

You may be eligible if you:

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During the Study you will:

1. Complete a two-week home-based light intervention (30 min daily)
2. Wear wearable device to track your sleep, physical activity, and light exposure along with answering daily questions promoted on your device
3. Attend an initial visit for a free eye exam, clinical interviews and surveys
4. Participate in two lab visits, which include brain scans, pupil measures and questionnaires

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Location: Civitan Research Building Suite 329

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