science Center, Lubbock, TX.

(24.) **Borgogna, N.C.** (February, 2024). *There's Nothing Sexy and Sexual Problems: Disparities and Interventions*. Colloquium presented to the University of Alabama at Birmingham Department of Psychology, Birmingham, AL.

(23.) **Borgogna, N.C.** (January, 2024). *A Program of Research in Systematic Review and Meta-Analysis*. Colloquium presented to the East Tennessee State University Department of Psychology, Johnson City, TN.

(22.) **Borgogna, N.C.** (November, 2023). *What is Mental Illness?* Colloquium presented to the VA Maine Healthcare System and University of Maine, Orno, ME.

(21.) **Borgogna, N.C.** (November, 2023). *A Program of Research in Systematic Review and Meta-Analysis*. Colloquium presented to the VA Maine Healthcare System and University of Maine, Orno, ME.

(20.) **Borgogna, N.C. Chair** (August, 2023). *Obsessively Religious? Understanding, Measuring, and Treating Scrupulosity in the Modern Age*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C.

(19.) \*Johnson, D.A.L. & **Borgogna, N.C.** (August, 2023). *The Development and Validation of a Conceptually Sound Measure of Religious OCD – The Scrupulosity Obsession and Compulsion Scale*. In **Borgogna, N.C.'s** (Chair), *Obsessively Religious? Understanding, Measuring, and Treating Scrupulosity in the Modern Age*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C.

(18.) \*Brasil, K.M., Levant, R.F., McDermott, R.C., & **Borgogna, N.C.** (August, 2023). *Rurality, Masculinity, and COVID-19 Vaccine Beliefs*. In Mahalik, J.R. & McDermott, R.C.'s (co-Chairs), *Dying to be Masculine: Men's COVID-19 Vaccine Attitudes and Behaviors*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C. **\*Division Highlight\***

(17.) McDermott, R.C., \*Brasil, K.M., **Borgogna, N.C.**, Levant, R.F., \*Barinas, J.L., & \*Pryor, S. (August, 2023). *Prospective Predictors of Men's COVID-19 Vaccine Attitudes and Behaviors in the United States*. In Mahalik, J.R. & McDermott, R.C.'s (co-Chairs), *Dying to be Masculine:*

*Men's COVID-19 Vaccine Attitudes and Behaviors*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C. **\*Division Highlight\***.

(16.) **Borgogna, N.C. - Invited Panelist** (July, 2023). *Questionable research practices within contextual behavior science (CBS): Concerns and potential ways forward*. (S. Spencer Chair). Panel presented at the Association of Contextual Behavioral Science World Conference, Nicosia, Cyprus.

(15.) **Borgogna, N.C. & Spencer, S.** (July, 2023). *The Development and Validation of an Experiential Avoidance Scale That We Think Might Actually Measure Experiential Avoidance*. In Spencer, S.'s (Chair), *Measurement Matters: Addressing psychometric concerns with empirically based innovations in measurement of psychological flexibility-related constructs*. Symposium presented at the Association of Contextual Behavioral Science World Conference, Nicosia, Cyprus.

(14.) **Borgogna, N.C. - Invited Panelist** (October, 2022). *APA Men & Masculinities Science Showcase*. (Snyder, D. & Wong, Y.J. Co-Chairs). Webinar presented as part of the American Psychological Associations Science Showcase Series.

(13.) **Borgogna, N.C. - Invited Panelist** (June, 2022). *State of the ACT: Challenges and opportunities in evaluating ACT's status as an empirically supported treatment*. (S. Spencer Chair). Panel presented at the Association of Contextual Behavioral Science World Conference, San Francisco, CA.

(12.) **Borgogna, N.C. - Invited Discussant** (June, 2022). *Psychometric Hexa-dancing: Innovations in the validation of self-report measures spanning core ACT processes*. (S. Spencer Chair). Symposium presented at the Association of Contextual Behavioral Science World Conference, San Francisco, CA.

(11.) **Borgogna, N.C. & McDermott, R.C.** (June, 2022). *A Discussion of Measurement Problems as They Relate to the Brief Experiential Avoidance Questionnaire (BEAQ)*. In Spencer, S.'s (Chair), *Beyond a single time-point: Advances in longitudinal psychometric research of CBS-focused self-report measures*. Symposium presented at the Association of Contextual Behavior Science World Conference, San Francisco, CA.

(10.) **Borgogna, N.C. & McDermott, R.C.** (June, 2021). *A multicultural examination of the measurement and structural invariance of the AAQ-II: Implications for Asian American, Black, Latinx, Middle Eastern, and White Individuals*. In Spencer, S.'s (Chair), *Empirical innovations in psychometric development & validation of self-report measures of psychological flexibility*. Symposium presented at the Association of Contextual Behavioral Science Virtual World Conference.

(9.) **Borgogna, N.C., Issaco, A., & McDermott, R.C.** (August, 2020). *Only the Bad Parts of Religiosity Effect Heterosexual Men's Problematic Pornography Viewing*. In Issaco, A. & **Borgogna, N.C.**'s (Co-Chairs), *Advances in Our Understanding of Problematic Pornography*

*Use: The Role of Spirituality and Masculinity*. Symposium virtually presented at the 2020 American Psychological Association Annual Convention, Washington D.C.

(8.) Issaco, A. & **Borgogna, N.C.** (Co-Chairs), *Advances in Our Understanding of Problematic Pornography Use: The Role of Spirituality and Masculinity*. Symposium virtually presented at the 2020 American Psychological Association Annual Convention, Washington D.C.

(7.) Isacco, A., **Borgogna, N.C.**, & McDermott, R.C. (April, 2020 – Postponed due to Covid-19). Masculinity and Other Cultural Factors to Men's Problematic Pornography Consumption: Connecting Research with Practice. Round table to be presented at the 2020 Counseling Psychology Conference, New Orleans, LA.

(6.) Brasil, K.M., McDermott, R.C., **Borgogna N.C.**, & Barinas, J. (August, 2020). Development and Initial Validation of the Positive-Prosocial Masculinity Ideology Scale (PPMS). In McDermott, R.C., & Cole, B.P.'s (Co-Chairs), *Positive Psychology and Masculinities: Developing a Broader Framework*. Virtually presented at the 2020 American Psychological Association Annual Convention, Washington D.C.

(5.) **Borgogna, N.C.** & McDermott, R.C. (August, 2019). The Precarious Masculinity of Gun Violence: Results from a Multi-Condition Experiment. In Reigeluth, C.S.'s (Chair), *Can we stop the bleeding? Intersectionality, masculinity, and gun violence in the United States*. Symposium presented at the American Psychological Association Annual Convention, Chicago, IL.

(4.) **Borgogna, N.C.**, McDermott, R.C. Levant, R.F., & Hammer, J.H. (August, 2019). The Development and Evaluation of a Very Brief Male Role Norms Inventory. In Levant, R.F.'s (Chair), *Recent Advances in Scale Development in the Psychology of Men and Masculinities*. Symposium presented at the American Psychological Association Annual Convention, Chicago, IL.

(3.) McDermott, R.C., **Borgogna, N.C.** & Berry, A.T. (July, 2019). Unpacking the 2018 APA Practice Guidelines for Men and Boys. Symposium presented at the Alabama Psychological Association Annual Convention, Birmingham, AL.

(2.) Williams, S.G. & **Borgogna, N.C.** (March, 2019). A Correlational Study of Interpersonal Predictors of Perceived Stress in Adolescents. *Stress in Pediatric Populations*. Symposium presented at the 33<sup>rd</sup> annual conference of the Southern Nursing Research Society, Orlando, FL.

(1.) McDermott, R.C. & **Borgogna, N.C.** (August, 2018). Measurement Invariance Across Cultural Groups: A Practical Guide. In Brenner, R.E. & Hammer, J.H.'s (Co-Chairs), *Advocacy and Diversity in Measurement---Scale Development, Bifactor Analysis, and Invariance Testing*. Symposium presented at the American Psychological Association Annual Convention, San Francisco, CA.

### **Oral and Poster Presentations**

(67.) Schuler, K.R., Struempff, E.J., Barrows, S.M., Gornet, S.G., **Borgogna, N.C.**, Berry, D.B., Garcia Aragon, N., & Jones, A.J. (September, 2025). *A 25-Year Meta-Analysis of*

*Cybervictimization and Self-Injurious Thoughts and Behaviors Among Sexual and Gender Minority Youth*. Poster presented at the Summit on Digital Mental Health & LGBTQ+ Youth: Bridging Industry, Research & Clinical Care.

(66.) \*Whittington, D. D. & **Borgogna, N.C.** (November, 2025). *Measurement invariance of GAD-7 across four ethnic groups in a nationally representative sample of US adults*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.

(65.) \*\*Violin, N., \*Ward, T., Jones, A.C.T., **Borgogna, N.C.**, Batastini, A., & Warlick, C. (November, 2025). *Who's in? And what about who's out? A meta-analytic assessment of representation in VCT versus In-Person alliance and satisfaction research*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.

(64.) \*Spencer, T.J., Gardenhire, B., Mills, D.J., & **Borgogna, N.C.** (September, 2025). *Divine Dissonance: Sexual Attitudes Mediating the Relationship Between Religious Fundamentalism and Moral Incongruence in Pornography Use*. Poster presented at the 2025 Intervention Research in Systemic Family Therapy Conference, Columbus, OH.

(63.) \*Whittington, D. D., \*\*Smith, L. A., & **Borgogna, N.C.** (July, 2025). *Experiential avoidance, negative affect, and depressive symptoms: a moderation model*. Poster presented at the annual convention of the Association for Contextual Behavioral Science, New Orleans, LA.

(62.) \*Jafari, M., \*\*Smith, L.A., \*\*Swamy, S., Asgharian, S., & **Borgogna, N.C.** (July, 2025). *Default Mode Network (DMN) Signature of Depression: A Systematic Review of Resting-state fMRI studies*. Poster presented at the ACBS World Conference, New Orleans, LA.

(61.) \*Johnson, D.A.L., \*\*Smith, L.A., & **Borgogna, N.C.** (July, 2025). *Scrupulosity, Neuroticism, and Flourishing: Results and Clinical Implications*. Poster presented at the annual convention of the Association for Contextual Behavioral Science, New Orleans, LA.

(60.) \*\*Smith, L.A., \*Johnson, D.A.L. & **Borgogna, N.C.** (July, 2025). *Does Experiential Avoidance Weaken the Protective Effects of Religiosity/Spirituality on Depression?* Poster presented at the annual convention of the Association for Contextual Behavioral Science, New Orleans, LA.

(59.) Kiselica, A. M., Compson, S., Lin, S. H., Kaser, A., Mikula, C. Milam, A., Woods, S. P., Webber, T. A., Weitzner, D., Aita, S., **Borgogna, N.C.**, Walker, K. A., Kamath, V., Visscher, K., Murchison, C. F., Geldmacher, D. S., Roberson, E. D., Hill, B. D., Boone, A., Wolf, T., & Del Bene, V. (July, 2025). *Developing and validating normed scores for cognitive dispersion among older adults*. Featured Research Presentation to be delivered at the Alzheimer's Association International Conference, Toronto, Ontario, Canada.

(58.) Etuk, R., Kraus, S.W., Bóthe, B., Demetrovics, Z., Potenza, M.N., Grubbs, J.B., & **Borgogna, N.C.** (July, 2025). *Behavioral Addictions, Substance Use and Impulsivity as*

*Predictors of Disordered and Binge Eating*. Presented at the 10<sup>th</sup> International Conference on Behavioral Addictions, Nantes, France.

(57.) \*Moon, E.J. & **Borgogna, N.C.** (May, 2025). *Problematic pornography use, depression, and negative consequences: a downward spiral*. Presented at the annual convention of the Western Psychological Association, Las Vegas, N.V.

(56.) \*\*Roberts, B., \*Whittington, D. D., & **Borgogna, N.C.** (2025, April). *Psychological inflexibility mediates the relationship between neuroticism and anxiety*. Poster presented at the 2025 John W. P. Ost Undergraduate Research Conference, University of Alabama at Birmingham, Birmingham, AL, United States.

(55.) \*\*Smith, L.A., \*Johnson, D.A.L. & **Borgogna, N.C.** (2025, April). *How do the obsession and compulsion dimensions of scrupulosity differ across varying alcohol use levels in self-identified religious Christians?* Poster presented at the Service Learning and Undergraduate Research Expo, Birmingham, AL

(54.) \*\*Smith, L.A., \*Johnson, D.A.L. & **Borgogna, N.C.** (2025, April). *How do the obsession and compulsion dimensions of scrupulosity differ across varying alcohol use levels in self-identified religious Christians?* Poster presented at the Ost Undergraduate Research Conference, Birmingham, AL

(53.) \*\*Roberts, B., \*Whittington, D.D., & **Borgogna, N.C.** (March, 2025). *Psychological Inflexibility Mediates the Relationship Between Neuroticism and Anxiety*. Presented at the Southeastern Psychological Association Annual Meeting, Atlanta, GA.

(52.) Milam, A., Aita, S.L., Saeed, M., **Borgogna, N.C.**, Campbell, I., Ikononou, V., Walker, K.A., Kamath, V., Visscher, K., Murchison, C., Geldmacher D.S., Roberson, E., Hill, B.D., & Del Bene, V. (2024, November). *The Association of Cerebrospinal Fluid Biomarkers of Alzheimer's Disease with Cognitive Intra-Individual Variability*. Paper presented at the National Academy of Neuropsychology, Austin, TX.

(51.) Spencer, S., **Borgogna, N.C.**, Brasil, K., Johnson, D., Kraus, S.W., McDermott, R.C., & Buchanan, J.A. (November, 2024). *The Development and Validation of the Experiential Avoidance Rating Scale: A Self-Report Questionnaire that Might Actually Measure Experiential Avoidance*. Poster presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(50.) \*Nation, M.B., Kraus, S.W., Garcia, M., **Borgogna, N.C.**, & Christensen Pacella, K.A.. (November, 2024). *Sexual Functioning and Eating Disorders: Examining the Role of Gender and Internalizing Symptoms*. Poster presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(49.) \*Ikononou, V.C., Hernandez, K., Gomien, K., Aita, S.L., **Borgogna, N.C.**, Musso, M., Smith, P.N., & Hill, B.D. (September, 2024). *Big 5 Personality Profiles of Police Training*

*Academy Cadets*. Poster Presented at the Society for Police and Criminal Psychology Conference, Louisville, KY.

(48.) \*Nation, M.B., Kraus, S.W., Garcia, M., **Borgogna, N.C.**, & Christensen Pacella, K.A. (2024, April). *Sexual Functioning and Eating Disorders: Examining the Role of Gender and Internalizing Symptoms*. Poster presented at the UNLV Graduate and Professional Student Association Research Forum, Las Vegas, NV

(47.) \*\*Dolan, F. & **Borgogna, N.C.** (April, 2024). *Examining PTSD and MAAS Scores in a Sample of LGBTQIA+ and non-LGBTQIA+ Individuals*. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, Texas.

(46.) \*\*Frost, P., \*Owen, T., & **Borgogna, N.C.** (April, 2024) *A Meta-Analysis for Psilocybin in the Treatment of Depression*. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, Texas.

(45.) \*Spencer, T., Brown, C., Spencer, S., **Borgogna, N.C.** (April, 2024). *Exploring the varying portrait of problematic pornography use: A latent profile analysis*. Poster presented at the Collaborative Perspectives on Addiction Conference, Denver, CO.

(44.) \*Shegedin, M., **Borgogna, N.C.**, & Kraus, S.W. (October, 2023). *Influences of Sexual Violence on Compulsive Sexual Behavior and Problematic Pornography Use*. 2023 Annual Conference of the Society for the Scientific Study of Sexuality, New Orleans, LA.

(43.) Knapp, A. B. S., Austin, D. S., Aita, S. L., Caron, J. E., \*Owen, T., **Borgogna, N. C.**, Del Bene, V. A., Roth, R. M., Milberg, W. P., & Hill, B. D. (October, 2023). *Multidomain neurocognitive outcomes associated with COVID-19 infection: A meta-analysis*. Invited presentation. Second Annual University of Maine Research Symposium on Biomedical Science and Engineering, Orono, ME.

(42.) Aita, S.L., Del Bene, V.A., **Borgogna, N.C.**, & Hill, B.D. (October, 2023). Comparison of Different Metrics of Dispersion-based Intra-Individual Variability: Sensitivity and Association with Global Mental Status in Alzheimer's Disease. Presentation at the SENDCon, Atlanta, GA.

(41.) \*\*Haakinson, D. & **Borgogna, N.C.** (October, 2023). Examining Minority Stress in Transgender/Gender Non-Conforming Individuals: A Longitudinal Study. Oral Presentation at the Texas Tech University Transformative Undergraduate Experiences Symposium, Lubbock, TX.

(40.) \*\*Dang, T., \*Owen, T., & **Borgogna, N.C.** (October, 2023). The Impact of Acceptance and Commitment Therapy (ACT) to Depression and Psychological Inflexibility: A Meta-Analysis of Randomized Control Trials. Poster presented at the Texas Tech University Transformative Undergraduate Experiences Symposium, Lubbock, TX.

(39.) Hill, B.D., **Borgogna, N.C.**, Aita, S.L., & Musso, M. (September, 2023). Exploring and Understanding Base Rates in Pre-Employment Psychological Evaluations. Presentation at the

Society for Police and Criminal Psychology Conference, Arlington, TX. \*\*\**Winner of the Davis Award for Best Psychometrics-Related Research Talk* \*\*\*

(38.) \*Ikonomidou, V.C., Aita, S.L., **Borgogna, N.C.**, Musso, M., & Hill, B.D. (September, 2023). Officers Who Are Terminated for Cause or Asked to Resign Differ Minimally on the MMPI-2 From Good Hires. Poster presented at the Society for Police and Criminal Psychology Conference, Arlington, TX. \*\*\**Winner of the Michael Serafino Award for Best Student Poster*\*\*\*

(37.) \*\*Haakinson, D., \*Johnson, D., & **Borgogna, N.C.** (August, 2023). Longitudinal Study of Minority Stress in Gender Minority Individuals. Poster presented at the American Psychological Association Annual Convention, Washington, D.C.

(36.) \*\*Dolan, F., \*\*Haakinson, D., \*Owen, T., & **Borgogna, N.C.** (August, 2023). Using Ability Status to Predict Suicide Risk. Poster presented at the American Psychological Association Annual Convention, Washington, D.C.  
\*\*\**Winner of the Div. 12 (Clinical Psychology) Student Poster Award*\*\*\*

(35.) \*\*Haakinson, D., \*Mylls, C., & **Borgogna, N.C.** (August, 2023). Gender Minority Individuals and Group Therapy: Review. Poster presented at the American Psychological Association Annual Convention, Washington, D.C.

(34.) \*Johnson, D., \*\*Haakinson, D., & **Borgogna, N.C.** (August, 2023). Scrupulosity and Religious Prompting Confusion. Poster presented at the American Psychological Association Annual Convention, Washington D.C.

(33.) \*Chen, Y., Huang, K., Scoglio, A. J., **Borgogna, N. C.**, Potenza, M.N., Blycker, G.R., & Kraus, S.W. (May, 2023). A Network Comparison of Sexual Dysfunction, Psychological Factors, and Body Dissociation between Individuals with and without Sexual Trauma Histories. Poster presented at Association for Psychological Science Annual Convention, Washington, D.C.  
\*\*\**Winner of the APS Student Research Award*\*\*\*

(32.) \*\*Haakinson, D., \*Johnson, D., & **Borgogna, N.C.** (April, 2023). Longitudinal Study of Minority Stress in Gender Minority Individuals. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, TX.

(31.) \*\*Everingham, C. & **Borgogna N. C.**, (April, 2023). Stress Testing the Minority Stress Model: It's Not Just Neuroticism. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, TX.

(30.) \*\*Dolan, F., \*\*Haakinson, D., \*Owen, T. & **Borgogna, N.C.** (April, 2023). Using Ability Status to Predict Suicide Risk. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, TX.

(29.) \*Nosker, J., Aita, S. L., **Borgogna, N.C.**, Jimenez, T., Walker, K.A., Rhoads, T., Eloi, J.M., Resch, Z.J., & Del Bene, V.A. (February, 2023). The effect of diagnostic method on racial

disparities in mild cognitive impairment and dementia diagnosis using the NACC database. Poster to be presented at the 51<sup>st</sup> Annual North American Meeting of the International Neuropsychological Society, San Diego, CA.

(27.) \*Habashy, J., Benning, S.D., Renn, B.N., **Borgogna, N.C.**, Lawrence, E.M., & Kraus, S.W. (June, 2023). Psychometric Properties of the Eating Disorder Examination Questionnaire: Factor Analysis and Measurement Invariance by Race/Ethnicity and Gender. Poster presented to the International Conference on Eating Disorders, Washington, D.C.

(27.) \*Saxon, J., Marshall, P.H., Briones, L., \*Vaughn, J., \*Donet, J.R., & **Borgogna, N.C.**, Lawrence, E.M., & Kraus, S.W. (November, 2022). Towards a Thermodynamic Model of Spontaneously Perceiving and Responding to Visual Imbalance. Poster presented at the 63<sup>rd</sup> annual meeting of the Psychonomic Society, Boston, MA.

(26.) \*\*Haakinson, D., \*\*Everingham, C., & **Borgogna N.C.**, (June, 2022). Experiential Avoidance and Gender nonconforming Individuals. Poster presented at the Association of Contextual Behavioral Science World Conference, San Francisco, CA. \*\*\**Winner of ACBS Junior Investigator Poster Award*\*\*\*

(25.) \*Smith, T., **Borgogna N.C.**, Aita, S.L., & Hill, B.D. (August, 2021). A novel MMPI-2 marker for identifying risky law enforcement hires: F42K60. Conference of the Society for Police and Criminal Psychology, Arlington, TX.

(24.) **Borgogna, N.C.** & McDermott, R.C. (August, 2020). The Precarious Masculinity of Gun Violence. American Psychological Association Convention, Washington D.C.

(23.) **Borgogna, N.C.**, Brasil, K., & McDermott, R.C. (April, 2020 – Postponed due to Covid-19). Is Conformity to Masculine Role Norms Associated with Gun Violence? Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, LA.

(22.) **Borgogna, N.C.**, Whittington, D., & McDermott, R.C. (April, 2020 – Postponed due to Covid-19). A Multicultural Examination of Prescription Drug Use in College Students. Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, LA.

(21.) Isaak, S. L., Currier, J. M., & **Borgogna, N. C.**, (November 2019). Religious Commitment and Moral Injury: An Initial Test of Sanctification Theory among War-Zone Veterans Struggling with Faith or Spirituality. Poster presented at the 35th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

(20.) Stevens, L. T., McCormick, W. H., Isaak, S. L., **Borgogna, N. C.**, & Currier, J. M., (November 2019). Understanding the Role of Different Forms of Forgiveness in Moral Injury Outcomes in Deployed Veterans. Poster presented at the 35th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

(19.) Isaak, S. L., McCormick, W. H., Stevens, L. T., **Borgogna, N. C.**, & Currier, J. M., (November 2019). Post Traumatic Growth and PTSD Following Military Deployment:

Examining the Role of Perceived Social Support. Poster presented at the 35th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

(18.) Smith, T., **Borgogna, N.C.**, & McDermott, R.C. (August, 2019). Masculinity and Self-Esteem: How Conformity to Masculine Norms Predicts Three Dimensions of Self-Esteem. Poster presented at the American Psychological Association Convention, Chicago, IL.

(17.) Whatley, M., **Borgogna, N.C.**, Smith, T., & McDermott, R.C. (August, 2019). The Impact of Masculine Norms on Problematic Pornography Viewing and Relationship Satisfaction. Poster presented at the American Psychological Association Convention, Chicago, IL.

(16.) Berry, A.T., **Borgogna, N.C.**, & McDermott, R.C. (August, 2019). Emotional Control and Depression in Black Men and Women: The Moderating Role of Gender. Poster presented at the American Psychological Association Convention, Chicago, IL.

(15.) **Borgogna, N.C.**, McDermott, R.C., Aita, S., & Kridel, M. (August, 2018). Mental Health Disparities Across Sexual and Gender Minorities: Specific Data Per Identity. Poster presented at the American Psychological Association Convention, San Francisco, CA.

(14.) **Borgogna, N.C.**, McDermott, R.C., Aita, S., & Beach, J. (August, 2018). The Role of Traditional Masculinity Ideology in Problematic Pornography Viewing. Poster presented at the American Psychological Association Convention, San Francisco, CA.

(13.) **Borgogna, N.C.**, Baker, K., Meador, D., & McDermott, R.C. (March, 2018). The Role of Scrupulosity and Sexual Shame in Explaining the Relationship Between Mental Health Problems and Problematic Pornography Use. Poster presented at the South Eastern Psychological Association Convention, Charleston, SC.

(12.) Meador, D., **Borgogna, N.C.**, Baker, K., & McDermott, R.C. (March, 2018). Trends Among College Students Taking Psychoactive Medication Versus Seeking Counseling for Depression and Anxiety. Poster presented at the South Eastern Psychological Association Convention, Charleston, SC.

(11.) Baker, K., **Borgogna, N.C.**, Meador, D., & McDermott, R.C. (March, 2018). Understanding Common Perceptions about Autism. Poster presented at the South Eastern Psychological Association Convention, Charleston, SC.

(10.) Isaak, S. L., Sims, B. M., Carroll, T. D., Currier, J. M., McDermott, R.C., & **Borgogna, N.C.** (2018). The Reliability and Validity of the Expressions of Moral Injury Scale—Short Form. Poster presented at the 34<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Washington D.C.

(9.) Isaak, S. L., Currier, J. M., Foster, J. D., McKelvey, D. & **Borgogna, N. C.** (2018). God concepts, attachment, and depressive symptomatology in a community sample of military veterans. Poster presented at the Religion and Spirituality Preconference of Society for Personality and Social Psychology, Atlanta, GA.

- (8.) **Borgogna, N.C.** & McDermott, R.C. (August, 2017). Is Experiential Avoidance Behind Problematic Pornography Viewing in Scrupulously Religious Men? Poster presented at the American Psychological Association Convention, Washington D.C.
- (7.) **Borgogna, N.C.**, Baker, K., Meador, D., & McDermott, R.C. (March, 2017). How Gender and Sexual Orientation Influence Problematic Pornography Viewing. Poster presented at the University of South Alabama Spring Graduate Research Forum, Mobile, AL.
- (6.) **Borgogna, N.C.** & Smith, J.C. (June, 2016). The Factor Structure of Relaxation and Mindfulness: Two States or One? Poster presented at the Association for Contextual Behavioral Science Annual World Conference 14, Seattle, WA.
- (5.) **Borgogna, N.C.** & Smith, J.C. (May, 2016). Effects of Yoga and Meditation on Mindfulness States. Poster presented at the 2016 Annual Midwestern Psychological Association Conference, Chicago, IL.
- (4.) London, L., Ramthun, M., Hines, K., Clark, C., & **Borgogna, N.C.** (October, 2015). There's No "I" in Team: Assessing Attitudes of Medical and Psychological Health Care Providers about Collaboration and the Implementation of Integrated Healthcare Models. Poster presented at the 17<sup>th</sup> annual Collaborative Family Healthcare Association Conference, Portland, OR.
- (3.) **Borgogna, N.C.** & London, L. (September, 2015). Sex Differences Regarding Pornography in College Student Romantic Relationships. Poster presented at the 28<sup>th</sup> annual Cape Cod Symposium on Addictive Disorders, Hyannis, MA.
- (2.) **Borgogna, N.C.** & Lockhart, G. (April, 2013). Amount of Distracting Personal Electronic Use in Campus Lectures. Poster Presented at the Utah State University 9<sup>th</sup> Annual Undergraduate Research Symposium, Logan, UT.
- (1.) **Borgogna, N.C.** & Lockhart, G. (March, 2013). Naturalistic Observation of Personal Electronic Device Use in College Lectures. Poster Presented at the Psi Chi Undergraduate Research Competition, Logan, UT

## **Professional Service**

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### **Invited Grant Reviews**

- |      |                                                                                                                                                                 |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 | National Science Centre, Poland<br>SONATINA 8, HS6                                                                                                              |
| 2021 | APA and Centers for Disease Control and Prevention-Psychological Science<br>addressing COVID-19 pandemic priorities-Combatting mis- or disinformation<br>track. |
| 2021 | American Psychological Foundation<br>Rosalee G. and Raymond A. Weiss Award                                                                                      |

**Editor-in-Chief**

Sexual Health and Compulsivity (2025-Present)

**Editorial Board Membership**

Journal of Cognitive Psychotherapy  
Journal of Psychology and AI  
Journal of Sport Behavior  
Psychology of Men & Masculinities  
Sexual Health & Compulsivity  
Spirituality in Clinical Practice

**Invited Special Edition Editor**

*Moral Injury*, Special Section of Current Treatment Options in Psychiatry w/S.L. Aita Ph.D.

*Understanding Compulsive Sexual Behavior in Underrepresented Groups*, Special Edition of Sexual Health & Compulsivity w/E. Kowalewska Ph.D.

**Ad Hoc Journal Reviewer (Selected Journals)**

Addictive Behaviors  
American Journal of Sexuality Education  
Archives of Sexual Behavior  
BMC Psychiatry  
British Journal of Psychiatry  
Clinical Psychology Review  
The Clinical Neuropsychologist  
Computers in Human Behavior  
Current Treatment Options in Psychiatry  
Cyberpsychology, Behavior, and Social Networking  
European Archives of Psychiatry and Clinical Neuroscience  
Journal of Adolescence  
Journal of Behavioral Addictions  
Journal of Behavioral and Cognitive Therapy  
Journal of Cognitive Psychotherapy  
Journal of Counseling Psychology  
Journal of Child and Family Studies  
Journal of Contextual Behavior Science  
Journal of Experimental Psychology: General  
Journal of Homosexuality  
Journal of Mood & Anxiety Disorders  
Journal of Psychoeducational Assessment  
Journal of Psychopathology and Behavioral Assessment  
Journal of Studies on Alcohol and Drugs  
Journal of Sex Research  
Journal of Sex and Marital Therapy  
Journal of Traumatic Stress  
Medical Journal of Obstetrics & Gynecology

Personality & Individual Differences  
Professional Psychology: Research & Practice  
Psychology of Men and Masculinities  
Psychology of Sexual Orientation and Gender Diversity  
Psychology of Women Quarterly  
Psychopharmacology  
Psychotherapy  
Research on Child and Adolescent Psychopathology  
Sex Roles  
Sexual Health & Compulsivity (Formerly Sexual Addiction & Compulsivity)  
Stigma and Health  
Spirituality in Clinical Practice  
Violence Against Women

## Clinical Experience

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- 2023-Present   Licensed Clinical Psychologist  
Independent Practice/Expert Witness  
Alabama #2404  
Texas #39546 (exp. 04/2025)
- 2021-2023   Post-Doctoral Health Service Psychologist  
Independent Practice  
Supervisor: Sheila Garos Ph.D.
- 2020-2021   Pre-Doctoral Intern  
College of William and Mary Health and Wellness Center  
Supervisors: Alexandra Pappas Ph.D., Annalucia Bays Ph.D., & Kevin Clancey Psy.D.
- 2018-2020   Doctoral Practicum Clinician  
University of South Alabama Counseling & Testing Services  
Supervisors: John Friend Ph.D. & Ryon McDermott Ph.D.
- 2016-2019   Doctoral Practicum Clinician  
University of South Alabama Psychological Clinic  
Supervisors: Ryon McDermott Ph.D., Phil Smith Ph.D., David Chavers Ph.D., John Friend Ph.D., & Joseph Currier Ph.D.
- 2017   Doctoral Practicum Clinician  
Self-Forgiveness/Emotion-Focused Therapy Clinical Trial  
University of South Alabama/Mobile Alabama Salvation Army  
Supervisor: Joseph Currier Ph.D.
- 2016-2017   Doctoral Practicum Clinical/Consultant  
Learning Tree Inc.,  
Supervisor: Kimberly Zlomke Ph.D., BCBA-D

- 2014-2016 Registered Behavior Technician (ABA Therapist)  
Family First Behavior Consultants  
Supervisor: Trista Boden M.ED., BCBA
- 2013-2021 REACH Peer Therapist  
Utah State University Counseling and Psychological Services  
Supervisors: Mark Nafziger Ph.D. & Kendra Homan (now Ph.D.)

## Teaching

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- 2025-Present PY 765; Personality Assessment (Graduate)  
University of Alabama at Birmingham  
Instructor of Record  
Summer course
- 2025-Present PY 701; Professional Issues/Ethics in Psychology (Graduate)  
University of Alabama at Birmingham  
Instructor of Record  
Summer course
- 2025-Present PY 770; Survey of Psychotherapeutic Methods (Graduate)  
University of Alabama at Birmingham  
Instructor of Record  
Spring course
- 2024-Present PY 218; Psychopathology (Undergraduate)  
University of Alabama at Birmingham  
Instructor of Record  
Fall course
- 2023-2024 PSY 5306; Seminar in Professional Ethics (Graduate)  
Texas Tech University  
Instructor of Record  
Summer Course
- 2022-2024 PSY 5447; Advanced Correlational Methods & Factor Analysis (Graduate)  
Texas Tech University  
Instructor of Record  
Spring Course
- 2021-2024 PSY 5316; Introduction to Counseling Psychology (Graduate)  
Texas Tech University  
Instructor of Record  
Fall Course
- 2021-2024 PSY 5001; Internship Preparation in Health Service Psychology (Graduate)

Texas Tech University  
Instructor of Record  
Fall Course

2022 PSY 5002; Advanced Practicum in Counseling and Clinical Psychology  
(Graduate)  
Texas Tech University  
Summer Course

2022-2024 PSY 2307; Psychology of Gender (Undergraduate)  
Texas Tech University  
Faculty Course Supervisor

2020 IED 621; Quantitative Methods – II (Graduate)  
University of South Alabama  
Graduate Teaching Assistant  
Spring 2020

2012-2013 PSY 3210; Abnormal Psychology (Undergraduate)  
Utah State University  
Teaching Assistant

## Thesis and Dissertation Service

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### Dissertation Committee Member

- 2025 Paez, E. *Mental Health Support Following Abortion: Partners in the Focus*. Dissertation Defended. Texas Tech University.
- 2025 Owen, T. *Enduring Because of Who You Are: The Impact of Identity on Persistence*. Dissertation Defended. Texas Tech University.
- 2025 Gray, K. *Do Masculine Norms Always Hurt Help-Seeking? The Roles of Self-Stigma and Personal Growth Initiative*. Dissertation Defended. Texas Tech University.
- 2025 Trussell, M. *Conformity to Masculine Norms and College Men's Rape Myth Acceptance: The Role of Alcohol-Related Sex Expectancies*. Dissertation Defended. Texas Tech University.
- 2024 Morris, C.S. *Assessing Post-Traumatic Stress Symptoms with the Minnesota Multiphasic Personality Assessment Inventory – 3 amongst Sexual and Gender Minority Adults*. Dissertation Defended. Texas Tech University.
- 2024 Sanchez, M.R. *Negando la Raza: The Mediating Role of Self-Esteem and Internalized Colorism on Discrimination and the Mental Health of AfroLatines*. Dissertation Defended. Texas Tech University.

- 2024 Rekieta, K. *"The College Experience": A Qualitative Analysis of Deciding to Engage in a One-Time Sexual Encounter*. Dissertation Defended. Texas Tech University.
- 2024 Valentine, B. *The Roles of Psychological Hardiness and Moral Injury in the Relationships Between War-zone Stressors and Internalizing Distress among Post-9/11 Military Service Members*. Dissertation Defended. Texas Tech University.
- 2024 Evans, A. *Negotiating Digital Sexual Consent When Sending a Nude Image*. Dissertation Defended. Texas Tech University.
- 2024 DeYoung, C.M. *Relationship Between a Concept's Precision, Number of Features, Dimensions of Animacy, and Recall*. Dissertation Defended. Texas Tech University.

**Thesis Chair**

- 2024 Johnson, D.A.L. *The Scrupulosity Obsessions and Compulsions Scale: A Measurement of Scrupulosity Within and OCD Framework*. Thesis Defended. Texas Tech University.

**Thesis Committee Member**

- 2025 Shegedin, M. *Protective Factors Against Burnout for Sex Workers*. Thesis Defended. Texas Tech University.
- 2024 Gonzalez, S. *Help-Seeking in Mexican American College Students: The Roles of Personal Growth Initiative, Valuing Mental Health, and Self-Stigma*. Thesis Defended. Texas Tech University.
- 2024 Halbreich, E.D. *Pet Ownership and Family Involvement in Sports and Other Activities*. Thesis Defended. Texas Tech University.
- 2024 Baldwin, B. *Faith's Associations with Multiculturalism and Social Justice within Applied Graduate Programs in the United States*. Thesis Defended. Texas Tech University.
- 2023 Clinton, M.S. *Latine Language Brokering Experiences and Mental Health*. Thesis Defended. Texas Tech University.
- 2023 Kopchick, E.C. *The Life Impact of Abortion on Male Partners*. Thesis Defended. Texas Tech University.
- 2022 Meyer, C. *"Here for a Good Time, Not a Long Time": Associations Between Loneliness, Emotion Dysregulation, and Hookup Behaviors During the COVID-19 Pandemic*. Thesis Defended. Texas Tech University.

2022 Trussell, M. *The Effect of School-Based Sex Education and Pornography Consumption on Rape Myth Acceptance*. Thesis Defended. Texas Tech University.

### Theses Equivalence Reviewer

2022 Mylls, C.E. *Gender Role Discrepancy, Guilt, and Mental Health Outcomes: Self Compassion as a Potential Buffer for Mexican-Descent College Students*. PSY 7000 accepted.

2021 Keen, M. *Understanding Compulsivity: Exploring & Defining A Construct*. Thesis equivalence accepted.

### Undergraduate Thesis Chair

2025 Roberts, B. *Mediation Model of the Male Role Norms Inventory (MRNI) Psychological Flexibility/Inflexibility, and Anxiety*. University of Alabama at Birmingham.

### PhD Students Mentored

2025-Present Mahdiah Jafari (Medical-Clinical Psychology; UAB)  
 2024-Present Drew Whittington (Medical-Clinical Psychology; UAB)  
 2022-Present David Johnson (Medical-Clinical Psychology; UAB)  
 2022-Present Jacob Vaughn (Cognition and Cognitive Neuroscience; Texas Tech)  
 Graduated 2025 Tyler Owen (Social Psychology; Texas Tech)

### McNair Scholars Mentored

Graduated 2025 Dannie Haakinson (Texas Tech)

### General Service

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2025-Present Board Member and Resource Committee Chair for the Society for the Advancement of Sexual Health  
 2024 Society for the Advancement of Sexual Health Tiger Team Member  
 2023-2024 Texas Tech University Counseling Psychology PhD Admissions Coordinator  
 2023-2024 Texas Tech University Department of Psychological Science Experimental Psychology Faculty Search Committee Member (Three positions: Social, Cognition and Cognitive Neuroscience, and Human Factors)  
 2022-2024 McNair's Scholars Program Mentor  
 2022-2024 Texas Tech University Psychology Assistance Leadership & Support Group Supervisor  
 2021-Current Texas Tech University APA Internship Prep Advisor  
 2021-2024 Texas Tech University Psychological Methods and Analysis Certificate Committee Member  
 2021-2024 Texas Tech University Counseling Psychology PhD Qualifying Exam Reviewer

|           |                                                                                                                                                                                                         |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2022-2023 | Texas Tech University Department of Psychological Science<br>Experimental Psychology Faculty Search Committee Member (Three positions: Social, Cognition and Cognitive Neuroscience, and Human Factors) |
| 2020-2021 | College of William and Mary Health Service Psychology Internship Selection Committee                                                                                                                    |
| 2018-2020 | University of South Alabama Safe Zone Committee Representative                                                                                                                                          |
| 2018-2020 | APA Div. 51 Website Administrator                                                                                                                                                                       |
| 2018-2020 | University of South Alabama Clinical/Counseling Psychology Program Student/Faculty Interview Day Chair                                                                                                  |
| 2018-2019 | University of South Alabama College of Nursing Chief Research and Statistical Consultant                                                                                                                |
| 2017-2018 | University of South Alabama Clinical/Counseling Psychology Program Interview Day Co-Chair                                                                                                               |
| 2011      | Volunteer Assistant Palm Terrace Psychiatric Unit - Mattoon, IL                                                                                                                                         |
| 2010      | Volunteer Assistant Jackson Senior Center - Jackson, MO                                                                                                                                                 |
| 2009-2011 | Volunteer Assistant Charleston Rehabilitation Center - Charleston, IL                                                                                                                                   |
| 2009-2011 | Volunteer Assistant Charleston Illinois Food Pantry - Charleston, IL                                                                                                                                    |

## Outreach

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|-----------|-----------------------------------------------------------------------------------|
| 2022      | Texas Tech University Internship Prep (Counseling Psychology GoCOPS meeting)      |
| 2021      | College of William and Mary Coping with Finals Outreach (Facilitator)             |
| 2020-2021 | Campus Connect Suicide Prevention (Co-Facilitator-Nine Trainings)                 |
| 2020      | Passive Self-Care Outreach GIF's                                                  |
| 2020      | Coping Skills for Covid-19: Resilient While Socially Distant (Video Presentation) |
| 2019      | University of South Alabama Health and Wellness Fair                              |
| 2019-2020 | <i>Don't Cancel That Class!</i> Mental Health and Self-Care Lecture Series        |
| 2019      | University of South Alabama Domestic Violence 101 (Co-Facilitator)                |
| 2019      | University of South Alabama Safe Zone Training (Co-Facilitator)                   |
| 2018      | University of South Alabama Health and Wellness Fair                              |
| 2017      | University of South Alabama Health and Wellness Fair                              |
| 2017      | University of South Alabama Healthy Minds Campus Outreach                         |
| 2016      | University of South Alabama Health and Wellness Fair                              |
| 2014      | Utah State University Alcohol Awareness Campus Event (Co-Chair)                   |
| 2013      | Utah State University Anxiety Awareness Campus Event (Chair)                      |

## Society Affiliations

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Association for Behavioral and Cognitive Therapies  
 Association for Contextual Behavior Science  
 American Psychological Association  
 Division 51 Society for the Psychological Study of Men and Masculinity  
 Society for the Advancement of Sexual Health  
 Psi Chi International Honors Society